

Published by the Township of Springfield in cooperation with the Springfield Chamber of Commerce, an affiliate of the Gateway Regional Chamber of Commerce.

**NEXT
CHAMBER
MEETING**
Thurs., May 28th
8:30am - 9:30am
**Emergency
Management Office**
Top Floor of the Fire House
200 Mountain Avenue

*Don't forget
to check the
Patriot's website*
In addition to
being able to review
all of our back issues,
we post information
we receive after the
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events which occur
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FIRST AID SQUAD INVITES YOU TO A SPECIAL CELEBRATION

For the past 60 years, anytime you needed them to visit your home, you just dialed their phone number " 9 1 1 " and they came right over (day or night, rain or shine). Now it is their turn to invite you for a visit. The Springfield Volunteer First Aid Squad is throwing a 60th Anniversary Party and they want ALL Springfield residents and their friends and families to come celebrate this important milestone with them. The celebration is on June 7, 2009 from 10 am - 4 pm (with a rain date of June 14th). The party will be on North Trivett Avenue (right in front of the First Aid Squad building and Town Hall) with parking available at Jonathan Dayton High School.

This is one party you do not want to miss because it will be more than a party - it will be a Community Celebration and Festival. There will be food and drinks, children's games and prizes, a car seat safety check area for families with younger children, blood pressure screenings, Baby Sitter tips for sitters and parents, CPR class sign up sheets, discussion groups with topics such as: "What to do and expect when you dial 911" and "What to do in a car accident." There will be tours of the ambulances. In addition the Springfield Schools are providing music by the School Concert Band and the School Choir and the entries in the Springfield Schools Art Contest will be judged.

The Springfield Volunteer First Aid Squad has served the residents and those passing through our township, twenty-four hours a day, seven days a week since it opened its doors in 1949, providing emergency medical services (EMS) to the residents and businesses of Springfield, those who work and play in our town and those who are "just passing

through." The SVFAS is composed of volunteers of all ages and from all walks of life, and provides aid to those in need at no cost.

So mark your calendars for June 7th. This is a great opportunity for you, your family, friends and neighbors to have fun and celebrate with the Volunteers and the organization that has been there for you, in your time of need, for the past 60 years.

HS ART CONTEST TO HONOR SQUAD'S MILESTONE

In honor of the Springfield Volunteer First Aid Squad's 60th Anniversary, the Squad is holding art contests throughout all of the schools in the district. The finals will be held on June 7th at the Squad's Anniversary Celebration (see article in this issue of the Patriot) Due to a scheduling conflict the Jonathan Dayton High School art contest was held earlier this month. Jennifer Fontanez-Wexler was the High School finalist.

Jen is a member of the Jonathan Dayton Chapter of the National Art Honor Society. Currently enrolled in the Portfolio Honors art class at the high school, Jen will finish her AP portfolio next year for submission to the College Board. When asked about her project, Jen responded, "I thought this was an important project to support through my art. I used charcoal and colored pencil to create a large drawing that will be given to the First Aid Squad in June."

FAMILY DISCOUNT FURNITURE GRAND OPENING



(above l-r) Baker, Yousef & Dalal look on as their father, Hasan Hamad, accepts a plaque welcoming his business to Springfield from Chamber of Commerce Co-Chair Scott Seidell, Mayor Bart Fraenkel & Co-Chair Patrick Paoella.



(above, l-r) The Hamad family own several furniture stores in the tri-state area. Each one is run by a brother. Hasan Hamad's Wife Marisel; brothers Gassan & Yousef; Sons Baker & Yousef and daughter Dalal.

Springfield PATRIOT

Springfield Patriot is published by the Township of Springfield in cooperation with the Springfield Chamber of Commerce, an affiliate of the Gateway Regional Chamber of Commerce.

Over seven thousand newspapers are printed monthly and distributed free to every postal patron in Springfield.

Although great care has been taken to ensure the information contained within is accurate, Springfield Chamber of Commerce assumes no liability for errors or omissions.



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973-912-2300

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SPRINGFIELD, NJ

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IMPORTANT PHONE NUMBERS

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Administrator973-912-2201
Assessor973-912-2208
Board of Education973-376-1025
Building Inspector.....973-912-2220
Emergency Management973-467-3388
Fire Chief973-912-2266
Health Official908-789-4070
Municipal Court973-912-2213
Police Department.....973-376-0400
Public Works973-912-2225
Recreation973-912-2227
Recycling973-912-2222
Senior Citizen Coordinator973-912-2227
Tax Collector.....973-912-2204
Township Clerk973-912-2202
Vital Statistics973-912-2200

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Message from the Mayor



There are many great things about Springfield to make our residents proud; our historical background is just one of them. I believe that community involvement is an important factor in distinguishing one town from another. I am happy to report that our town has many people who are willing to volunteer and participate in making Springfield a wonderful place to live.

A few weeks ago a resident, who asked to remain anonymous, donated a large American flag to the township for use in front of our municipal building. Our flag was tattered and in the process of being repaired and during the interim the only flag we had available was a smaller one. On behalf of the township, I would like to say thank you and that we truly appreciate this gift.

