

THE Patriot Times™



SPRINGFIELD'S ONLY HOMETOWN PAPER

Township of
Springfield, New Jersey
County of Union

Published by the Township of Springfield in cooperation with the Springfield Patriot Chamber of Commerce

www.springfieldpatriot.com

NOVEMBER 2015 • Issue #56

www.springfield-nj.us

NEXT CHAMBER MEETING

WEDNESDAY
NOVEMBER 25, 2015

8:30 am - 9:30 am
Emergency
Management Office
Top Floor of the Fire House
In the Joseph Pepe III
Memorial Training Room
200 Mountain Ave.

Members and non-
members are invited
to Chamber meetings.
Free coffee and donuts
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REPUBLICANS CLAIM BOTH SEATS IN ELECTION IN TOWN



The two republican candidates, Diane Stampoulos and Maria Vassallo, were elected to the Township committee, defeating Deputy Mayor Margaret Bandrowski and Erica DuBois. The vote count was Vassallo-1300, Stampoulos-1282, DuBois-1280, Bandrowski-1277. As you can see from the totals, this was a close election - YOUR VOTE COUNTS!

Diane Stampoulos & Maria Vassallo are both long-time Springfield residents and moms with extensive professional and government experience. Diane lives on Salter Street with her two children, Nicholas and Olivia. She is a graduate of Seton Hall University with a degree in

continued on page 8

OFFICER DOHERTY PROMOTED TO SERGEANT



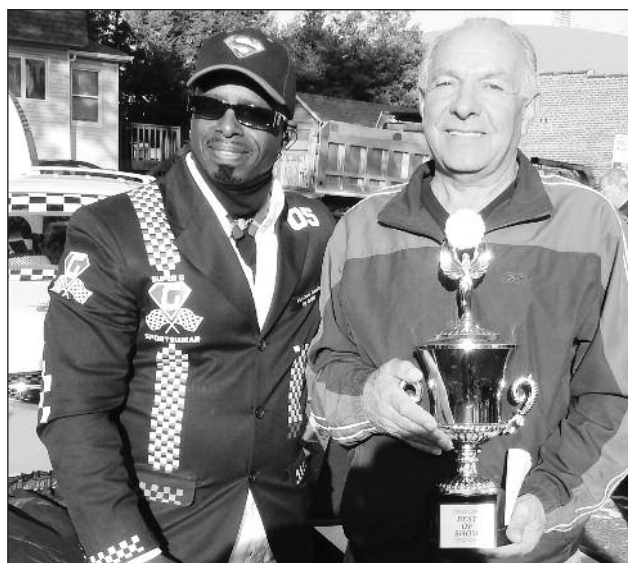
(l to r) Chief of Police John Cook, Mayor David Barnett, Sergeant Keith Doherty, his son Landon, wife Dawn, and Daughter Mekenzie.

Sergeant Doherty was hired by the Springfield Police Department in May of 2004 and was assigned to patrol. In April of 2011, he was assigned to the Department's Detective Bureau as an investigator where he conducted general investigations, was the juvenile officer, and also assisted as an evidence/property officer.

In May of 2011, Doherty was assigned to the Union County Emergency Response Team.

Sergeant Doherty also served as one of the Department's Field Training Officers, a position where he was responsible for the training of new hires.

BEST IN SHOW FOR CHAMBER FESTIVAL & CAR SHOW



(l to r) George Withers, G-Wiz Entertainment and George Vega, owner of the Best in Show, a 1933 Lincoln

(More Car show photos on Page 6)

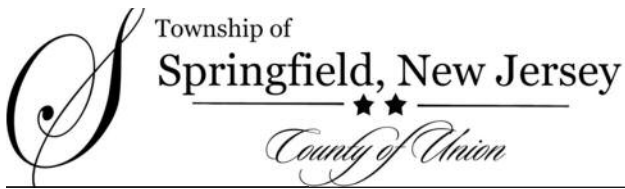
SPRINGFIELD RECEIVES \$30,000 COUNTY GRANT FOR CHISHOLM PARK UPGRADES AND \$4,000 COUNTY GRANT FOR TREES



On Thursday, October 15, Mayor David Barnett, Deputy Mayor Margaret Bandrowski, and Committeemen Jerry Fernandez and Ziad Andrew Shehady were presented with a \$30,000 grant from the Union County Kids Recreation Trust Fund and a \$4,000 grant from Greening Union County. Springfield's

continued on page 8

• • **Springfield 2015 Holiday Celebration See Page 11** • •



The Patriot Times is published by the Township of Springfield in cooperation with the Springfield Patriot Chamber of Commerce.

Over seven thousand newspapers are printed monthly and distributed free to every postal patron in Springfield.

Although great care has been taken to ensure the information contained within is accurate, Springfield Patriot Chamber of Commerce assumes no liability for errors or omissions.

SPRINGFIELD PATRIOT Chamber of Commerce

Springfield Patriot Chamber of Commerce
1 Cornell Parkway, Springfield, NJ 07081
973-912-2300

Chairman: Scott Seidel

Networking Vice President: Elliot Merkin

Recording Secretary: Tracy Geyer

SPRINGFIELD, NJ

MAYOR: David Barnett

DEPUTY MAYOR: Margaret Bandrowski

COMMITTEE MEMBERS:

Ziad Shehady

Jerry Fernandez

Richard Huber

IMPORTANT PHONE NUMBERS

All Emergencies

(Police, Fire, Ambulance).....9-1-1

Police (Nonemergency)973-376-0400

Fire (Non-emergency).....973-912-2265

Board of Education.....973-376-1025

Construction Office973-912-2220

Court.....973-912-2213

Emergency Management

Department973-376-1058

Engineering Department973-912-2219

Finance Department973-912-2279

Fire Prevention Office973- 376-1740

Health Department973-593-3079

Library973-376-4930

Office of the Mayor973-912-2285

Public Works Department973-912-8483/2225

Recreation Department973-912-2227

Recycling information973-912-2222

Tax Assessor973-912-2207

Tax Collector973-912-2204/05

Township Administrator.973-912-2202

Township Clerk.....973-912-2201

Vital Statistics/Registrar973-912-2285

Zoning Office973-232-4449

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ADVERTISING & PRESS RELEASES

Inquires concerning advertising and submissions of press releases can be made to The Springfield Patriot Chamber of Commerce via email or fax to:

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Message from the Mayor

Hello Springfield Friends and Neighbors,

This year has flown by for me. I can't believe how far we've come along in such a relatively short time. As I look back at some of the accomplishments of the year, I can't help but think about the future of Springfield. To that end, I'm more encouraged about the revitalization of our downtown than ever. Although many don't believe anything will happen until they see a building torn down, so much work and planning has happened behind the scenes that within the next several years we will see real change. This is all due to the great working relationship created in the past three years between the township, the BID, and several major property owners.

Thinking even further, last month I hosted a Town Hall meeting on redevelopment. Here I announced that I intend on forming a Mayor's Advisory Committee on the Arts. I feel this is an important step for Springfield to bring more sources of art and culture into our town. Specifically, I want this group to work on ways to convert the now unused Sarah Bailey Civic Center into an Arts Center. A vibrant Arts Center will also act as a powerful draw to downtown. Additionally, I'm exploring a plan to move our DPW out of downtown and possibly sell the building for retail use. This would bring revenue into the town and would free up significant real estate in the heart of downtown that will attract commercial stores. If you are interested in volunteering for the Arts Council, please email me at my address below.

I'm looking forward to the renovation of the Mountain Avenue sidewalks. A plan has been drafted and is out to bid. This Spring we will see work starting on major improvements to the streetscape in two commercial areas of Mountain Avenue. New lighting, pavers, benches, and trash receptacles will greatly improve the look of the town and also help the businesses located in those areas.

On behalf of the Springfield Township Committee, I wish you a Happy Thanksgiving. Also, I urge you to attend town hall meetings and bring your input to help us make the best decisions for our community. The Township Committee meets in regular session at 7:30 pm on the second and fourth Tuesday of every month in the Municipal Building. The Committee's regular Tuesday meetings are televised (you can find the link at the municipal website: <http://springfield-nj.us/>).

Have ideas? I'm always interested in hearing from you. Email me at david.barnett@springfield-nj.us so I can share your ideas with the Township Committee.

