

Published by the Township of Springfield in cooperation with the Springfield Patriot Chamber of Commerce

www.springfieldpatriot.com

MARCH 2020 · Issue #LVII 057

www.springfield-nj.us

## NEXT CHAMBER MEETING

THURSDAY

8:30 am - 9:30 am ANNUAL *"MEET THE MAYOR"* MEETING

SOFIA'S ITALIAN RESTAURANT 272 MORRIS AVE.

MARCH MEETING HAS BEEN CANCELED

Members and nonmembers are invited to Chamber meetings. Free coffee and donuts are served.

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## 24 HOUR FITNESS OPENS SPACIOUS NEW STATE-OF-THE-ART CLUB IN SPRINGFIELD, NJ

Offering a Range of Fitness Amenities and Tools to Help Members Live Their Best Lives... Inside and Outside the Club

CONTINUED ON PAGE 6

(photo l to r) Luis Rodriguez (SES), Scott Seidel, Monte Ehrenkranz, Shawn Brown (FT), Lori Dejesu (RAE), Mike Scalera, Christian Cruz (GM), Beatriz Pachas (AGM), Andrea Hauke (DM), Marcel Momplaisir (FMIII)



# FEBRUARY CHAMBER MEETING DRAWS A LARGE GROUP



(l to r) Chamber Co-Chair, Scott Seidel, Keller Williams's representatives, Chris Weber, Vanggie Weber, Michelle Kean and Eric Diloné, Chamber Secretary Tracy Geyer, Chamber Vice president Elliot Merkin and Chamber Co-chair Mike Scalera.

The February Springfield Patriot Chamber of Commerce meeting had over 30 people in attendance on Thursday morning February 27th. The Township Business Administrator, John Bussiculo and Deputy Mayor Chris Weber briefed the attendees on the progress being made on Downtown redevelopment. Police Chief John Cook noted some shoplifting issues taking place urging residents and business people to be aware of their surroundings and not leave valuables unattended when out in public.

\*\*Continued on Page 8\*\*

## SPRINGFIELD 7th GRADER RAISES \$2000 FOR TRYCAN SPECIAL NEEDS



Buddy Up creator Sammy Levy with his family on event day (from left: Dan, Sammy, Gina, Jack and Max Levy)

Dozens of Springfield students spent President's Day making a difference in the lives of children with special needs, thanks to the brainchild of Florence Gaudineer Middle School student Sammy Levy

CONTINUED ON PAGE 8.

## TAX REVALUATION PRESENTATION



### By Jennifer Sherman

At the March 10th Township Committee Meeting, after a brief presentation by F. Michael Fitzpatrick, the Township's Health Officer regarding COVID 19, Professional Property Appraisal Inc, the company hired to perform the mandated revaluation of the Township of Springfield hosted a presentation on the upcoming Revaluation.

Patrick Dymond and Sean O'Sullivan of Professional Property Appraisal Inc. explained how the revaluation works and what residents/business owners can expect. Directly after the presentation, there was a very informative question and answer session with local taxpayers.

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(1 to r) Sean O'Sullivan, PPA Representative, Edward Galante Springfield Tax Assessor, and Patrick Dymond, PPA Representative



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Over seven thousand newspapers are printed monthly and distributed free to every postal patron in Springfield.

Although great care has been taken to ensure the information contained within is accurate, Springfield Patriot Chamber of Commerce assumes no liability for errors or omissions.

# SPRINGFIELD PATRIOT Chamber of Commerce

Springfield Patriot Chamber of Commerce 1 Cornell Parkway, Springfield, NJ 07081 973-912-2300

Chairman: Scott Seidel Chamber Co-Chairman: Mike Scalera Networking Vice President: Elliot Merkin Recording Secretary: Tracy Geyer

## SPRINGFIELD, NJ

MAYOR: Christopher Capodice
DEPUTY MAYOR: Chris Weber
COMMITTEE MEMBERS:
Erica DuBois, Richard Huber
Alex Keiser

### **IMPORTANT PHONE NUMBERS**

All Emergencies	
(Police, Fire, Ambulance)	9-1-1
Police (Nonemergency)	973-376-0400
Fire (Non-emergrncy)	973-912-2265
Board of Education	
Construction Office	973-912-2220
Court	973-912-2213
Emergency Management	
Department	
Engineering Department	
Finance Department	
Fire Prevention Office	
Health Department	973-593-3079
Library	973-376-4930
Office of the Mayor	
Public Works Department	973-912-8483/2225
Recreation Department	
Recycling information	
Tax Assessor	
Tax Collector	
Township Administrator	973-912-2202
Township Clerk	
Vital Statistics/Registrar	
Zoning Office	973-232-4449