Our First Aid Squad, which is celebrating their 60th year, is comprised almost entirely of volunteers. We have a small, and hopefully growing, volunteer fire department, and of course our Auxiliary Police, who are all volunteers. These people, by volunteering their time and energy, are committed to making Springfield a better and safer community.

Of course, we can't forget the many adults who volunteer their time as coaches for our various recreation programs. Without them we could not offer the number and variety of programs available to our children.

There are many opportunities for residents to get involved. If you would like to volunteer, please call town hall (973-912-2200) and we will direct you. You can make a difference.

Mayor Bart Fraenkel

TOWNSHIP MEETING DATES & SCHEDULES

TOWNSHIP COMMITTEE MEETINGS

Meetings will be held the 2nd and 4th Tues. of the month unless otherwise noted in the Municipal Building.

Work Shop Sessions 7:30 pm.

followed by Regular meeting 8:00 pm.

Executive Meetings will be held the 2nd and 4th Mon. of the month unless otherwise noted in the Emergency Management Office top floor of the Fire House at 7:00 pm.

PLANNING BOARD

1st Wednesday, 8 p.m., Municipal Building

BOARD OF ADJUSTMENT

3rd Tuesday, 8 p.m., Municipal Building

DEVELOPMENT REVIEW COMMITTEE

3rd Wednesday, 7 p.m., Municipal Building

RECREATION COMMITTEE

3rd Tuesday, 7 p.m., Chisholm Center

ENVIRONMENTAL COMMISSION

3rd Monday, 8 p.m., Annex building

BOARD OF HEALTH

2nd Wednesday, 6:30 p.m.,
Municipal Building

LIBRARY BOARD OF TRUSTEES

3rd Thursday, 7:30 p.m., Library

RENT LEVELING BOARD

Last Thursday of Month, 8 p.m.,
Municipal Building

SPRINGFIELD BOARD OF EDUCATION

The Springfield Board of Education meets at 7:00 pm for Executive Sessions and 7:30 pm for Public Sessions in the Instructional Media Center located on the 1st floor of Jonathan Dayton High School.

May 17 & June 7

CURBSIDE RECYCLE DATES:

May 14 & 28

COMMUNITY EVENTS:

Women's Day of Prayer

National Day of Prayer for peace is scheduled on May 7, 2009 throughout the United States. In recognition of this important day, an interfaith Women's Day of Prayer is being held on that same date at 1:00 p.m. at the Presbyterian Church, Church Mall, in Springfield. All women are invited to participate in this national day of prayer for peace. It is hoped that women from each and every church and temple in Springfield will be able to be present. Rev. Victoria Ney, Pastor, will be the speaker for this event and registration for the event is not required. A free will donation will be collected and donated to Springfield Hope that day. Springfield Hope is a nonprofit organization that seeks to help those in need living in Springfield, that day.

The Springfield Garden Club

The Springfield Garden Club invites all interested gardeners to our meeting on Wednesday, May 13th at 7:30 p.m. The educational topic is "Planting a Fragrant Garden". Sample plants will be on display and your questions will be answered. We meet at the Presbyterian Parish House at 37 Church Mall. Get answers to other gardening questions and meet friendly people. "We want to Help You Grow" Please call 973 379 4879.

Come One, Come All! SPRINGFIELD'S ANNUAL MEMORIAL DAY PARADE Monday May 25th

Town Hall Ceremony starts at 10 AM Sharp.
After ceremony, Parade will march from Town Hall to Veteran's Park where the Veteran's will conduct their ceremony.

Any organization interested in participating should call Town Hall at 973-912-2201.

ADVERTISING & PRESS RELEASES

Inquiries concerning advertising and submissions of press releases can be made to the Springfield Chamber of Commerce via email or fax to:

SCOTT SEIDEL

Email: info@springfieldpatriot.com

Phone: 973-912-2300

Fax: 973-376-0425

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With coupon. May not be combined with other offers. Expires 5-31-09.

TEAMWORK IS HEART OF COUNTY VETERANS BUSINESS ASSOCIATION

Teamwork was a staple of life in the military for former Marine Corps Major Richard Vaill, and now he is bringing that mindset to New Jersey where he hosted the inaugural meeting of the Veteran’s Business Association (VBA) in conjunction with the Gateway Regional Chamber of Commerce.

“I wanted to help build a support system for veterans,” said Vaill, business development officer at The Provident Bank. “This association allows veterans the opportunity to get together and help each other out.”

The VBA was created by Vaill to help make all veterans working throughout New Jersey feel comfortable and connected.

Vaill graduated from the U.S. Naval Academy, Annapolis, MD in 1988 a 2nd Lieutenant in the Marine Corps. He served on active duty from 1988-1993 and was a Logistics Officer with the 2nd Marine Division in Desert Storm.

Following his service, he spent more than 10 years working in the financial industry while remaining a reservist. He then returned to active duty in 2003-2004 as a “hometown link” for the Marine for Life program. His duty was to help recently discharged Marines get settled into civilian life.

“These young Marines have a lot of skill, but they would need assistance with their transition once they left the service,” said Vaill. “I would use my resources to get them going.”