Your Mayor,

David Barnett

TOWNSHIP MEETING DATES

TOWNSHIP COMMITTEE

Regular Meeting, Tuesday, November 24, 7:30 pm at Town Hall

Work Session Meeting, Monday, December 7, 7:30 pm
at the Fire Department

Regular Meeting, Tuesday, December 8, 7:30 pm at Town Hall

Regular Meeting, Tuesday, December 22, 7:30 pm at Town Hall

PLANNING BOARD

1st Wednesday, 7:00 pm at the Municipal Building

BOARD OF ADJUSTMENT

3rd Tuesday, 6:30 pm at the Municipal Building

BOARD OF HEALTH

2nd Wednesday, 6:30 pm at the Firehouse

RENT LEVELING BOARD

Last Thursday of month, 7:00 pm at the Municipal Building

RECREATION COUNCIL

Contact the Recreation Department for meeting schedule.

ENVIRONMENTAL COMMISSION

3rd Monday, 7:30 pm at the Annex

LIBRARY BOARD OF TRUSTEES

3rd Thursday, 7:30 pm at the Library

ABRAHAM'S RECEIVE PROCLAMATION FROM TOWNSHIP



(l to r) Gennifer Abraham, Mayor Barnett,
Bobby and Xavier Abraham

On Tuesday November 10, Mayor David Barnett presented Bobby & Gennifer Abraham with a Proclamation thanking them for their service to the community in planning the town's annual Fall Festival. Bobby and Gennifer have volunteered their time for the past 6 years in providing Springfield a very successful Fall Festival and Car Show.

In an exclusive interview with the Patriot Times, Gennifer commented "Bobby and I consider ourselves lucky to be able to volunteer our time to organize the festival. We do not do it alone though. Thanks to the help of Scott Seidel and the chamber, township committee, auxiliary police, police, fire department and department of public works for making it possible. Thank you for this gesture."

Springfield

Business Improvement District

WHAT'S HAPPENING

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HOLIDAY SAVINGS



Look for our
coupon booklet in
this issue for great
deals from more than
50 local Springfield
businesses!!!

BUSINESS SPOTLIGHT

CPR - CELL PHONE REPAIR

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PRECIOUS PEARLS PEDIATRIC DENTISTRY

Dr. Nadia Majeed, DDS

140 Mountain Ave, #102 - 973-232-5448

At Precious Pearls they pride themselves on providing the best pediatric dental care. What does this mean? This means providing and understanding compassion and care for your child above all else. They do this with a team that is trained to think patient-centric, a facility that houses state of the art technology, supplies and equipment that are on the cutting edge of dental treatment, and a doctor with extensive training and experience with kids. Everything is designed to make your child's experience more welcoming and enjoyable.

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WINNERS OF THE SPRINGFIELD RECREATION DEPARTMENT HALLOWEEN SPOOKTACULAR COSTUME CONTEST SPONSORED BY THE SPRINGFIELD PATRIOT CHAMBER OF COMMERCE



As part of the Halloween Spooktacular on Sunday, October 25th, we had a guess the candy in the jar contest. Winners: Justin Teixeira, age 11 (pictured above), and Anastasia Alphonse, age 6 (pictured below).

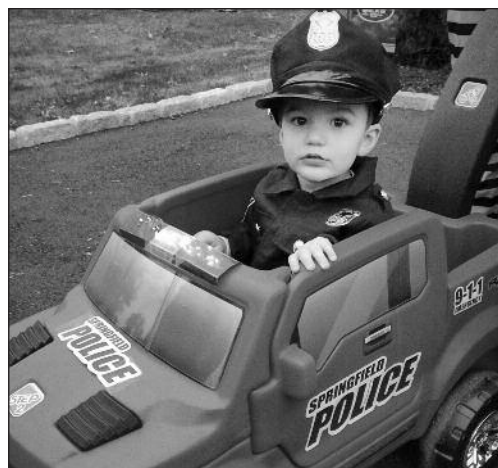


SPRINGFIELD COMMUNITY INTERFAITH THANKSGIVING SERVICE

**HOLY CROSS LUTHERAN CHURCH
639 MOUNTAIN AVE., SPRINGFIELD, NJ 07081
MONDAY, NOVEMBER 23 AT 7 PM**

Holy Cross Lutheran Church will host this year's annual Springfield Interfaith Community Thanksgiving Service. We will be recognizing the good work of our volunteer First Aid Squad and Springfield H.O.P.E, which helps struggling Springfield families and individuals in times of need and conducts an annual toy drive. In addition to Pastor Knecht of Holy Cross, Rev. Victoria Ney, Pastor First Presbyterian Church of Springfield, Rev. John Gabriel, Pastor St. James the Apostle Church Rev. Silvano Kim, Parochial Vicar St. James the Apostle Church, Deacon Jerome Bongiovanni, St. James the Apostle Church, Senior Rabbi Mark Mallach, Temple Beth Ahm Yisrael, Associate Rabbi Cecellia Beyer, Temple Beth Ahm Yisrael and Rev. William Noll, Pastor, Springfield Emanuel United Methodist Church will be taking part in the service. The message will be given by Rabbi Renee Edelman of Temple Sha'arey Shalom. The Springfield Children's Chorus will be presenting an anthem, and Mayor Barnett will deliver the presidential proclamation.

Monetary donations will be divided equally between the First Aid Squad and Springfield H.O.P.E. Non-perishable food items will help local families through the Holy Cross Food Ministry. There will be a reception in the downstairs fellowship hall immediately after the service.



2 Inmates were captured on Halloween by 1 1/2 Year Old "Officer" Noah Uzzolino.

JCP&L has commenced a major project in Springfield along Hillside Avenue. The work will be along the entire stretch of Hillside Avenue from Route 22 to Mountain Ave. JCP&L will need to close Route 22 for a period of time on one night to safely hang wire.

NOVEMBER MEETING OF SPRINGFIELD HADASSAH

The November meeting of Springfield Hadassah will take place on November 19, 2015 at 12:30 pm in the Springfield Public Library on Mountain Ave. Coffee and cake will be served and the public is invited. Dale Spindel, Director of the Springfield Free Public Library, will review the new book by Geraldine Brooks titled "The Secret Chord."

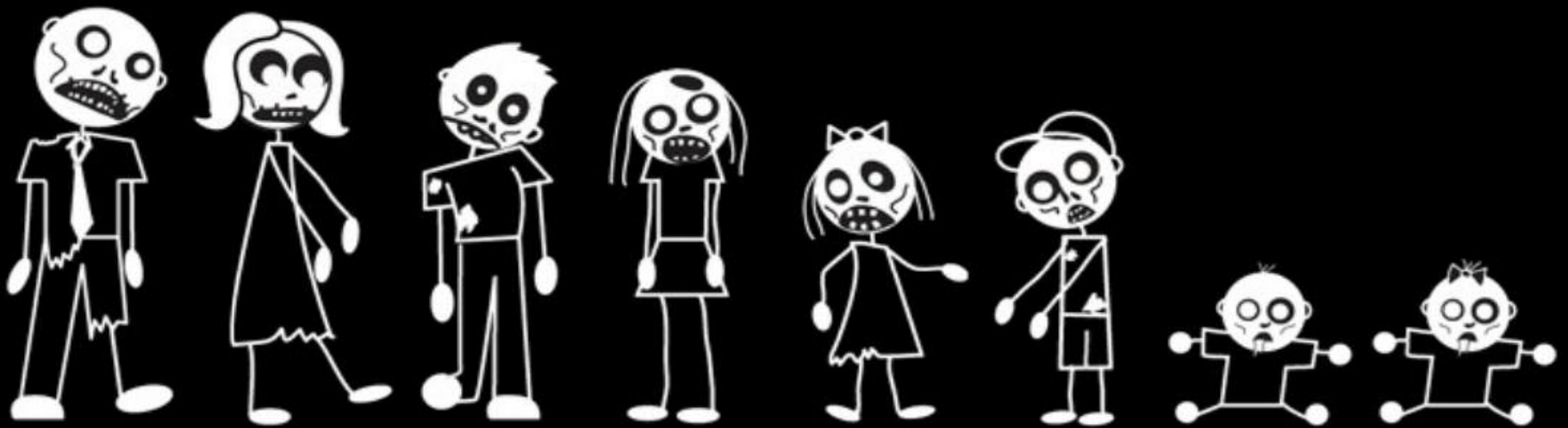
Ms. Spindel has been the director of the Springfield Free Public Library for the past 2 1/2 years. Her library

career goes back nearly 40 years. She received her Master of Library Science from Rutgers and holds a Master of Arts Degree from Rutgers in Music History & Theory. Her Bachelor of Arts Degree with a major in music theory came from George Washington University. She loves to read and loves classical music.