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## SCOTT SEIDEL, Editor-In-Chief

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## Message from the Mayor



As you are all aware, Governor Murphy has declared a State of Emergency in New Jersey as a result of the recent spread of the Coronavirus. There have been no confirmed cases in Springfield, NJ to date. Governor Murphy has recommended that public access to governmental buildings be limited in order to help prevent further spread. Municipal officials will be constantly monitoring the situation and will communicate any changes as applicable. After conferring with State and County

officials, along with our department heads, and my fellow Township Committee members I would like to share with you the following which will be effective Monday March 16th:

The Municipal Building will be open to the Public on Mondays from 8 am to 4 pm. On the days that the Municipal Building is closed, there will be a lock box outside of the building to drop off information. Employees will be at work to process anything you drop off.

Please stay tuned for additional updates.

Mayor Christopher Capodice, Sr.

## RECREATION DEPARTMENT MESSAGE

The Chisholm Community Center will be closed to the public starting, Saturday, March 14, 2020. We expect to reopen to the public on Monday, March 30, 2020. The Springfield Recreation Department at Chisholm will be closed to the public, but will maintain regular weekday office hours of 8:00 am-6:00 pm for business to be conducted by mail, email, phone, fax, Community Pass online, and a lock-box outside the Chisholm front entrance. There will be no in-person business transactions.

The after-school teen program in the Chisholm youth wing will be closed during this period. Senior citizen programs scheduled during this period at Chisholm will be cancelled or postponed, including, but not limited to: cooking class, bingo, cards, group exercise class, fitness room, Olive Garden bus trip, pickleball, and birthday bash luncheon. Chisholm will be closed to activities scheduled during this period, including, but not limited to: scrapbooking, indoor soccer, indoor basketball, indoor softball, indoor lacrosse, scouting, Combat Kids, Environmental Commission, Special Olympics, Sweet Samantha, Adult Zumba, Depression & Bipolar Support Alliance, AARP, women's volleyball, indoor floor hockey, Committee Against Corporate Personhood, Kiddies Kaleidoscope, line dancing, Springfield Unity Project, Stigma Free Springfield, Scrabble Club, Democratic Party, and U.S. Sports Institute. The senior citizen daily transportation service – which accepts reservation calls from 8:00-9:00 am for local trips from 9:00 am-4:00 pm – will continue to operate. Recreation Department staff members will be in touch with private party renters to discuss their individual party situations. The Kite Festival and Egg Hunt, scheduled for Saturday, April 4, 2020, at Chisholm Park, will not take place.

## **SPRINGFIELD PUBLIC LIBRARY MESSAGE**

The Springfield Free Public Library will be closed from Saturday, March 14th to at least Sunday, March 22nd. During that period materials will be automatically renewed and fines will not be charged. Please do not return library materials in the book and media drops during that time. Please use the library's online resources and downloadable e-books and e-audiobooks available through our website at www.springfield-publicibrary.com

## **TOWNSHIP MEETING DATES**

Due to the COVID-19 situation Meetings may be cancelled or held with public call in only. Please check on the Township's website springfield-nj.us for the most current information.

#### **TOWNSHIP COMMITTEE**

Workshop Meeting Monday, March 23 at 7 pm (cancelled) Regular Meeting, Tuesday, March 24, 7 pm Regular Meeting, Tuesday, April 14, 7 pm Workshop Meeting, Monday, April 27 at 7 pm Regular Meeting, Tuesday, April 28 at 7 pm

THE FOLLOWING MEETINGS MAY NOT BE HELD IN MARCH. PLEASE CHECK THE TOWNSHIP'S WEBSITE SPRINGFIELD-NJ.US

## PLANNING BOARD

1st Wednesday, 7:00 pm at the Municipal Building

## **BOARD OF ADJUSTMENT**

3rd Tuesday, 6:30 pm at the Municipal Building

## **BOARD OF HEALTH**

2nd Wednesday, 6:30 pm at the Firehouse

## RENT LEVELING BOARD

Last Thursday of month, 7:00 pm at the Municipal Building

#### **RECREATION COUNCIL**

Contact Recreation Department For Next Meeting Date and Time

#### **ENVIRONMENTAL COMMISSION**

3rd Monday, 7:00 pm at the Chisholm Community Center

### **LIBRARY BOARD OF TRUSTEES**

2nd Thursday, 7:00 pm at the Library





## HILTON GARDEN INN OASIS CATERING & CONFERENCE CENTER

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www.24hourfitness.com

Our Hilton Garden Inn Springfield, NJ hotel features spacious rooms, on-site dining, modern amenities, and elegant event space. Our OASIS CATERING & CONFERENCE CENTER is a wonderful venue for your next business meeting or family celebration. www.hgispringfield.hgi.com