Vaill would reach out to businesses, arrange introductions and continually network. He found that the law enforcement community was extremely receptive to the placement program, and would hire many of the Marines he

introduced. In this position, Vaill helped over 300 Marines make the transition.

The VBA is a natural extension of the duty he performed as a “hometown link.” Vaill, who served in Spain, France, Italy, Saudi Arabia, Kuwait and Liberia while in the military, would like to see the VBA meet at least once a month.

“The mission is twofold, to help veterans network and grow their business, and also help veterans transition out of the armed forces,” said Vaill, who had about 40 people turn out for the VBA’s inaugural event.

The VBA’s next meeting is set for Thursday, May 28 from 6 p.m. to 8 p.m. at the Crowne Plaza Hotel in Clark.

For further information, please call Richard Vaill at (973) 644-5403.



(above, l-r) At the inaugural meeting of the Veteran’s Business Association, in conjunction with the Gateway Regional Chamber of Commerce, are Marine Corps Lt. Col. Chris Norris, former Marine Capt. Tom Koenig, event organizer and former Marine Corps Major Richard Vaill, and former Army Capt. John Howlett.

GATEWAY CHAMBER EVENTS

- 5/4 GATEWAY REGIONAL 35TH ANNUAL GOLF OUTING
10am Suburban Golf & Country Club, Union
- 5/7 NETWORKING PROFESSIONALS OF NEW JERSEY MEETING
7:30am Perkins of Green Brook, Green Brook
- 5/7 WORKFORCE EDUCATION COMMITTEE MEETING
8:45am Gateway Chamber Conference Room, Elizabeth
- 5/8 LOCAL & COUNTY AFFAIRS COMMITTEE MEETING
8:30am Plainfield City Hall, Plainfield
- 5/13 KENILWORTH CHAMBER MEETING
8:30am Atlantic Federal Credit Union, Kenilworth
- 5/14 4/MINI GOLF OUTING
12pm to be determined
- 5/14 NJ REAL ESTATE SOCIAL NETWORK MEETING
6pm Westwood, Garwood
- 5/15 SUSHI FIT!
2pm AVE by Korman Communities, Union
- 5/16 COMMUNITY HEALTH FAIR
All day 950 West Chestnut Street, Union
- 5/19 IRISH BUSINESS ASSOCIATION FIRST ANNUAL DINNER
6pm Crowne Plaza Hotel, Clark
- 5/20 EMPLOYER LEGISLATIVE COMMITTEE MEETING
8am Lana’s Fine Dining, Clark
- 5/21 GATEWAY ASSOCIATION OF BUSINESS WOMEN MEETING
11:45am La Casa di Martino, Roselle Park
- 5/22 SOMERSET HILLS BUSINESS NETWORK MEETING
8am Fiddler’s Elbow Golf & Country Club, Bedminster
- 5/26 LINDEN CHAMBER MEETING
8:30am location to be determined
- 5/27 CLARK CHAMBER MEETING
8:30am Crowne Plaza Hotel, Clark
- 5/28 SPRINGFIELD CHAMBER MEETING
8:30am Office of Emergency Management, Springfield
- 5/28 VETERANS BUSINESS ASSOC.
6pm Crowne Plaza Hotel, Clark

FROM THE CHAMBER CHAIRS

This message is being sent by your co-chairs while on a fact finding and good will tour of the town of Vukovar in Croatia. Our town clock will be delivered soon and will rival some of the clocks we have seen so far on the tour. Next month we will initiate our program to sell sponsorships on the commemorative plaques to be placed on all four sides of the base of clock. We have been reviewing potential layouts for the Springfield Chamber of Commerce Pocket Park and hope to have plans to show you soon. Plans for the 4th of July Celebration are underway and we hope to welcome two nationally recognized bands on the 4th

Scott Seidel, Patrick Paoletta
Co-Chairs Springfield Chamber of Commerce


SPRINGFIELD CHAMBER HOSTS SENIOR BREAKFAST AT HIGH SCHOOL



(above) Johnathan Dayton High School Senior Breakfast volunteers




(above) Ron Mitnitsky. was a lucky winner of a door prize.



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GRAND OPENING

PINE CHIROPRACTIC ASSOCIATES:
A Creating Wellness Center

WHAT'S YOUR WELLNESS QUOTIENT (WQ)?

Come and learn about the incredible space age technology that helps determine how you are functioning in the three dimensions of life.

824 Mountain Avenue, Springfield
Date: Saturday, May 16, 2009
Time: 11:00 am – 4:00 pm

Please bring your family and friends to this healthful event.
Refreshments will be served.

BE FIT. EAT RIGHT. THINK WELL.

For more information please call
(973) 376-7600 or E-mail pinespines@verizon.net



SENIOR SET SEEKS NEW MEETING LOCATION

The Senior Set of Congregation Israel has consistently served the needs of older individuals who seek an opportunity to socialize beyond their own homes. The group is composed of men and women who have varied interests.

This group satisfies the needs of many senior citizens who, without this weekly opportunity to meet and socialize, might otherwise feel isolated.