"The Secret Cord" by Pulitzer Prize winning author Geraldine Brooks offers a closer look into the life of

King David, a figure from Jewish history remembered as much for his poetic and musical gifts as for his military prowess. The author takes the reader into the world as it existed during David's lifetime—a world that was in many ways far different from the one that we experience now. The various facets of David, the man, are explored in all their complexity.

Is your family walking around
like the living dead?



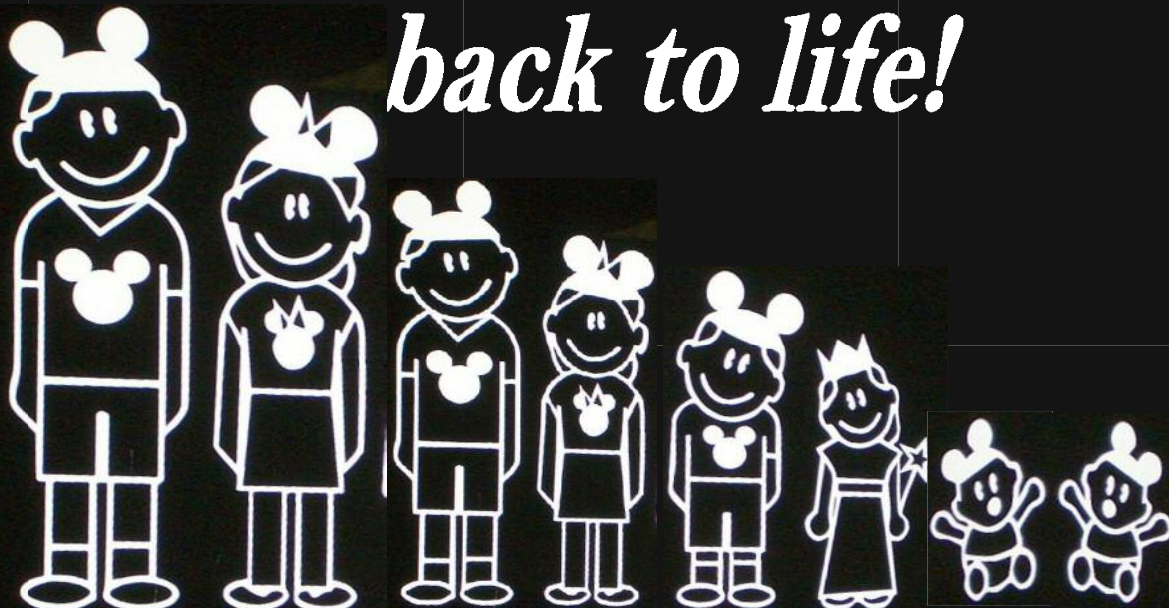
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FESTIVAL CAR SHOW AWARDS

CHAMBER'S CHOICE AWARD



(l to r) Bobby Abraham, Festival Chairman, George Vega, owner of the 1956 Ford Fairlane Sunliner, George Withers and Scott Seidel, Chamber of Commerce Chairman.



(l to r) Family Winners, George Withers, G-Wiz, Sal Apuzzio for his 1971 Chevelle Super Sport, his daughter Gina Apuzzio for her 2002 Accura RSX & wife and mother, Donna Apuzzio. This is the first time both father and daughter took home trophies at a show.



SPECIAL RECOGNITION AWARDS TO LOCAL CAR CLUBS



(l to r) Orlando Mendez founder of the Mendez Jeep Club in Newark, NJ, Tommy Robinson, President of the Nostalgic Automobile Society Car Club of Montclair, NJ, George Withers, GWIZ Auto Entertainment Car Show Coordinator, Ron Fusco, President of Street Dreams Car Club of South Plainfield, NJ and Bob Barkhoff, President of the Galloping Hill Cruisers in Union, NJ.

The Springfield Patriot Chamber of Commerce and Gwiz Auto Entertainment wanted to honor these great men for not only what they do for the car community but what they do to give back to their own communities by donating their time for fundraising for scholarships & various non profit organizations. We salute & honor all of these men and their clubs.



Auxiliary Police Chief Angelo Palumbo & Auxiliary Police Lieutenant Howard Apsan, on duty at the festival.



(l to r) Auxiliary Police Sergeant David Root, CERT members Frank Appelgate, Kristen Gersh, Herb Gersh and CERT Chief Jim Sedlak.

Springfield Emergency Auxiliary Police & CERT Recruitment Booth handed out information on their programs.



WOMEN'S HEALTH SCREENING

Women due for a gynecological check-up are invited to sign up for an appointment with the Madison Health Department. The check-ups are open to all women who live in Madison, Chatham Borough, Chatham Township and Springfield, including nannies and other household employees and those without health insurance coverage. Regular check-ups are an important part of staying healthy.

The screening will be held at the Madison Health Department located in the Civic Center, 28 Walnut Street, Madison on Monday, November 9, 2015 starting at 9:30 a.m. Appointments are necessary and may be made by calling 973-593-3079 ext.1 beginning immediately. A \$25.00 fee may apply if a Pap test is indicated.

This comprehensive check-up for women will include manual breast and pelvic exams, colo-rectal exams, blood pressure checks and education on the technique of monthly breast self-examination for each participant. Dr. Rohini Jobanputra will determine with each woman if a Pap test is advisable for her.

Healthy habits for women in addition to annual check-ups include engaging in physical activity most days of the week, eating a nutritious diet that includes lots of fruits and vegetables, and avoiding high risk behaviors like smoking and not wearing a seatbelt. Women are often the caregivers for their spouses, children, and parents and forget to focus on their own health. Research shows that when women take care of themselves, the health of their family improves. When women take even the simplest steps to improve their health, the results can be significant and everyone will benefit.

The Madison Health Department encourages women to sign up for the screening and also to pass the word along to other resident women who may not know about this service. Call the Madison Health Dept. (973-593-3079 ext.1) for an appointment for yourself or a loved one. Participants should have their physician's name and address ready when they call.

SAINT JAMES THE APOSTLE SCHOOL EIGHTH GRADERS WIN ROSELLE CATHOLIC SCHOLASTIC OLYMPICS



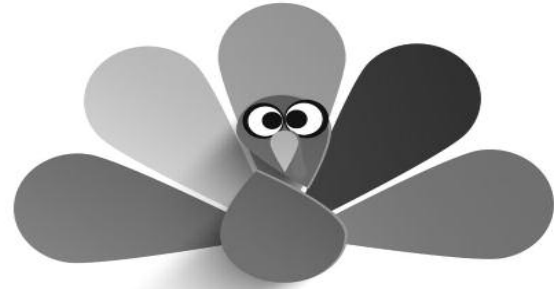
*Standing from l to r: Kyle Roethlin, Luke Bernstein, John Anigbogu, Delande Thompson, Deraje Agbaosi, Michael Speckhart
Seated from l to r: Christina Tillinghast, Rachelle Montilus, Rianna Cordeiro and Alexandra Gaston*

Congratulations to the 8th graders at Saint James the Apostle School for winning first place overall at Roselle Catholic High School's 44th Annual Scholastic Olympics! The competition drew approximately twelve Catholic elementary schools from Union and Essex Counties. Seven students placed 1st, two students placed 2nd, and one student placed 3rd. Each 1st, 2nd, and 3rd place winner received a \$1,500 scholarship for their freshman year, if they decide to attend Roselle Catholic High School, for a school total of \$15,000 in scholarships. Saint James will also have its name added to the engraved winner's trophy and be able to display the trophy at school until next year. The school is so proud of their accomplishment, especially the way the class supported each other leading up to and throughout the competition.

BLACK FRIDAY SUPER SAVINGS!

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VETERANS DAY CEREMONY



The Township of Springfield held its annual Veterans Day ceremony on November 11 at 11:00 am on Wednesday at Veterans Park. The Veterans commented that they were happy and glad that people remembered them and that this was the most people in attendance in years. The American Legion Post 228 had members that led the program and Gerry Gebauer, Commander explained why they place the POW-MIA flag as well as the placement and significance of the memorial wreath. Ziad Andrew Shehady, Captain in the U.S. Army and Township Committeeman read the Honor Roll of all the fallen from Springfield. Members of the Jewish War Veterans were also in attendance. We had over 20 veterans attend or take part in the ceremony, they were each presented with a card and a memento expressing the Township of Springfield's gratitude for their service.

The Jonathan Dayton High School band under the direction of Benjamin Krupit performed the Hymn of the Fallen. The JDHS Glee Club under the direction of Ashley Bauers performed an acapella version of our National Anthem. Jeremy Quintela and Brandon Fontanes played the echo taps.