## JENNY CRAIG WEIGHT LOSS CENTER

275 Route 22 - (973)-912-9151

No matter how you participate in Jenny Craig you will have a personal weight loss consultant handpicked to meet your unique needs. Your program will focus on the three cornerstones of your lifestyle change: Eat Well, Move More and Live Life. Millions of people have found success with Jenny's programs. With many ways to customize the experience we can help you develop a flexible plan that will help you reach your goals. Call today to set up a FREE consultation at Jenny Craig Springfield Center, and learn how to get started today. www.JennyCraig.com

## GREENDROP CHARITABLE DONATIONS

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## JACLYN M. HERZLINGER, SPRINGFIELD FIRST AID SQUAD MEMBER FOR 58 YEARS PASSES AWAY



Jaclyn M. Herzlinger was a member of the Springfield First Aid Squad for the past 58 years. Joining in 1963 she immediately got involved in educational training for the members something she had a real passion for. A Registered Nurse and Health Educator by trade she had a great deal of knowledge and education in the medical field. Jackie loved to teach the members of the Squad and they respected her knowledge and experience. She served as the Squad's Training Officer for many years, as well as the Captain, Crew Chief,

Trustee, and many Committee appointments. Jackie was also very involved in Girl Scouting in Springfield, serving as a leader and role model to many young women.

## **MEET THE PUBLIC DEFENDER!**

By Jennifer Sherman



Steven Goldstein was admitted to practice in New York State in 1992 and New Jersey in 1993. His primary law practice areas are personal injury and criminal defense. Steven attended the State University of New York at Albany and graduated from New York Law School. Steven Goldstein has served on the Springfield Township Committee, as Deputy Mayor, Mayor of Springfield and now serves as Public Defender. He is a well-respected member of the criminal defense community with significant experience and skills. He is dedicated to criminal defense work and wants to help his clients get the best possible results.

Sometimes life can take an unexpected turn that requires the services of an attorney. The municipal court in Springfield is responsible for handling traffic violations and petty disorderly and "disorderly persons" offenses. While not as serious as an indictable charge, disorderly persons convictions can have serious implications and do result in a criminal record. The Sixth Amendment guarantees all defendants facing possible jail time the right to assistance of legal counsel. You don't get to choose the Public Defender the court selects one for you. A Defendant in our municipal court is eligible for the Public Defender if they are charged with a traffic violation that could result in a loss of license (such as a driving while intoxicated or a criminal charge that could result in a jail sentence. The Municipal Public Defender represents those individuals who can not afford a private attorney to handle such matters. Public defenders have most likely appeared before your judge and negotiated on many prior occasions. They have been trained to identify the key legal issues and facts most likely to matter to a Judge and Jury. This experience gives them insight that translates into good advice and proven strategies. Remember that public defenders have a lot more experience in court than you do.

How do you become eligible for a Public Defender? Defendants must go through a financial screening process to see if they are eligible by the Court.

# The Union County Board of Chosen Freeholders is proud to announce 2020 summer camps at Trailside Nature and Science Center in Mountainside.

Online registration begins March 7th at 9:00 am for Union County residents. This year's camp and program offerings include:

- Pre-first Grade Camps
- Half/Full-Day Camps, Grade 1 6
- Full-Day Camp Grades 7 9
- Family Programs
- Evening Programs
- Sensory Friendly Special Needs Camps

For registration and detailed program information, please visit www.ucnj. org/trailside. If you do not have an account, please create one prior to Saturday, March 7th and make sure to include all family members. When registering please have emergency contact and child's physician information available. Please read all general and cancellation policies.



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## **TAX REVALUATION**

CONTINUED FROM FRONT PAGE

Some key points that were noted from the presentation:

Revaluation is not to raise taxes but to adjust the property assessment to the market value to eliminate disparity in assessments. The current property assessments in Springfield reflect the market value in 1985. Those values only represent approximately 1/3 of today's market value. The purpose of the Revaluation is to assess a property at the current market value so that everyone pays their fair share of the tax burden

Some concerns raised by residents were; when the job will start, what to expect when a representative comes to your home, how will the revaluation affect local property taxes, etc. The Revaluation Company has already started collecting data. The company states they plan on mailing out letters to Springfield residents very soon. The letter will introduce the company and include a brochure that explains the process and frequently asked questions. At this time, they can not anticipate what the new tax rate will be. It is obvious since our new ratable base will be higher than it is now in turn the new tax rate will be drastically lower than the current tax rate. The end result will be a fair equitable shared tax burden based on current real estate values.