For many years the Senior Set has met for a Play Day, which includes board games, cards, mah jongg, and other pursuits. The group has progressed to celebrate Jewish holidays and listen to speakers who deal with current topics.

Attending Play Day along the Set's accompanying celebrations has become a weekly occasion that many senior residents anxiously anticipate.

The Senior Set is prepared to pay a fee for weekly use of a facility. The location should have adequate parking and have as few stairs as possible.

Individuals who can offer suggestions as to a potential venue are urged to call Bernice Winarsky at 973.376.1329.



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Springfield Recreation and Senior Citizen Events

For information call Michele Zambrana (973) 912-2226
or email springfieldrecreation@yahoo.com.

Springfield Pool Camp:

Registration is now open for the Springfield Pool Camp. This program is offered to children age 4 by December 1, 2009 to age 13 and/or entering grade eight. The camp runs in four or eight week increments with part time or full time options. For information on fees, please call Michele Zambrana at 973.912.2226 or email michelezambrana@yahoo.com. Registration is open until June 12.

Springfield Pool Memberships:

The Township of Springfield Community Pool offers the best in recreation for the entire family. Enjoy daytime or evening swims, games, crafts, special events, float nights, sports, lap swim, and much more daily fun and activities. There is a concession stand open during pool hours for lunch, snacks, dinner, ice cream, and more!! Registration forms will be mailed to all residents. If you do not receive a form or for more information please call the Recreation Department at 973. 912.2226.

2009 POOL MEMBERSHIP RATES:

	Resident Rate / Non-Resident
FAMILY	\$325.00 / \$425.00
FAMILY [+CAREGIVER]	\$380.00 / \$515.00
JOINT MEMBERSHIP	\$260.00 / \$360.00
INDIVIDUAL	\$200.00 / \$285.00
SENIOR INDIVIDUAL	\$ 90.00 / \$125.00
SENIOR MARRIED	\$165.00 / \$240.00
STUDENT 5 TRIP-PASS	\$ 25.00 / NA

Chisholm Playground Camp:

This is a supervised outdoor playground camp that operates at the Chisholm Community Center in the playground area and gym. The camp runs for eight weeks in two week increments. Camp is available for boys and girls entering kindergarten through grade eight. Activities include games, crafts, field trips, athletics, special events, trips to the pool, parties, sports, and more! This program runs Monday through Friday 8:30am- 12:30pm. Registration fee is \$60 for residents per session and \$70 for non residents per session. This program is limited to the first 100 children registered per session. Register at the Sarah Bailey Civic Center, 30 Church Mall, Springfield. For information call or email 973. 912. 2226 or michelezambrana@yahoo.com. Session breakdowns are as follows:

Session 1: June 22- July 3, Session 2: July 6- July 17, Session 3: July 20- July 31, Session 4: August 3- August 14.

Spring Lacrosse Clinic

Spring Lacrosse Clinic is open to boys and girls in grades 1st and 2nd. They will be introduced to the basic skills of the game, throwing, catching, cradling, and scooping ground balls. Each clinic will include skill instruction and game activities. This is a five week clinic held on Thursdays beginning May 7th from 5pm-6pm. There is an \$85 registration fee payable to the Springfield Lacrosse Club. Register at the Sarah Bailey Civic Center, 30 Church Mall, Springfield. For more information call (973) 912- 2226 or email springfieldlax@hotmail.com.

Kids Night Out

Parents enjoy a few hours off while your children enjoy a few hours of fun! Kids night outs are held at the Chisholm Community Center. Kids will play sports and games, watch movies, make crafts, and more! Children age 3 (toilet trained) to grade 5 are welcome to attend. Cost per child, per day is \$8.00. Please join us on May 9 and June 13 from 5pm- 8pm. You may register at the Sarah Bailey Civic Center, 30 Church Mall. For Information call (973) 912- 2226 or email michelezambrana@yahoo.com.

Wiffleball


The Springfield Recreation Department presents WIFFLEBALL for children 3- 5 years old. Wiffleball is held on 5 Monday afternoons at 4pm at Alvin Park. Wiffleball will take place on May 11, 18, June 1, 8, and 15. Registration is limited to the first 24 children and includes a team t-shirt. For Information or to register call or visit Springfield Recreation, 30 Church Mall, Springfield, (973) 912- 2226.

Springfield Seniors Trip to Brownstone House

The Springfield Seniors will host a trip to the Bownstone House on Thursday, June 11. The trip includes coach transportation, one hour open bar, lunch, and show "My Long Lost Brother Elvis", and music entertainment. The trip will leave Sarah Bailey at 10am and return at 4pm. The cost is \$58 per person. For more information call (973) 912- 2226.

The Springfield Seniors will host a trip to Atlantic City on Tuesday, June 2. The cost is \$25 per person. The bus will leave Sarah Bailey at 8:45am and return approximately 6:30pm. Trip includes transportation, 6 hour casino stay, and casino bonus. Casino to be announced. Call (973) 912- 2226 for information.