The Auxiliary Police Honor Guard gave a Three Volley Salute.

The entire St. James the Apostle School walked over to participate in the ceremony and support our veterans.

All in all the overcast day did not prevent a wonderful ceremony. Next year we hope to have an even bigger turnout. Thank you to all who attended, participated or help make this day special.

more pictures page 12



Police Chief's Column

Chief John P. Cook

With the holidays nearing, readers of the Springfield Patriot Times, both residents and business owners alike, are preparing for the holiday season and tending to their holiday shopping. Unfortunately, thieves are also busily out "shopping" during the months of November and December by looking to see what they can steal from you.

As many persons will favor paying for their holiday gifts by using cash instead of credit or debit cards, shoppers should be careful when they are receiving money from banks or accessing an ATM machine. Money received should be immediately put out of sight before exiting the bank branch or ATM machine location.

Women should hold onto a purse when in stores, such as supermarkets, and not leave the handbag unattended in a cart while walking up and down an aisle. If at all possible store coupons should be kept in a separate billfold type wallet which can be left open in the upper part of a cart, while a wallet containing currency, credit cards or checks can be safely kept on your person and not in the cart. Thieves will look for an unattended cart with a handbag or wallet and will watch the intended victim and snatch the wallet while the shopper is looking at or removing items from a shelf.

Handbags should NEVER be worn with the strap across the chest. Some thieves will drive up to a victim walking in a parking lot and feign asking for directions. This is done to draw the victim closer so the thief can grab the handbag strap and rapidly speed away. If this is done while holding onto a handbag, the bag is gone. But, if the bag is worn with the strap across your chest, the victim will most likely be dragged by the speeding car before the handbag strap eventually gives way and breaks.

As handbag thefts or purse snatches increase during the holiday shopping time, your bag should not contain anything that cannot be replaced. Identification and other documents can be replaced such as checks or credit cards but forms of identification such as your Social Security card should be left at home since thieves who obtain this can easily use your identity information to commit various types of Identity Theft related frauds.

Readers of my column in the Springfield Patriot Times should remember that the theft of smart phones has greatly increased throughout the country. Many thieves will merely walk up and grab a phone from your hand and may even assault you to get the phone. As more persons are afoot in store parking lots during the holiday season, people should be careful when walking through parking lots and wait until entering their car to make a call.

Shoppers should park their cars in the main well lit sections of a parking lot and should make sure to close all windows and lock all car doors. Any shopping bags from other stores should be placed in the trunk or in the rear of an SUV or van where it is not readily visible to thieves who walk amongst cars in the lot looking for packages to steal. Do not leave packages inside of your car overnight in your driveway and instead bring them into your home to store.

Always retrieve your credit or debit card from the cashier after making any purchase as, during the rush of holiday shopping, it may inadvertently be left behind at the register or deliberately retained by a dishonest employee, especially when businesses hire many temporary holiday employees. If you later discover that your credit or debit card was not returned, do not waste time attempting to contact the store to see if your card was located or can be tracked down. Instead, immediately contact the issuing bank of your credit or debit card to report it as lost so any unauthorized use can be quickly prevented.

Businesses should increase the amount of times that monies are removed from a cash register drawer and make additional bank drops if necessary so no large amounts of money are left in the business overnight or in the cash register drawers. The bank drop should be done by multiple employees together and the times should be staggered on a daily basis so as to prevent thieves from watching a business to set up a theft.

As many residents order gifts on-line in the months leading up to the holidays, thieves drive around residential areas looking for unattended FedEx, UPS or US Mail packages lying by the front doors of homes. Residents need to track the delivery date for their anticipated packages. If they are not at home they should see if a trusted neighbor could retrieve and hold onto their packages until they return home, or request the package deliverer leave any parcels at either a side or rear door of their house. Residents should be alert for slow moving vehicles driving through their neighborhood where the vehicle occupants remove packages left at the front door of a home and they should immediately call the police.

Residents who go away for the holidays should remember to cancel their mail and any newspaper deliveries and should do everything possible to make their house look occupied. Interior lights on timers and external lights that are motion activated can greatly reduce the appearance that no one is home. In addition, a neighbor or family member can be asked to park a car in your driveway if your driveway is empty and to keep an eye on your home while you are away.

Scammers know that everyone wishes that they had more disposable income to use on holiday shopping and this will usually mean that con artists will increase their letters, e-mails or telephone calls that fraudulently claim that the targeted victim has won some type of lottery or monetary prize. To easily recognize these scams you need to know that anytime you are contacted and told that you're a "winner", you have won nothing if the caller informs you that you have to pay fees of some sort to collect your prize.

During the holiday season the Springfield Police will have officers in both marked and unmarked vehicles patrolling residential and shopping areas in town to make the holidays safe for residents, merchants and shoppers alike, while doing their best to deter thieves and thwart the holiday shopping schemes.

These suggested tips may aid in you and your family having both a happy and a safe holiday season this year.

Party room available at the Raymond Chisholm Community Center for your next event. Cost to Springfield residents is only \$175 for up to four hours.

Call Recreation Department for details (973) 912-2227

SPRINGFIELD RECEIVES GRANTS

continued from front page

ceremonial checks were awarded at the meeting of the Union County Board of Chosen Freeholders by Freeholder Chairman Mohamed Jalloh, Freeholder Vice Chairman Bruce Bergen, and Freeholder Alexander Mirabella. Springfield's capital improvement budget is matching the Kids Recreation Trust Fund grant to finance upgrades to the Chisholm Park playground and lower softball field. The project – which is scheduled to be completed in late 2015/early 2016 – includes permanent shade structures above the lower field dugouts, playground improvements, fence repairs, and a flag pole garden. Matching grants from the Kids Recreation Trust Fund are distributed to municipalities across Union County that are looking to upgrade or build recreational facilities for children and families. The Greening Union County program helps local governments offset the cost of planting trees through matching grants.

REPUBLICANS CLAIM BOTH SEATS

continued from front page

Criminal Justice. She is an Account Executive for a national title company, licensed as a New Jersey Real Estate agent and Title Insurance Producer. She has also served as a member of the Springfield Board of Adjustment. Maria lives on Lelak Avenue with her two children, John and Marisa. She graduated from Northeastern University with a degree in Political Science. In her professional capacity, she works as an operations/marketing specialist. She serves as the President of the Saint James the Apostle Home and School Association. Recently, she was Springfield's Commissioner to the Rahway Valley Sewerage Authority. Of their election victory, they said, "We're so grateful for the support of the community and humbled by the trust and faith they have placed in us. We will continue to work hard on behalf of all who call Springfield their home. We're excited to be sworn-in and start our terms in January."

Joseph Cusano & Co.
CPA, PC

Certified Public Accountant

Joseph Cusano, CPA
member of NJSCPA & AICPA

joec@wcaccounting.net

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Fax: (908) 789-3326

CANDIDATES FORUM



On October 29, the Springfield Patriot Chamber of Commerce and Springfield Hadassah hosted a forum for the four candidates competing for the Springfield Township Committee's two open seats. Each seat is for a term of three years. The candidates were: Democrats, Deputy Mayor Margaret Bandrowski and Erica Kirschner DuBois; Republicans, Diane Stampoulous and Maria Vassalo. The event was run by Lorraine Seidel and moderated by Dr. Gary Hecht. Only written questions were accepted. The lively discussion was followed by a light lunch.

FIRE SAFETY

The Springfield Fire Department went to Walton School in October to talk about fire safety with the PreK-2nd grade students.



PK students learning about fire safety rules and familiarizing themselves with what a firefighter looks like when he is dressed in the protective gear.



PK students Emmett, Emily, Jonathan and Emma with Firefighter Chris and Firefighter Sal.

HADASSAH HISTORY TOUR OF SPRINGFIELD



Members of Springfield Hadassah and their friends enjoyed a stroll through the DAR Burying Ground on Mountain Ave. The event was led by Deputy Mayor Margaret Bandrowski, an authority on Springfield's early history.



(l to r) Marilyn Madison, Lorraine Seidel, event chair, Deputy Mayor Margaret Bandrowski, chairman of the Springfield Historical Society and Ryan Olsen, curator for the Springfield Historical Society.

CANNON BALL HOUSE RECEIVES GRANT



Springfield Historical Society members Linda Jurczak, Grant Writer Barbara Rappaport, President Margaret Bandrowski, and Curator Ryan Olsen proudly displaying the Preservation New Jersey \$25,000 Matching grant awarded by the Union County Board of Chosen Freeholders for restoration work on the Historic Cannon Ball House.