The Township Committee meeting was viewed live on Facebook, You Tube and The Township's Official Website. The meeting is replayed on the local Television Stations, Channel 35 on Comcast and Channel 46 Verizon Fios.

## **MEN'S STREET HOCKEY ENTERS SPRING SEASON**



The Springfield Recreation Department's men's street hockey program recently completed its fall/winter season and began its spring season. Now in its second year, the program brings together close to 30 residents ages 21+ for weekly games at the Springfield Community Pool's outdoor hockey rink. Sponsors of the 2019-2020 season include: Smilow Family Dentistry, SPIRIT Eatery & Social Drinks, A&J Pereira Electrical Contractors, and LearnCPR.me (MGC Unlimited LLC). For info, contact the Springfield Recreation Department at (973) 912-2227.







## **HOME FIRES**

In just two minutes, a fire can become life-threatening. In five minutes, a residence can be engulfed in flames.

#### **LEARN ABOUT FIRES**

- Fire is FAST! In less than 30 seconds a small flame can turn into a major fire. It only takes minutes for thick black smoke to fill a house or for it to be engulfed in flames.
- Fire is HOT! Heat is more threatening than flames. Room temperatures in a fire can be 100 degrees at floor level and rise to 600 degrees at eye level. Inhaling this super-hot air will scorch your lungs and melt clothes to your skin.
- Fire is DARK! Fire starts bright, but quickly produces black smoke and complete darkness.
- Fire is DEADLY! Smoke and toxic gases kill more people than flames do. Fire produces poisonous gases that make you disoriented and drowsy. Asphyxiation is the leading cause of fire deaths, exceeding burns by a three-to-one ratio.

#### **BEFORE A FIRE**

## Create and Practice a Fire Escape Plan

In the event of a fire, remember that every second counts, so you and your family must always be prepared. Escape plans help you get out of your home quickly.

Twice each year, practice your home fire escape plan. Some tips to consider when preparing this plan include:

- Find two ways to get out of each room in the event the primary way is blocked by fire or smoke.
- A secondary route might be a window onto a neighboring roof or a collapsible ladder for escape from upper story windows.
- Make sure that windows are not stuck, screens can be taken out quickly, and that security bars can be properly opened.
- Practice feeling your way out of the house in the dark or with your eyes closed.
- Teach children not to hide from firefighters.

#### **SMOKE ALARMS**

A working smoke alarm significantly increases your chances of surviving a deadly home fire.

- Install both ionization AND photoelectric smoke alarms, OR dual sensor smoke alarms, which contain both ionization and photoelectric smoke sensors.
  - Test batteries monthly.
- Replace batteries in battery-powered and hard-wired smoke alarms at least once a year (except non-replaceable 10-year lithium batteries).
- Install smoke alarms on every level of your home, including the basement, both inside and outside of sleeping areas.
- Replace the entire smoke alarm unit every 8-10 years or according to manufacturer's instructions.
  - Never disable a smoke alarm while cooking it can be a deadly mistake.



One Cornell Parkway, Springfield, NJ 07081 www.cardinalpropertiesnj.com

## **24 HOUR FITNESS OPENS**

#### **CONTINUED FROM FRONT PAGE**

On February 22, 2020, just when so many New Year's fitness resolutions are falling to the wayside (according to U.S. News, 80% fail by February), 24 Hour Fitness® is opening a new, modern Springfield, NJ club to help residents stay on track. Catering to all styles and levels of fitness with a broad range of results-focused amenities, fun and challenging studio classes, and a friendly, knowledgeable staff, the 24 Hour Fitness experience will make members' journeys a whole lot easier to commit to throughout the year.

The 24 Hour Fitness® Springfield club grand opening event is scheduled for Saturday, February 22, 2020, 9:00 a.m. until 1:00 p.m., located at 75 US Highway 22, Springfield, NJ 07081. The community is invited to this free celebration, which includes club tours, prize drawings, group training demonstrations, innovative GX24® studio classes and more.