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SPRINGFIELD PRESBYTERIAN CHURCH TO HOST DINNER & SPEAKER

“Navigating the Delicate Relationship Between Adult Children and Parents—especially when adult children come back home. We invite you to participate in a seminar for parents of adult children. Psychologist, author Diane Schaupp will be our guest speaker on Sunday, May 17th at 6 p.m. (at the Parish House of the Historic First Presbyterian Church of Springfield, 37 Church Mall, Springfield, NJ). We will share a light supper at 6 p.m. followed by Dr. Schaupp’s program at 6:30 p.m. College is over for this year and adult children are often home again for the summer. Or perhaps, your child has graduated and

financially cannot move out to his or her own place. Parents of adult children need to figure out new ways to express what they think and what they want—without pushing adult children away. In essence parents need to create a new emotional guidance system! Dr. Schaupp will help parents travel through the often tricky and complicated communication of our reservations, worries and concerns about why young adults are not growing up. Join us for an enlightening and helpful time with Dr. Schaupp. Please call the church office (973) 379-4320 for more information or to let us know that you are attending.



(above) Psychologist, author Diane Schaupp will be guest speaker at the Parish House of the Historic First Presbyterian Church.

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- ▲ Atlantic Neuroscience Institute
- ▲ Atlantic Rehabilitation Institute
- ▲ Carol G. Simon Cancer Center
- ▲ Gagnon Cardiovascular Institute
- ▲ Goryeb Children’s Hospital

PROBLEM WITH ADULT CHILDREN?

Dr. Diane Schaupp
presents a seminar for parents.
“WHY YOUNG ADULTS ARE NOT GROWING UP”.
A discussion about family dynamics when adult children come back home.
Sunday, May 17, 2009 - 6-8pm
Complementary dinner & discussion.
All are welcome.

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July 6 - July 10
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Jonathan Dayton High School
Springfield, NJ
Camp Director: Dave Campbell
Dayton Girls Assistant Coach
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OVERLOOK HOSPITAL, YOUR NEIGHBOR IN HEALTH CARE

When Overlook Hospital opened its doors in 1906, the original, three-story building at the highest point in Summit was intended as an institution that the community could turn to for quality medical care.

That hasn't changed, and as the communities and population we serve has grown, we are proud to say that Overlook has also grown to meet their changing needs. More than a century later, the original building long since expanded several times over. Overlook is now a nationally recognized regional medical center, home to many of the nation's top doctors and award-winning nurses, and a part of Atlantic Health.

Overlook provides world-class clinical care and unsurpassed patient safety in a healing family-centered environment close to home. Overlook offers an array of outpatient and inpatient services, including the Wound Healing Program, a multidisciplinary Pain Management Center and a level 4 Epilepsy Center.

Atlantic Neuroscience Institute is home to the first Comprehensive Stroke Center in the state designated by the New Jersey Department of Health and Senior Services. Overlook is the stroke referral center for 18 New Jersey hospitals offering patients groundbreaking technologies such as the MERCI Retrieval System™, Penumbra devices and InnerCool therapy. The Brain Tumor Center of New Jersey is renowned for its patient-centered, multidisciplinary approach, including unique treatments like the CyberKnife radiosurgical procedure and clinical trials for new brain tumor-targeted vaccines. Atlantic Neuroscience Institute's Concussion Center offers advanced

treatment for brain injuries, and works closely with local athletic groups to prevent and treat head injuries among our young athletes.

At the Carol G. Simon Cancer Center at Overlook, we offer expert treatment for all types of cancer with the most advanced medical technology. Our mission is to provide comprehensive, compassionate and individualized service. Overlook ranks second in the U.S. in the number of CyberKnife treatments provided to prostate cancer patients, and was the first facility in the New York City region to offer the CyberKnife for the treatment of tumors and lesions in the brain, spine, lung, liver, pancreas and prostate. Our Pulmonary Center brings state-of-the-art care to lung cancer patients, while our thyroid cancer program provides the broadest treatment available in the region. The Carol G. Simon Cancer Center also recently received a Three-Year Approval with Commendation by the American College of Surgeons' Commission on Cancer.

The Chest Pain Center, part of Gagnon Cardiovascular Institute, is accredited by the National Society of Chest Pain Centers. Overlook is also home to a Center of Excellence in Bariatric Surgery designated by the American Society of Metabolic and Bariatric Surgery.

Goryeb Children's Center at Overlook Hospital is designed to ensure that our patients' earliest years are happy and healthy ones. Goryeb has more than 100 pediatric specialists dedicated to patients in a child-centered facility, which includes a 15-bed Neonatal

Intensive Care Unit within the Frank and Mimi Walsh Maternity Center. Overlook was the first hospital on the east coast to offer Calm Birth, a complementary meditative program for expectant mothers. Atlantic Maternal-Fetal Medicine physicians provide care for women with high-risk pregnancies.