Home values are on the rise. Are you curious about your property's value?

To get your complimentary home evaluation go to:

springfield.smarthomeprice.com



Nancy Gould

Sales Associate

Cell: 917-626-2176

Office: 973-762-3300

nancygouldhomes@gmail.com

Finding What Moves You



MAPLEWOOD OFFICE



JMK BMW DONATES BATTERY TO SPRINGFIELD POLICE DEPARTMENT



(l to r) Marc DeAlmeida, Parts Department, Carlos Duarte, Assistant Service Manager and David Aristich

The Springfield Police Department recently took title to a vehicle as the result of criminal activity. Unfortunately, by the time they received ownership, the battery in the vehicle was completely dead. Roger Kosempel & Robert Schoeneman of JMK BMW & FIAT graciously agreed to donate this expensive battery to the Police Department so they could get the vehicle on the road. "When I heard it was for the Police Department, I instantly said yes," said Roger. "We always support the Township and the Police Department." Chief John Cook is grateful for JMK's donation and continuous support.

TOWN WIDE SIDEWALK REPAIR PROGRAM

In order to help the residents of Springfield, the Township is instituting a new policy for dealing with sidewalks that have lifted or have been damaged by trees located in the Township's right-of-way (ROW). The Township Committee has established a capital fund in this year's budget that would allow for payment to repair/replace sections of sidewalk damaged by trees in the ROW with no cost to homeowners. Please be aware that sidewalk damage from Township trees is the only sidewalk damage covered by this program. The property owner is responsible for repair of damaged sidewalks in all areas other than those sections damaged by trees in the ROW.

SPRINGFIELD RECREATION DEPARTMENT

www.springfield-nj.us/recreation • www.facebook.com/springfieldnjrec

FALL 2015 INTRODUCTION TO DANCE

This class will introduce the basics of ballet and will also incorporate creative movement. This class is for both boys and girls! Instructor Diana Perez has been a dance teacher, choreographer, and performer for over 20 years.

Session 2 meets on Mondays from November 9th through December 21st at 1:30-2:15 pm
(No class on November 30th)
Class is open to Springfield children ages 3-5, and held at the Chisholm Community Center
Minimum of four children are needed to run this program
Cost per session is \$55. No refunds will be provided. Make checks payable to Township of Springfield. Payment must be submitted PRIOR to the first class.
Register by mail or in-person at the Springfield Recreation Department.
Or register online at <https://register.communitypass.net/springfield>

Chisholm Community Center • 100 South Springfield Avenue
(973) 912-2227 • Monday-Friday, 8:00 am-4:00 pm

Danielle McLeer, Recreation Program Coordinator, at danielle.mcleer@springfield-nj.us.

INTERESTED IN SCRAPBOOKING?

The Recreation Department hosts a scrapbooking meet-up at Chisholm Community Center one Saturday per month. If you are interested in learning more about the art and hobby of scrapbooking, or want to bring your own supplies to the meet-up and have company to scrapbook with, contact the Recreation Department at (973) 912-2227 or recreation@springfield-nj.us for more information.

U.S. SPORTS CAMPS & CLASSES 2016

WEEKLY WINTER CLASSES (attend one class every week for up to 8 weeks)

TOTAL SPORTS SQUIRTS: T-Ball, flag-football, soccer and more!

Ages: 3 5 yrs
Dates: Jan 25 to March 7
Day(s): Monday
Time(s): 9:30am 10:30am / 10:30am 11:30am
Location(s): Chisholm Community Center
Price: \$125
No class on Feb 15.

Ages: 3 5 yrs
Dates: Jan 23 to March 5
Day(s): Saturday
Time(s): 10am 11am
Location(s): Chisholm Community Center
Price: \$139

Ages: 3 5 yrs
Dates: Jan 23 to March 5
Day(s): Saturday
Time(s): 9am 10am
Location(s): Chisholm Community Center
Price: \$139

Ages: 5 6 yrs
Dates: Jan 23 to March 5
Day(s): Saturday
Time(s): 11am 12pm
Location(s): Chisholm Community Center
Price: \$139

SCHOOL'S OUT CAMPS (takes place when schools are closed)

SOCCER CAMP: Dribbling, passing, shooting, tournaments and more!

Ages: 5-11 yrs
Dates: Jan 18
Day(s): Monday
Time(s): 8:30am-2pm*
Location(s): Chisholm Community Center
Price: \$65 *FREE early drop off at 8am

Ages: 5-11 yrs
Dates: Feb 15
Day(s): Monday
Time(s): 8:30am-2pm*
Location(s): Chisholm Community Center
Price: \$65 *FREE early drop off at 8am



Pulse Premier Sports

Experience the next level in coaching education this summer. PulseCamps.com

Question? Visit our website to find full program descriptors and town schedules. Our knowledgeable staff are also available via phone or live chat 7 days a week! USsportsInstitute.com 1 (866) 345-BALL



SENIOR CITIZEN BUS SERVICE

The Springfield Recreation Department offers FREE weekday morning bus transportation for senior citizen residents to locations within the township – such as the grocery store, doctors, gym, meetings, library, post office, and more! The bus service runs from 9:00 am-1:00 pm. The bus is equipped with a passenger lift for wheelchairs. Other riders should be able to board and depart the bus independently.

Please call (973) 912-2227 between 8:00-9:00 am on the morning of your transportation need.

Bus service is unavailable on municipal holidays and days of Senior Citizens of Springfield bus trips.

MEN'S OPEN PLAY 35+ BASKETBALL

This is a non-competitive program for players ages 35 and older. Basketball will be held on most Wednesdays at Jonathan Dayton High School from 7:00-9:00 pm and on most Sundays at Florence Gaudineer Middle School from 8:00-10:00 am. You will be notified in advance of gym closures due to school events or holidays.

Register in person or by mail to: Springfield Recreation Department, Chisholm Community Center 100 South Springfield Avenue, Springfield, NJ 07081 • (973) 912-2227 office (973) 912-8584 fax recreation@springfield-nj.us www.springfield-nj.us/departments/recreation

FALL 2015 CO-ED RUNNING GRADES K-2nd and AGES 8-14

Mondays from November 2nd-December 7th

(K - 2nd 4:15-4:45 pm at Chisholm Park)

(Ages 8 - 14 5:00 - 6:00 pm Meisel Avenue Park)

(If the weather is too cold, Session 2 will be held in the Chisholm Community Center gym)

A minimum of six children are required for the program.

Cost is \$55 per session. T-shirt and water bottle will be provided. Please make checks payable to Township of Springfield.

Register by mail or in-person at the Springfield Recreation Department. Or register online at <https://register.communitypass.net/springfield>

Chisholm Community Center
100 South Springfield Avenue (973) 912-2227
Monday-Friday, 8:00 am-4:00 pm

WINTER CONDITIONING 2015

The program meets on Wednesdays and Fridays from 4:30-5:15 pm at the Chisholm Community Center in the 2nd floor fitness room, and runs from Wednesday, November 11th, to Friday, December 11th.

No classes on Wednesday, November 25th, or Friday, November 27th.

FEES: \$55 payable to Township of Springfield \$20 payable to Coach Mike Czech (Fees include professional coaching instruction and a warm-up gift.)

Minimum 6 participants are needed to run the program.

Payment must be submitted prior to the first class. There are no refunds.

Athletes need to spend time conditioning and winter is the perfect time to start! The program demonstrates how to safely gain strength for sports, prevent injury, stretch properly, and have fun! Athletes who desire more speed and want to gain an advantage will benefit! The program is open to children in Springfield schools in 2nd-8th grades.

Register by mail or in person at the Springfield Recreation Department. Or register online with a credit card at <https://register.communitypass.net/springfield>

Chisholm Community Center
100 South Springfield Avenue (973) 912-2227 • Monday-Friday, 8:00 am-4:00 pm

Questions? Contact Danielle McLeer, Recreation Program Coordinator, at danielle.mcleer@springfield-nj.us.