24 Hour Fitness and its network of nationwide clubs, including the new Springfield club, will not only offer members more choices but will help individuals get the results they want beginning with a free fitness assessment with a personal trainer and co-creation of a fitness plan—a "road map" to keep members on track during the first critical days of their fitness journey. The fitness industry leader is continuing to expand its New Jersey presence, with the Springfield club representing the 28th club in the New York/New Jersey area.

Founded in 1794, Springfield was one of the first townships in New Jersey and is overflowing with history dating back to the Revolutionary War, where it witnessed several battles. Today, with its charming neighborhoods, walkable downtown, 6,200 acres of parkland for biking, hiking and running, and historical landmarks, Springfield is a family-friendly township, just 25 miles southwest of New York City. New Jersey Magazine recently ranked it in the top 100 best places to live in the state, while Newsweek named Springfield's Jonathan Dayton High School one of the best in the country.

"We're excited to partner with the community to help members reach their 2020 fitness goals. Because the first few weeks are the most crucial when you're developing a fitness routine, we offer all our new members our personalized 7-day fit plan when they start" said Christian Cruz, General Manager. "It's a one-of-a-kind collaboration between the member and a fitness professional for the first week of the fitness journey to ensure the member is comfortable and confident with their plan and on a path to accomplish all their goals."

The modern new 38,000 square foot club features quality amenities, including:

GX24® and cycle studios

- Popular classes such as Zumba®, BodyPump® and POP Pilates workouts included with membership
- Hundreds of virtual classes available on demand, for times when you want to take a class on your own or with friends
- Personal and small group training programs, designed to elevate performance and motivation\*
- Rows of cardio and strength machines, plus free weights for every level of fitness
- Dedicated zones for TRX® resistance training, core work, stretching, functional and sports-specific workouts
- Multi-functional Olympic Training rig, used by athletes and fitness enthusiasts for both high-intensity training and Olympic lifting
- Practice Basketball Court
- Indoor lap pool for swim workouts
- Whirlpool and sauna for relaxation and recovery
- Spacious locker rooms with private showers
- Pro shop for convenient access to nutritional products and snacks
- \*Additional fees apply

24 Hour Fitness offers a network of more than 440 locations nationwide, as well as signature content and programming including:

- 24GO® Personalized Fitness App, takes the guesswork out of fitness with workouts in the gym, at home and on the go
- Fit:Perks® Rewards program, featuring exclusive sweepstakes, deals and VIP passes
- 24Life® digital magazine, packed with ideas and lifestyle advice from world-class experts and celebrities on how to think, eat, move and recover better



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www.Springfield-nj.us or call 973-467-3388





## **RECYCLING TIPS**



Toss it? No way!

Bring broken and beloved items to be fixed for free at the Repair Cafe, Saturday, March 28 from 11:00 am to 2:00 pm at Christ Church in Summit. This event is sponsored by GREEN SUMMIT and includes repairs for small electronics/digital cameras, bicycles, jewelry, sewing/textiles, plants/gardening, and furniture/ things made of wood.

## YOU TOO CAN SAVE A LIFE!

The Cadets of the Springfield First Aid Squad will be hosting their annual Community Health Day on Sunday, April 26, 2020 from 10am-3pm right in front of their building (across from Town Hall) at 10 North Trivett Avenue. This year's event will be centered around helping the New York Blood Bank collect blood donations. Stop by and tour one of their three ambulances, watch a CPR demonstration, get your blood pressure checked and donate some blood! All of these can help you potentially save a life! Please come by even if you can't donate blood. It will be a great day to bring the kids, get your blood pressure checked, and learn new things about health and safety. There will also be fun games for kids to

Please use the link below to book your appointment to donate blood. The Springfield First Aid Squad looks forward to seeing you and is always appreciative of your support. https://donate.nybc. org/donor/schedules/drive schedule/278075

## PATRIOT PROFILES

Organizations and People that make a Difference in Springfield

By John Cottage Sr.

## **ELIZABETH J. FRITZEN SWORN IN AS** PRESIDENT OF SPRINGFIELD FIRST AID SQUAD



At a Township Committee meeting earlier this year, the members of the Springfield First Aid Squad participated in their annual swearing in ceremony. At that time, Elizabeth J. Fritzen was sworn in as President. That might seem newsworthy. It might - but 2020 happens to be the 15th year that Liz has been sworn in as President of the Springfield First Aid Squad.

That's only one piece of the story. Liz joined the squad in 1974 when she was a senior in high school. At the time, both her Father and Mother were already squad members. If you count the years of volunteer service to the Squad by her immediate family, it adds up to over 139 years of service!!!