The staff and employees at Overlook are proud to be recognized by national and local organizations. Our parent organization Atlantic Health is honored to be named among the 2009 Fortune 100 Best Companies to Work For® and is the only hospital system in the NJ and NYC metro area to earn this prestigious, national recognition. Atlantic Health doctors, including many from Overlook, dominate New Jersey Monthly's Top Doctors issue with 140 physicians comprising approximately 20 percent of the list. More than 230 Atlantic Health doctors were listed in Castle Connolly's latest edition of Top Doctors in the New York Metro Area. And for the third consecutive year, AARP named Atlantic Health one of the country's Best Employers for Workers Over 50. Atlantic Health is the only hospital system in the tri-state area to receive this national award. Overlook's Get with the Guidelines – Stroke Gold Performance Achievement Award from the American Heart Association and American Stroke Association was highlighted in the July 21, 2008 Best Hospitals edition of US News & World Report.

Overlook is more than just a place to come to when you are ill. We are your resource to help keep you and your family in the best health. Our website, www.atlantichealth.org will show you all that we have to offer.

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 Expires 7/31/09 SP0509A

GET TO KNOW THE SPRINGFIELD FIRST AID SQUAD

With the National Emergency Medical Services Week coming up May 17th through May 23rd perhaps we as town residents should take a look at the Springfield First Aid Squad.

The Springfield First Aid Squad is provided by an independent group of volunteers. They are not part of the town's Police force or Fire department. These volunteers spend countless hours each week manning the first aid squad building and responding to all emergencies. The services are provided to our town 24 hours a day, 7 days a week, 365 days a year. Through out its 60 years of volunteer service to our town, there has never been a single bill generated for any services.

In 2008 there were a total of 1,642 emergency calls and responses. That is around thirty-two emergency calls to 911 a week. This included calls made by our town residents, 915 home calls, 333 business and doctor's offices, 232 auto accidents, and the balance to schools, sporting events, and fires. Some of the more rewarding calls that the squad responded to this year included 14 calls for C.P.R.; 10 of which were lives saved, and another exciting call was a birth that occurred in the ambulance in route to the hospital.

There are over fifty volunteers that give of themselves riding the ambulance on a regular basis. These volunteers have put countless hours into providing our town with free emergency response to your calls. They all spend many hours each year taking continuing education in first aid and other varied medical courses. Many of them have completed and passed the New Jersey State E.M.T.-B course. During this National EMS week and especially during the rest of the weeks of the year, please keep these volunteers in your thoughts and prayers. Thank You to all of our volunteers on The Springfield First Aid Squad.

For additional information please contact the Springfield First Aid Squad 973-376-2040 or membership@springfieldfas.org

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Police Chief's Column Chief William Chisholm NOTE OUR CHANGES DURING CONSTRUCTION

Due to on-going construction in the police department located in the municipal building, it is necessary to relocate portions of the police operations. The renovation of the police dispatch area is scheduled to begin, so the police dispatch area is temporarily being moved to the fire house located at 200 Mountain Ave.

This movement has reduced our ability to handle walk in complaints to police headquarters. In order for us to deal with walk in complaints, citizens will have to contact the dispatch area for officer assistance by calling the main police headquarters phone number which remains as 973-376-0400. An officer will be dispatched to handle the complaint. Citizens, who come to the municipal building between the hours of 8:00 a.m. and 4:00 p.m. Monday through Friday, may contact the police by going to the township clerk's office and asking for assistance or by utilizing the white colored phone attached to the wall outside of police headquarters.

Between the hours of 4:00 p.m. and 8:00 a.m. and all day Saturday and Sunday and

legal holidays, the municipal building is closed, so citizens who wish to contact the police will be required to call the main police department number noted above. If you are at the entrance to police headquarters please use the white colored phone attached to the wall outside of the door. All phone lines to the police department will remain the same and as always, emergencies will be dealt with by calling 911.

Police records and administration will remain the municipal building during the construction and may be accessed during regular business hours (8:00 a.m. to 4:00 p.m. M-F). The investigative division is currently remaining in their offices and may be reached by calling the main phone number 973-376-0400.

This inconvenience will not disrupt our normal response to citizen's complaints and calls, since the majority of our responses are originated through calls that our made to the police dispatch.


This construction will provide the police department with a more up-to-date dispatch area to facilitate our work.

VOLUNTEERS NEEDED FOR FIRST AID SQUAD

Members are the most important ingredient in the mix needed to provide quality care to our patients, your neighbors.

Our greatest need is people. No prior experience is needed as the Squad will provide you with the training you need, both in-house and by paying the costs associated with outside training programs. The only requirements are that you be age 16 or older, be in good physical health and be interested in helping others. The First Aid Squad will provide all the training you need, uniforms, and liability and life insurance.


A membership application is available online springfieldfas.org/volunteer.html. Or, if you are not ready to commit just yet, please drop us an e-mail at membership@springfieldfas.org or call 973-376-2040 and leave a message. We'll get in touch with you to answer any questions and, if you are interested, we can arrange for you to ride-along with one of our crews to see if this is a commitment that is for you.



Springfield H.O.P.E. – or Helping Other People Endure – was created to enable residents, businesses and visitors to town to help individuals and families cope with extraordinary circumstances or simply just get by throughout the year, not only during the holiday season.


Anyone wanting to make a donation to Springfield H.O.P.E. may do so by contacting Tom Ernst at 973-467-3388 or mailing a check to Springfield H.O.P.E., C/O Springfield OEM, 200 Mountain Ave., Springfield NJ 07081.