FREE TEEN DROP-IN

Who: Springfield residents in 6th-12th grades

What: Basketball, volleyball, lounge games, TV, quiet study supervised by Recreation Department staff

Where: Chisholm Community Center, 100 South Springfield Avenue

When: Monday-Friday (closed on municipal holidays)

Time: 2:30-8:00 pm (school year)

How: Handbook, registration form, photo ID

Contact: (973) 912-2227, recreation@springfield-nj.us

Web: www.springfield-nj.us/recreation • www.facebook.com/springfieldnjrec

SPRINGFIELD RECREATION DEPARTMENT

www.springfield-nj.us/recreation • www.facebook.com/springfieldnjrec

ADULT BOOT CAMP

WINTER 2016

Tuesdays, 7:00 - 8:00 pm
January 5 - February 9, 2015

FOR ADULTS 18+, CO-ED
CHISHOLM COMMUNITY CENTER



During this 6-week program, all recruits do a combination of cardio training, calisthenics, strength workouts, circuit training, obstacle courses, abdominal work and other fun surprises the coaches have in store for you each day. All classes end with stretching. The workouts are created to be fun and challenging at the same time! The more effort you put into the class, the more results you will get out of it!

The Boot Camp class is being coached by **BootCampWF** which is the premiere, healthy-living, fitness training program. **BootCampWF** is celebrating their 8th year in business and have classes year round, mostly held outdoors in parks. **BootCampWF** has many experienced and trained coaches who work with all skill levels.

COST IS \$110 PER PERSON

Registration will be available soon at <http://bootcampwf.com/enlist>, and forms will be available soon at the Springfield Recreation Department. Minimum 6 adults are needed to run this program. Payment must be submitted PRIOR to the first class.

Chisholm Community Center
100 South Springfield Avenue
(973) 912-2227

Monday-Friday, 8:00 am-4:00 pm
www.springfield-nj.us/recreation
Questions? Contact Heather Re,
Assistant Recreation Director,
heather.re@springfield-nj.us



REC PROGRAM PROVIDES MIDDLE SCHOOL STRESS RELIEF

Led by Kerri-Jude Bacall, RN, LMT, of Springfield Holistic Wellness, and two students from Cranford High School, the Springfield Recreation Department recently hosted a series of stress reduction workshops for middle school students. The workshops introduced tools and concepts to empower and encourage participants to deal with stress and fatigue. Pictured (l-r) are Bacall, Jesse Thompson, Victoria Delia, Kathryn Tumbokon, Ashley Campos, Tess Hertz, and Kaya Mahy.



Members of the Springfield Recreation Department's fall cross-country team celebrate with Coach Mike Czech (center, rear) after the Color Run 5K in Piscataway on Sunday, November 1. In five races this season, the team won ten medals.

Township of Springfield Recreation Department

Holiday Celebration



2015



Wednesday, December 9th @ 5:00-8:00 pm

(rain/snow date Thursday, December 10th)

Town Hall Lawn, North and South Trivett Avenues

Free Festivities Include:

Tree Lighting, Pictures with Santa Claus
Winter Wonderland Band, Petting Zoo
Strolling Rudolph and Holiday Bear
Stilt Walking Toy Soldier
Castle Bounce House
Hay Rides, Treats and Hot Drinks



The Recreation Department would like to thank the following for their participation: Township Committee, Administrator, Clerk, Public Works Dept., Police Dept., Fire Dept., First Aid Squad, Business Improvement District, FMBA Local #57, Municipal Alliance, Jonathan Dayton Alternative's Club, Patriot Chamber of Commerce, Office of Emergency Management, Auxiliary Police, Rotary Club. Springfield H.O.P.E. will be collecting new unwrapped toys and Barnes & Noble gift cards. Holy Cross Lutheran Church will be collecting coats and non-perishable food.

Questions? (973) 912-2227 or recreation@springfield-nj.us

Visit us on the web at www.springfield-nj.us/recreation

Inclement weather? Please call after noon on Wednesday, December 9th.

SPRINGFIELD ROTARY PROVIDES PIZZA LUNCH TO SPRINGFIELD SENIORS



Pictured: (center) Recreation Director Adam Lieb, (left-right) Rotarians Mel Kevoe, Dr. Seth Hammer, Paula Kaiser, Mike Scalera, Dr. Gary Hecht, Bart Fraenkel, and Michael Hausman.

Members of the Rotary Club of Springfield met with senior citizens at their monthly meeting on Thursday, October 8th, at the Chisholm Community Center, and provided them with a free pizza lunch. Rotarians introduced themselves and the club, mingled with the crowd, served pizza, and discussed their upcoming programs and services.

TRYCAN
KIDS HELPING KIDS

The Springfield Recreation Department is a member of TryCAN, a multi-community collaboration that

provides a variety of recreational programs for youth with special needs.

For more information on program offerings or to register, please visit <http://cityofsummit.org/trycan>.



Fire Chief's Column

Chief Carlo Palumbo

SAFETY MESSAGES ABOUT COOKING

Cooking fires are the number one cause of home fires and home injuries. The leading cause of fires in the kitchen is unattended cooking. It's important to be alert to prevent cooking fires.

WHAT YOU SHOULD KNOW

- Be on alert! If you are sleepy or have consumed alcohol, don't use the stove or stovetop.
- Stay in the kitchen while you are frying, grilling, boiling or broiling food.
- If you are simmering, baking, or roasting food, check it regularly, remain in the kitchen while food is cooking, and use a timer to remind you that you are cooking.
- Keep anything that can catch fire — oven mitts, wooden utensils, food packaging, towels or curtains — away from your stovetop.

IF YOU HAVE A COOKING FIRE

- Just get out! When you leave, close the door behind you to help contain the fire.
- Call 9-1-1 or the local emergency number after you leave.
- If you try to fight the fire, be sure others are getting out and you have a clear way out.
- Keep a lid nearby when you're cooking to smother small grease fires. Smother the fire by sliding the lid over the pan and turn off the stovetop. Leave the pan covered until it is completely cooled.
- For an oven fire, turn off the heat and keep the door closed.

SAFETY CONSIDERATIONS FOR COOKING WITH OIL

Oil is a key ingredient found in the majority of today's kitchens. Whether a recipe calls for frying or sautéing, we include oil in almost all of our daily cooking. When using any of the many oils to prepare your meals like olive, canola, corn or soybean, consider the following safety tips when cooking:

- Always stay in the kitchen when frying on the stovetop.
- Keep an eye on what you fry. If you see wisps of smoke or the oil smells, immediately turn off the burner and/or carefully remove the pan from the burner. Smoke is a danger sign that the oil is too hot.
- Heat the oil slowly to the temperature you need for frying or sautéing.
- Add food gently to the pot or pan so the oil does not splatter.
- Always cook with a lid beside your pan. If you have a fire, slide the lid over the pan and turn off the burner. Do not remove the cover because the fire could start again. Let the pan cool for a long time. Never throw water or use a fire extinguisher on the fire.
- If the fire does not go out or you don't feel comfortable sliding a lid over the pan, get everyone out of your home. Call the fire department from outside.

FACTS AND FIGURES

- A study published by the U.S. Consumer Product Safety Commission found that 75% of range or stove fires started with food ignitions. Forty-three percent began with cooking oil; 33% started with fish or meat. Sixty-three percent of the range or stove fires beginning with food occurred when someone was frying.
- Fifty-five percent of the people who were injured in non-fatal reported home cooking fires during 2005-2009 were injured when they tried to fight the fire themselves.
- One of every four home fires reported in 2007-2011 started with fat or grease. One of every three reported fire injuries resulted from these fires.



The Springfield Recreation Department is excited to partner with TGA of Union County to offer indoor youth tennis and golf clinics this winter (ages 5-12). More information and online registration are available at: <http://play.tga.com/unioncounty>

Springfield Auxiliary Police Volunteers Needed



We Need You!

For almost 50 years, the Springfield Auxiliary Police have served as an immediately available source of manpower to augment the services of the Springfield Police Department during Emergencies.

**SPRINGFIELD
EMERGENCY
MANAGEMENT**



For more information and an application visit
Springfield Emergency Management under Departments tab at
www.Springfield-nj.us or call **973-467-3388**

INFLUENZA IMMUNIZATIONS FOR SPRINGFIELD RESIDENTS

Seasonal influenza (FLU) immunizations will be administered by the Madison Health Department to Springfield residents over the age of 6 months on November 17, 2015, from 4:30 pm to 6:30 pm at the Madison Health Department in the Madison Civic Center, 28 Walnut Street, Madison. No appointments are necessary. The immunizations are free to seniors with a Medicare Part B card; there will be a \$10.00 charge for all others. All are reminded to wear short sleeves if possible. Seasonal flu vaccine is recommended by Centers for Disease Control and Prevention (CDC) for everyone over the age of 6 months. According to the CDC, vaccination is especially important for people at higher risk of severe influenza and their close contacts, including healthcare personnel and close contacts of children younger than 6 months. Everyone is encouraged to receive the 2015-2016 flu vaccine.