When Liz joined the squad, she did so with her best friend Linda Schramm Maas. Over the past 46 years, Liz has served the squad in many roles including both as the 1st Lieutenant and long time Captain. Liz has been a 'riding' member of the squad for all those years as well.

Known as part of the "Thursday Night Crew", aka 'Liz and Linda', she has responded to thousands of emergency calls within the township helping its residents with all types of medical emergencies.

In an exclusive interview with the Patriot Times, Liz Fritzen said "I have been proud to have been an

integral part of this 71 year old lifesaving organization for the last 46 years. It's a way of life. You find a way to fit it in with your other responsibilities. I am humbled that the membership has had the confidence in me to have senior leadership roles both as the Captain of the Squad and as the Squad's President. The success of our organization means a great deal to me and I have the same energy and compassion today that I've always had. Our members are the greatest"

The squad is always looking for new volunteers. The rewards are many. Anyone interested in finding out more should visit their website at www.SpringfieldFAS.org

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## **FEBRUARY CHAMBER MEETING**

CONTINUED FROM FRONT PAGE



Deputy Mayor Chris Weber (left) and Township Business Administrator John Bussiculo (second from right)

The meeting concluded with the meeting sponsor, Keller Williams Mid-Town Direct Realty telling the group about its services and Springfield based salesforce. Their seasoned professionals with proven track records can mean the difference between a smooth transition and a major disaster. Their track record for success proves that they never settle for business as usual. Committed to always providing the highest level of service, they will professionally and effectively guide you through all aspects of buying or selling a house. Keller Williams Mid-town Direct Realty, 223 Mountain Avenue, Springfield, NJ 07081 at 973-467-6767 helps make your moving easy.

# HENSHAW PARK PLAYGROUND EXPANSION COMPLETED



The Springfield Recreation Department completed the planned expansion and upgrades to the Henshaw Park playground in early-March. Improvements included a major expansion to the playground footprint, relocation of the ADA-accessible entry ramp, replacement of some playground borders, replenishment of woodcarpet, and the addition of the following brand new equipment: Trigon Arch Climber, Athletic Arch, Apex Arch Climber, Meta

Rocker, Orb Rocker, Rain Wheel Panel, Snare Drum, Tom Tom Drum, and Dynamic Surfer. Equipment was purchased from Ben Shaffer Recreation and installed by Corby Associates. The project was co-financed by the Township of Springfield and the County of Union's Kids Recreation Trust Fund Grant.

# ANTHONY CIOFFI DEFENSIVE BACK FOR THE NY JETS STOPS BY REGAL BANK



(l to r) Monte Ehrenkranz, Anthony Cioffi, Anna Pedreiras & Wilmer Ulizio

Anthony Cioffi, newest defensive back for the NY Jets stopped by Regal Bank in Springfield last week.

### **GERMS: PREVENT THEIR SPREAD**

Here are some simple tips to help keep respiratory infections and many other contagious diseases from spreading, especially during the cough, cold and "flu" season.

#### Keep your germs to yourself:

- · Cover your nose and mouth with a tissue when sneezing, coughing or blowing your nose.
- · Discard used tissues in the trash as soon as you can.
- Always wash your hands after sneezing, blowing your nose, or coughing, or after touching used tissues or handkerchiefs.
- Use warm water and soap to wash your hands for at least 20 seconds. If you don't have soap and water, use alcohol-base hand gel or disposable wipes.
- Try to stay home if you have a cough and fever.
- See your doctor as soon as you can if you have a cough and fever, and follow their instructions.
   Take medicine as prescribed and get lots of rest.
- If asked, use face masks provided in your doctor's office or clinic's waiting room. Follow office or clinic staff instructions to help stop the spread of germs.

#### Keep the germs away:

- Wash your hands before eating, or touching your eyes, nose or mouth.
- · Wash your hands after touching anyone who is sneezing, coughing or blowing their nose.
- Don't share things like towels, lipstick, toys, or anything else that might be contaminated with respiratory germs.
- Don't share food, utensils or beverage containers with others.

## **TRYCAN SPECIAL NEEDS**

CONTINUED FROM FRONT PAGE



Buddy Up creator Sammy Levy with his family on event day (from left: Dan, Sammy, Gina, Jack and Max Levy)

Levy, a 7th grader, partnered with a Summit-based charity called tryCAN Special Needs for a "Buddy Up" day as part of his Bar Mitzvah project. Dozens of Springfield students spent President's Day making a difference in the lives of children with special needs, thanks to the brainchild of Florence Gaudineer Middle School student Sammy Levy. Levy, a 7th grader, partnered with a Summit based charity called tryCAN Special Needs for a "Buddy Up" day as part of his Bar Mitzvah project.