Anyone seeking help or assistance from Springfield H.O.P.E may contact Tom Ernst at the above number. You will be contacted promptly. All requests for donations and assistance will be kept strictly confidential.




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Fire Chief's Column
Chief James Sanford

WHAT TO DO IF YOUR CAR CATCHES FIRE

When driving, you should never smell smoke and/or the acrid smell of burning wires. Smoke does not necessarily mean that the car is on fire, but it should always be treated seriously. Drive directly to the shoulder of the road and turn off the ignition.

According to the American Automobile Association and the National Fire Protection Association, there are nearly 300,000 car fires annually in the United States, resulting in more than 500 deaths. The leading cause of these fires was poor vehicle maintenance.

Here is some advice to prevent a fire and avoid problems with your car. Include a check of the fuel system during your regular maintenance. Electrical and fuel system problems are the primary causes of car fires. An early indication of a problem is an electrical fuse that blows more than once. The source of the tripped fuse could be either a faulty component or a wiring problem. Next, check for oil leaks and always use a funnel when adding oil. Oil spilled on a hot exhaust manifold can cause a fire.

Another source of fires is the catalytic converter. This is the cylindrical unit located in the exhaust system found before the muffler. Catalytic converters can become so hot they can ignite dried grass or leaves directly under the parked vehicle. Never park on dried grass or leaves.

Your first action, if you suspected that your car is on fire, should be to pull over immediately and turn off the engine. As you drive, the forward motion of the vehicle will force air into the engine compartment which feeds oxygen to the fire. It is best to stop in an area away from buildings and people, if you have that option. Burning plastics and other materials can produce toxic gases; therefore it is best not to expose yourself or bystanders.

Modern cars usually have an electric fuel pump; and by turning off the ignition, you will have stopped the flow of fuel to the fire. Next, get yourself and passengers out of the car and close the doors behind you. Closed doors and windows may limit the spread of fire by reducing the amount of oxygen available.

While explosions from car fires are rare (the most common is the bursting of a burning tire), you should stand clear of the area – especially avoiding the front and rear of the vehicle. Vehicles with slow impact bumpers are equipped with gas shock absorbers that, under intense heat, can explode and turn into lethal projectiles.

That's a lot to remember, so in summary, if smoke is billowing out of your car, pull over, turn off the ignition, get everyone out of the vehicle and call for help.



(above) Springfield Firefighters extinguish a minivan fire at a Route 22 car dealership. An electrical problem is the suspected cause of the fire."

OPPORTUNITY PROJECT



Members of Opportunity Project, Millburn accept a check for \$1,410.00 from the Springfield accounting and consulting firm Fazio, Mannuzza, Roche, Tankel, LaPilusa, LLC who is a BlueJean Star Sponsor for the 12th Annual BlueJean Day for Brain Injury Awareness Fundraiser.

BlueJean Day is more than just being able to wear denim to the office. People, who purchased a "Brain Injury Awareness" wristband for \$5 in support of Opportunity Project, wore denim to work on the day specified by their company. In offices where specific dress codes are required, wearing the "A Brain Injury Awareness" wristband showed their support. Opportunity Project reaches many people in Northern New Jersey whose lives have been changed irrevocably from brain injury.

Opportunity Project is a Millburn, N.J. based supportive network of adults with brain injuries who participate in vocational, educational, and social activities. Opportunity Project provides resources and advocacy to assist persons with brain injury in achieving their goals of leading fulfilling lives. For more information about Opportunity Project and how you can help, visit their website at www.opportunityproject.org



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Visit our website: www.SummitAreaYMCA.org

The YMCA has an open door policy. No one is turned away because of an inability to pay. Application forms are available in all branches or online. Funds for the Y-Cares Financial Assistance Program come from donations raised during our Strong Kids Campaign.



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THE WARMING TREND AT THE SPRINGFIELD YMCA

The warm weather is finally here and the YMCA has figured out a way to help everyone enjoy it!
 Tie those sneakers and walk to your workout. Get the heart pumping on the way to the YMCA and do strength training once you arrive. Feel guilty for spending those beautiful mornings inside? The Springfield YMCA walking class can fix that problem - join fellow YMCA members on a walk around town. The time and dates of the walks are soon to be announced.
 On May 28th, the YMCA will celebrate National Senior Health and Fitness Day with classes created just for them, health screenings and nutrition information.
 Sometimes parents just need a night out on their own – to stroll, to eat, to catch a movie. Let the Springfield YMCA be the babysitter. On May 15th from 6 to 9pm, Tim Keegan, YMCA Program Director, will host the evening filled with activities for children ages 5 to 10. The member rate is \$7 and non-members pay \$14.
 The warming trend can only mean one thing for kids...summer’s coming! What better way to enjoy the summer than being with your friends at camp? Kids can enjoy a traditional YMCA camp environment at Camp Anupama or Tiny Trekkers. Campers will participate in crafts, sports and swim with fun and responsible counselors. Camp Director, Robert Sneddon, has worked with the staff to create specialty camps for those looking for a different camp experience. They have come up with some great ones. The list includes Biking Camp, Cooking

up a Storm, Adventure Camp, Wet and Wild Camp, Girls Only Camp, Science Mania, and Cheerleading. Don’t let the economy stop you from signing up and giving your child the YMCA camp experience. The YMCAs promise to you: if a camper’s parent loses his or her job, all unused camp fees will be refunded.
 Mark your calendar: June 5th is Dinner and a Movie Night at the Springfield YMCA.