VETERANS DAY CEREMONY



Springfield Free Public Library

66 Mountain Avenue,
Springfield • 973-376-4930

Check Library website for
regular MGG schedule:
www.sfplnj.org

Our programs are free and open to the public, no matter what town or county you live in!

CHILDREN'S PROGRAMS

Mother Goose Group @ 10:30 selected days -- Babies, toddlers and preschoolers w/ a caregiver. Stop by and drop in! **November Tuesdays: 11/17, 11/24. Wednesdays: 11/4, 11/18, 11/25. Friday 11/13.**

Lego Club – Tuesdays after school. Ages 6 and up.

Wii Games –Wednesdays @ 4:00 pm Ages 6 to 11. No Wii on Nov 25 (day before thanksgiving).

Math Help—Wednesdays @ 4 pm-5 pm Grades 1+ Bring your homework!

Monday Crafts @ 3:30 Origami alternates with a Duct Tape craft.

New! The Book Bunch Mondays @ 3:45 A book club ideal for readers Grades 1 to 3. We'll read and discuss a story each week and do an activity!

New! Rummikub Klub! More fun than chess! Join us in this exciting numbers game **Thursdays @ 4:00 pm.** Grades 2 and up

Campfire Stories are back! Thursday Nov 19 @ 7 pm. Join the Children's Librarian for seasonal stories and snacks.

Big Screen Movie: It's the Great Pumpkin Charlie Brown Wed Nov 25 @ 4:00 pm. Bring your own snacks. All ages.

Big Screen Movie: Inside Out Fri Nov 27 @ 2:00 pm. Bring your own snacks. All ages.

Saturday Nov 21 11:00 am Patricia Shih: Big Ideas About Appreciation and Gratitude. Award-winning singer/songwriter celebrates the wonderful things in life with fun, movement and singalongs. Family/All ages. Drop in.

Friday Nov 27 11:00 am The Give & Take Jugglers. Join this hilarious juggling duo and learn circus arts. Family/All ages. Drop in!

Coming in December: Dramatizing Harry Potter 4-part theatrical workshop for students in Grades 3 to 5 hosted by Youth Stages. Limited space--Sign up required. **Tuesday-Friday December 15, 16, 17, 18 @ 3:45-4:45.** Must be able to attend all 4 classes.

TEENS:

Teen Advisory Board (TAB) – Earn volunteer hours! Develop programs for teens, host programs for kids, select books for the library to own, and build special projects. TAB needs your creative input! **November 16 @ 6:00 pm.**

SPECIAL EVENTS

Now thru November 27 Art show: "Home, Landscapes and Pets," oil paintings by Carol Johnson.

TOYS FOR SPRINGFIELD KIDS

SPRINGFIELD H.O.P.E. • SPRINGFIELD FIRE DEPARTMENT

Springfield H.O.P.E. and the Springfield Fire Department have joined forces again this year for another Toys for Springfield Kids campaign. Please donate a NEW UNWRAPPED TOY in one of our collection boxes located at Hecht Chiropractic, The Springfield Fire Department, in the schools and throughout town in our boxes with the Toys for Springfield Kids label on them. Additional locations will be listed on our website, www.springfieldhope.com. Financial donations are also appreciated. Please make checks payable to Springfield H.O.P.E and drop off or mail to Hecht Family Chiropractic Care, LLC, 201 Mountain Avenue, Springfield, NJ 07081. Toys are needed for children up to the age of 15. Older kids will receive a gift card, and distribution will be to the town's needy. The drive will run from Monday, November 2 through Friday, December 18, 2015.

For information, please e-mail Dr. Gary Hecht of Springfield Hope at toys@springfieldhope.com.

(Springfield HOPE is a 501(c)3 not for profit corporation)

December 1 thru December 30 Art Show: Acrylic paintings on canvas by Virginia Puskar.

November 20 & December 4, 12:00 pm
Chair Yoga.

Saturday, November 21, 11:00 am
"Big Ideas About Appreciation and Gratitude" - singer/songwriter Patricia Shih celebrates the WONDERFULL things in life.

Friday, November 27, 11:00 am "The Give and Take Jugglers" - Join the circus for the morning with amazing hilarious juggling duo.

Monday, November 30, 7:00 pm Presentation by local artist Denise Devone of her newly published book of paintings, and discussion of her artistic process.

Sunday, December 13, 2:00 pm Holiday music and swing standards concert by The Richard Reiter Swing Band, vocals by Tricia Slafta.

LECTURES

Monday, December 7, 7:00 pm Lecture on baseball's history in New Jersey presented by former Springfield resident David Krell.

DISCUSSIONS and WRITING

Thursday, December 10, 10:15 am
Memoir Writing Group.

Thursday, December 15, 7:00 pm
Really Good Book discussion: "In Dubious Battle" by John Steinbeck.

Thursday, November 19, 10:00 am Great Books discussion: **"The Inferno" by Dante.**

FILMS

Monday, November 23, 1:00 pm Lunchtime Film – DID YOU MISS THESE?: A sports agent loses an important client, and decides to recruit cricket players in India and teach them to pitch baseball. Starring John Hamm. 2014.

Monday, December 7,, 1:00 pm Lunchtime Film – DID YOU MISS THESE?: Biopic of physicist Steven Hawking with Eddie Redmayne who won an Oscar for this role. 2014.

Thursday, December 10, 1:00 pm & 7:00 pm International Film: "Diplomacy", 2014. In French with English subtitles.

HOBBIES AND INFORMATION

Every 2nd & 4th Monday, 10:00 am
Knits Wits Knitting Group

Every Monday at 7:00 pm
Scrabble - Bring a friend or meet new opponents!

Every Thursday at 7:00 pm
Chess club

INSTRUCTION

Every Tuesday, Wednesday and Thursday **ONE-TO-ONE COMPUTER TRAINING** by appointment 10:30 am – 12:00 pm.

Every Monday from 7:00 pm to 8:30 pm
DROP-IN TECHNICAL HELP (Nooks, Kindles, Androids, I pads, iPhones and more), no appointment necessary.

REGULAR LIBRARY HOURS
MONDAY, WEDNESDAY & THURSDAY
10:00 AM – 9:00 PM
TUESDAY, FRIDAY, SATURDAY
10:00 AM – 5:00 PM
SUNDAY 1:00 PM – 5:00 PM
THE LIBRARY WILL BE CLOSED ON
THURSDAY, NOVEMBER 26 IN
OBSERVANCE OF THANKSGIVING.
THE LIBRARY WILL BE CLOSING
AT 5:00 PM ON WEDNESDAY,
NOVEMBER 25.

MOMENT WITH THE MASTERS EAST

Each year, Moment with the Masters is held on the west coast, but this year a special Moment with the Masters East was held on September 26, 2015, a unique series of seminars was held at Hwang Karate of Springfield. That day, five of the senior ko dan ja members, and master level practitioners in the region arrived to each series of seminars.

Two clinics were held on the first floor of the building. The seminar occurring in the main studio was Master Colston's clinic on advanced free sparring combinations. In the next room was Master Ginyard's seminar on clear focus. Master Bonsignore, Master Schermerhorn, and Master Garaguso taught the remaining three seminars on the upper floor. Master Bonsignore's seminar was advanced kicking from the ground while Master Garaguso taught advanced self-defense techniques. Master Schermerhorn's seminar was on the Song of the Sip Sahn Seh, the song of the thirteen influences.



KRA Insurance Agency, Inc of Springfield recently participated in a clothing drive in support of The Union County Junior League of Elizabeth-Plainfield. The non-profit organization provides career dressing services to women and men in the Union County area. KRA employees generously donated clothing to this worthy cause.

This is an important update from your electric company, Jersey Central Power & Light (JCP&L)

JCP&L has received increased reports of scammers targeting utility customers. In the latest scam, a telephone caller poses as an electric utility company employee and threatens to shut off the customer's power unless an immediate payment is made. In many cases, the customer is told to pay using a pre-paid debit card, such as a Green Dot/MoneyPak card, a money transfer service like Money Gram or Western Union, or in person at a physical location.

Be aware that scammers often use Caller ID spoofing software to lead you to believe you are receiving a call from JCP&L, and/or provide you with a fake "verification" phone number. These call-back numbers may even include exact replicas of greetings and hold messages you would hear when calling JCP&L's Contact Center.