Local athletes, ages 12 and up, participated in a mentor training program and then paired up with children with intellectual and developmental disabilities to play sports, be active and have lunch together. More than 50 kids from Springfield and nearby towns volunteered at the event, which raised \$2000 for a new inclusion program at Summit's summer camp. Levy said, "It was a bonding experience for all of the kids involved. It was something that we will all remember for many years to come." TryCAN collaborates with Springfield and other local communities to offer inclusive recreation and social development programs for children with special needs. For more information on tryCAN, please contact David Guida at dguidajr@cityofsummit.org.

## **ANNUAL GIRL SCOUT PAJAMA PARTY**



90 Girls from town representing every level of Girl Scouts, Daisies, Brownies, Juniors, Seniors and Ambassadors attended the annual Pajama Party. This year's theme was 'Hear Me Roar' where girls practiced ways to communicate and find their voices through various games and activities. Every year the girls collect new pajamas for children in need and donate the pajamas to The Pajama Program. This year they collected almost 100 pairs of pajamas. For more information on The Pajama Program please go to www.pajamaprogram.org.



Emergency Management Coordinator oemcoordinator@springfield-nj.us

## CAR SAFETY TIPS FOR EMERGENCIES

Keep your gas tank full in case of an evacuation or power outage.

Do not drive through flooded areas. Six inches of water can cause a vehicle to lose control or stall. A foot of water will float most cars.

Be aware of areas where floodwaters have receded. Roads may have weakened and could collapse under the weight of a car.

The emergency could impact the stability of the roadway, avoid overpasses, bridges, power lines and other hazards.

If a power line falls on your car, stay inside until a certified professional removes the wire.

If there are situations that make it difficult to control the vehicle, pull over, stop the car and set the parking brake.

Keep an emergency kit in your car. Items you should include:

Jumper Cables Reflective triangle Car phone charger Blanket Map



## Police Chief's Column - Chief John P. Cook

# PHONY IRS SCAMS CONTINUE TO TARGET RESIDENTS

Despite the many warnings law enforcement agencies, news outlets, and other consumer groups issue, IRS scams continue to occur, and people continue to be victimized by these criminals. The following information will help you to identify such scams, and will hopefully prevent you from falling victim to one of these schemes.

## **IRS Telephone Scam**

Fraudsters, claiming to be agents with the Internal Revenue Service (IRS) or U.S. Treasury Department, will make random phone calls to people and "inform" them that they owe taxes or some other type of fine. Victims will be threatened with arrest, deportation, or other legal actions unless they immediately pay a specified amount of money. On some occasions, the caller may even say that officers from the Springfield Police Department are on the way to arrest the victim

If a victim agrees to make the immediate payment for the back taxes and/or fines, the caller will require the payment to be made with pre-paid type of debit card (such as Green Dot Visa, I-Tunes Card, etc.) or by wiring the money directly (Western Union, Money Gram, etc.) With the pre-paid cards, fraudsters can retrieve the funds by merely having the victim read off certain numbers from the rear of the card. Sometimes, fraudsters will even direct victims to the nearest business where the cards or money-wire facilities are available.

Fraudsters are beginning to use computerized robocalls to increase the amount of people targeted. Automated phone recordings purporting to be messages from the IRS, indicating there are problems with your taxes or recently filed tax returns, are becoming more common. The messages contain call-back numbers which will then directly connect the victim with the actual fraudsters. If you listen closely to these calls, you may notice the person speaking has a foreign accent, uses incorrect words or phrases, or has incorrect sentence structure, as many of these scammers operate from overseas.

#### **IRS Email Scam**

Fraudsters will send very authentic looking e-mails, purporting to be from the IRS, "notifying" you of a problem with your taxes. These emails may even contain the actual logos for the U.S. Treasury Department or IRS within the e-mail. Victims will be prompted to click on a link to get the "full information" about the problem.

These bogus links will take the victim to websites which contain fraudulent payment prompts and blank fields to input credit card, bank, and other protected personal information. Fraudsters will use these fake websites to steal your identity information, and possibly infect your computer with viruses or other types of ransom-ware programs.

#### **IRS False Tax Return Scam**

Another scam that occurs this time of year involves fraudsters utilizing your identity information to file fraudulent tax returns. The fraudulent returns will contain your true personal information, but will utilize a different address for the refund payment.

Once the IRS processes multiple return documents with the same Social Security Number used, they will contact you via US Mail, or sometimes by phone.