Remember the YMCA has an open door policy. No one is turned away because of an inability to pay. Applications to receive assistance can be found at www.SummitAreaYMCA.org or at the YMCA. Let them know how they can help you.
 For information on any Springfield YMCA programs, please contact 973-467-0838 or visit the branch at 100 S. Springfield Avenue.


Springfield Free Public Library - 973-376-4930

66 Mountain Avenue, Springfield

Check Library website for regular MGG schedule: www.sfpnlj.org

MAY EVENTS FOR ADULTS

Individual Assistance Searching the Internet, Online Databases and Library Catalog By Appointment. Please call reference. Every Monday Night 7:00 p.m. Monday, May 4th 7:00 p.m. Tuesday, May 5th 12:00 noon starring Daniel Day Lewis and Paul Dano Monday, May 6th 7:00 p.m. Thursday, May 7th 7:00 p.m. The Heminges of Monticello: An American Family by Annette Gordon-Reed Monday, May 11th 10:00 a.m. Tuesday, May 12th 12:00 noon Sophia Agranovich playing classical music		Scrabble Night Current Events Book Discussion Group Lunchtime Video Oscar winning film Knit Wits Knitting Group Really Good Book Discussion Group Knit Wits Knitting Group Piano Recital		Thursday, May 14th 10:15 a.m. Thursday, May 14th 7:00 p.m. Saturday, May 16th Tuesday, May 19th 12:00 noon starring Cate Blanchett, Geoffrey Rush & Clive Owen Thursday, May 21st 10:15 a.m. Democracy in American By Alexis de Tocqueville Thursday, May 21st 12:00 noon & 7:00 p.m. Thursday, May 21st 7:30 p.m. Tuesday, May 26th Thursday, May 28th 10:15 a.m.	Memoir Writing Group Go Green: Save Money, Grow Your Own Vegetables Springfield Garden Club (Pre-registration required, limited to 20) Evaluating Mutual Funds II Steven Percoco Lunchtime Video Oscar winning film Great Books Discussion Group International Film Festival The Golden Door (Italian) Board of Trustees Meeting The Secrets of Dolphins Lecture by Tom Brown Memoir Writing Group
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Born in Ukraine, Ms Agranovich studied with Anna Stolarevich and Alexander Edelman, peers of Vladimir Horowitz. At ten she won the All-Ukrainian Young Artists Competition. At fifteen, Ms Agranovich immigrated to the USA and entered the Julliard School. She earned her Bachelor and Master Degrees while holding a Teaching Fellowship at Julliard, and later joined the faculty of the Town House International Music School in New York City. Ms Agranovich is a top prize winner of the Bergen Philharmonic Guild Competition and has performed abroad as well as here in the United States. In the words of renowned composer David Diamond, she is “a musician of splendid gifts...as a pianist of remarkable technical accomplishments, she is also one of the more sensitive artists who brings to her performances a percipency and sensibility all too rare among her contemporaries.”

Funding for this program has been made possible by the Friends of the Springfield Free Public Library.

WACKY DRESS CODE SHOWS SPIRIT



Gaudineer Middle School had a mismatch day on April 1 sponsored by Student Council for spirit points for homerooms. Spirit points add to the winning points for Field Day at the end of the year. This year, students and teachers got into the spirit by dressing foolishly. Whether it was wearing a shirt and tie backwards, like Mr. Hildebrand, wearing different patterns top and bottom, like Ms. Shack, creating cute, strange outfits like Lea and Ally or just mismatching shoes, students and teachers alike spent the day smiling at one another.

CENTENARIAN SHARES LIFE WITH STUDENTS



On March 24, Discovery students at the Gaudineer Middle School were treated to a visit from Mrs. Dagny Hansen, who celebrated her 100th birthday recently. Mrs. Hansen was here to give first-hand information on what life was like during the Great Depression. The Discovery students have been participating in the Stock Market Game since February, and learning about economic principles, which will be on display at an Economics Exposition at the school on April 21. Mrs. Hansen, who is the mother of a friend of the Discovery teacher, Bonny Collins, astonished the students with her good health and clear presentation. The students astonished Mrs. Hansen with their polite attention and specific questions. We both have a lot to learn from one another!



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- Springfield Chamber of Commerce
- Central Jersey Chamber of Commerce
- Union County Chamber of Commerce
- Roselle Park Chamber of Commerce
- Route 22 Chamber of Commerce
- Somerset Hills Business Network (SHBN)
- Networking Professionals of New Jersey (NPNJ)
- Gateway Association of Business Women (GABW)
- Gateway After Hours
- Irish Business Association (IBA)



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