Facts to remember:

- If your account is past-due, you will receive a written notice of your account status, with instructions on how to avoid disconnection of service.
- While JCP&L representatives may call a customer whose bill is in arrears in order to remind them that a payment is due, the representative would explain how a payment can be made using JCP&L's established payment options.
- They will not demand a payment over the phone or at a particular physical location.
- JCP&L does not accept prepaid debit cards or wire transfers as payment, and our representatives will not demand your bank information or credit card number over the phone.

What you should do:

- If you receive a suspicious call, hang up immediately.
- If you believe you have been a victim of this scam, please contact your local police department or the state attorney general's office.
- If you have purchased a Green Dot card to pay your electric bill and would like to request a refund from Green Dot/MoneyPak, visit www.moneypak.com/refundrequest.aspx.

TEMPLE SHA'AREY SHALOM INSTALLS RABBI RENEE EDELMAN



(l to r) Amy Daniels (Cantor, Temple Sha'arey Shalom), Joshua Goldstein (Temple Sha'arey Shalom Rabbi Emeritus), Rabbi Renee Edelman, Charles A. Kroloff (Rabbi Emeritus of Temple Emanu-El of Westfield and past president of the Central Conference of American Rabbis), Martha Novick (Cantor, Temple Emanu-El, Westfield), and Israel S. Dresner (former Temple Sha'arey Shalom Rabbi and Freedom Rider) participated in Rabbi Edelman's installation.

Rabbi Renee Edelman was installed as Temple Sha'arey Shalom, Springfield's new spiritual leader on Friday evening, October 23, 2015. Amy Daniels (Cantor, Temple Sha'arey Shalom), Joshua Goldstein (Temple Sha'arey Shalom Rabbi Emeritus), Israel S. Dresner (former Temple Sha'arey Shalom Rabbi and Freedom Rider), Charles A. Kroloff (Rabbi Emeritus of Temple Emanu-El of Westfield and, past president of the Central Conference of American Rabbis) and Martha Novick (Cantor, Temple Emanu-El, Westfield) participated in the installation ceremony. The ceremony included the passing of the Torah through the generations of rabbis. The Temple Sha'arey Shalom adult and youth choirs under the direction of Cantor Amy Daniels enhanced the service.

Rabbi Edelman is passionate about social action, education, spiritual living and youth engagement. In the short time at Temple Sha'arey Shalom Rabbi Edelman has developed meaningful and lasting relationships with congregants and their families.

Confirmation and adult education students are motivated by her teaching and are active participants in classes.

Born and raised in a suburb of Boston, Renee Edelman graduated from Brandeis University. She studied journalism at Harvard and interned at the Anti-Defamation League. She attended Hebrew Union College-Jewish Institute of Religion in Jerusalem and New York. Ordained as a Reform Rabbi in 1997, Rabbi Edelman served as full time rabbi of congregations Temple Emanu-El of Westfield, New Jersey and The Community Synagogue of Port Washington, New York. Rabbi Edelman also served at Congregation B'Nai Keshet, Montclair, New Jersey as Sabbatical Rabbi and Shabbat Educator. She has served as a Community Service Rabbi in Essex and Union counties and as a Rabbinic Resource at Congregation Ner Tamid, Bloomfield, New Jersey. Rabbi Renee and husband Shane are proud parents of three children.

TEMPLE SHA'AREY SHALOM FALL ADULT EDUCATION FOR THE WHOLE COMMUNITY

Temple Sha'arey Shalom, 78 South Springfield Avenue, Springfield is offering two free educational series for adults this fall. You don't need to be a temple member to come and be enriched by our two teachers, Rabbi Renee Edelman and Rabbi Gordon L. Gladstone.

Our first topic is "Who is Adonai?" The class will explore Jewish belief and practice as it applies to our people's complicated relationship with God...and our own. Our teacher is Rabbi Gordon L. Gladstone, Rabbi Emeritus of Temple Beth Am in Bayonne. The classes are held at the temple on Thursday afternoons from 1:00 to 2:00. We will meet on November 5, 12 and 19 and December 3, 10 and 17.

In addition, our own Rabbi Renee Edelman will teach "The Spiritual World of the Talmudic Folktale". While most of the Talmud focuses on discussions of Halacha (Jewish law), the Talmud also includes a series of folktales that deal with social and religious issues. These stories are filled with wisdom and are in the spirit of renewal and transformation. We will discover how the wisdom is timeless and what the stories teach us about ourselves. Topics will include concepts of life and death, miracles and fate. We will meet at the temple on Tuesday evenings, December 8, 15, and 22 and January 5 from 8:00 to 9:00. Rabbi Renee looks forward to the great discussions we're sure to have!

MEN'S HEALTH SCREENING

An important Health Screening event is being held for Madison, Chatham Borough, Chatham Township and Springfield adult male residents on Monday, December 7 from 6:00 pm - 8:00 pm at the Madison Health Department, 28 Walnut St, Madison, NJ. Dr. Dalena will perform testicular, prostate, and colorectal examinations for the screening. Registration is required for this event. Participants should have their physician's name, address and telephone number ready when they call. Please register by November 24, 2015.

According to the Centers for Disease Control and Prevention, the three most common cancers among men are Prostate, lung and colorectal cancer with prostate and colorectal as two of the leading causes of cancer death in men. Starting at age 50, the American Cancer Society recommends screenings for colorectal and prostate cancers. If you are at an

increased or high risk of colorectal cancer, you should begin colorectal cancer screening before age 50 and/or be screened more often. If you are African American or have a family history of prostate cancer, it is recommended to discuss screening options with your doctor as early as age 45. Registrations may be made by calling 973-593-3079 ext. 1 on weekdays.

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TOWNSHIP COMMITTEE RECAP

On Tuesday October 13, the Township Committee met for its regular meeting in the Municipal Building. Announcements were made about several Flu Clinics to be held in the Township, the Fall Festival and Car Show on October 18, and the Annual Spooktacular at Chisholm Recreation Center on October 26. Representatives from PSE&G gave an update on work throughout the Township, promising the work is about done. Deputy Mayor Bandrowski was pleased to report that Springfield has been awarded a Bronze Level certification from Sustainable Jersey. Ordinance 2015-19 was introduced for a First Reading; this ordinance clarifies various departments in the Township, re-establishes the Building Department, and formally establishes the Department of Public Works and the position of Zoning Officer (full-time). The second and final hearing for this ordinance will be on October 27. Thirteen resolutions were discussed and voted on, including one allowing Springfield's continuing participation in the Mayors Council for Rahway River Watershed Control for services in connection with the major Rahway River Basin Flood Control project. A Closed Session was held for discussion of several contract issues, litigation pertaining to COAH obligations, and personnel issues for the DPW, Police and Fire Departments.

The next regular meeting will be held on Tuesday, October 27 at 7:30 in the Municipal Building.

There was no workshop meeting in October due to the Columbus Day holiday. A special meeting will be held at 6 pm in the Municipal Building for a mayor's update on downtown redevelopment; the public is invited and encouraged to participate.



TASTE OF THE PGA

On Wednesday evening, October 7, Baltusrol Golf Club & The Professional Golf Association, "The PGA," hosted "A Taste of the PGA," an event for local officials and volunteers to discuss the upcoming PGA Tournament being hosted by Baltusrol Golf Club from July 25-31, 2016. Plans for the event are still being finalized, but a general picture of the event was discussed and a short informational video was shown. Hors d'Oeuvres and drinks were provided during the two hour event. Tickets are now on sale for the 2016 PGA and can be purchased at www.PGA.com.



Anyone seeking help
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A sample of PGA Merchandise was on display.

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I would like to express my complete satisfaction with regard to buying my two vehicles from Autoland in Springfield, NJ. From the minute I stepped into the showroom to the time I drove out with the vehicles, the staff had been courteous, informative and non-aggressive in their approach. The salesmen took the time to go over every detail with regard to the purchase. Being a business owner in Union and personally servicing the public for 15 years, I noticed the complete professionalism of the staff at Autoland and I would recommend this dealership to anyone looking to purchase a vehicle with complete confidence. Thank you to the staff at Autoland!

- Michael and Carmen Ranieri



My name is Richie and I have to tell you I am a big fan of trucks! Having the pleasure of owning a trucking company, hauling cars enables me to not only test drive my favorite vehicles, but to buy them too! I have visited Autoland twice in the past two years and purchased two cars from them. I had a smooth deal not once, but twice! When I purchased my '12 Toyota Rock Edition Tundra from Autoland, I was probably a salesman's worst nightmare - I wanted it all and within days it was all there! Autoland even came to my house and hand delivered special mats, rain guards, and all the rest of the goodies I wanted. I could not have been served any better!

- Richie, Springfield NJ

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