However, real agents from the IRS will understand if you question the legitimacy of the call, and will instead direct you to initiate contact yourself by visiting their real website at www.IRS.gov . They will not ask for any personal information or account numbers over the phone.

### IMPORTANT TIPS TO REMEMBER......

- The IRS will not contact you by telephone to request an immediate payment for back taxes, unfiled returns, or any other penalties. The IRS uses the US Mail as the primary method of contact.
- Do not click on links in e-mails purporting to be from the IRS in which you are asked to make some type of immediate payment. Write down the information from the e-mail and initiate contact with the IRS yourself by visiting www.IRS.gov , or by finding the telephone number for your nearest IRS field office.
- The IRS, like any other agency that has the power to seek the issuance of a warrant for your arrest, will never call you in advance to inform you of a warrant AND agree to dismiss a warrant in lieu of some type of monetary payment. If an actual warrant is issued for your arrest, you may be able to post bail, but you will first be arrested. Any telephone caller who suggests you can make a payment as a way to avoid being arrested is a fraud.

If you receive one of these communications and are unsure if it is legitimate, please call the Springfield Police Department before you give out any personal information, agree to transfer money, or make any payment. We can help you determine if the correspondence is real or a fraud, and prevent you from becoming another victim.



# MARCH IS IN LIKE A LION AND OUT LIKE A LAMB, BUT, WE'RE ALWAYS HERE FOR YOU!





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P: (973) 564-7717 F: (973) 564-7719

E: mike@mikescalera.com W: www.mikescalera.com





www.springfield-nj.us/recreation · www.facebook.com/springfieldnjrec

## CROSS COUNTRY TEAM

## **Spring 2020 • Grades 3-9**

Coach Mike Czech is back this Spring! New and returning team members are encouraged to join for professional training, endurance running, and 5K

The Cross Country Co-ed Team is open to Springfield and Mountainside residents and children in schools in those municipalities. The team practices on WEDNESDAYS and FRIDAYS from 4:30-5:30 pm at Meisel Avenue Park.

PRE SEASON: Monday, March 2nd-Tuesday March 31st Train on your own with a program provided by the coach.

RACE SEASON: Wednesdays and Fridays, April 1st-Sunday, May 24th 4:30–5:30 pm (End date may be extended once all races are finalized.) 5K races will be scheduled on weekends.

TWO FEES: \$85 (Payable to Township of Springfield. See below for payment options.) \$225 (Payable to Coach Mike Czech)

INCLUDES: Uniform to keep, pre-season training program, professional coaching instruction, 5K race entry fees, and end-of-season party. No refunds after Monday, March 2nd. Refunds are subject to \$15 fee, per ordinance.

Register by mail or in person at the Springfield Recreation Department. Or register online at https://register.communitypass.net/springfield with a Visa, Mastercard, or Discover (\$0 processing fee for credit cards).

Chisholm Community Center • 100 South Springfield Avenue • (973) 912-2227 Monday-Friday @ 8:00 am-6:00 pm

Contact Daniel Hesse, Recreation Program Coordinator, at daniel.hesse@springfield-nj.us.

The Springfield Recreation Department is a member of TryCAN, a multi-community collaboration that provides a variety of recreational programs for youth with special needs. For more information on program offerings or to register, please visit http://summitcommunityprograms.com/156.

## **ZUMBA WITH AMY LAUREN! DITCH YOUR WORKOUT AND JOIN THE PARTY!** SPRING INTO YOUR SUMMER BODY!

**CO-HOSTED BY:** 

SPRINGFIELD RECREATION DEPARTMENT 100 S. SPRINGFIELD AVE., SPRINGFIELD, NJ 07081



© @SLAYINWITHAMY

## **SPRING 2020**

**ENDS TUESDAY, MARCH 24** 7:00 - 8:00 PM

QUESTIONS: SLAYINWITHAMY@GMAIL.COM





## **INTERESTED IN SCRAPBOOKING?**

The Recreation Department hosts a scrapbooking meet-up at Chisholm Community Center one Saturday per month. If you are interested in learning more about the art and hobby of scrapbooking, or want to bring your own supplies to the meet-up and have company to scrapbook with, contact the Recreation Department at (973) 912-2227 or recreation@springfield-nj.us for more info.



## FREE SENIOR CITIZEN BUS SERVICE

www.springfield-nj.us/recreation



Call the Springfield Recreation Department at (973) 912-2227 between 8 am -9 am on the morning of your transportation need. Bus service is unavailable on municipal holidays and days of certain bus trips.

The bus service runs from 9 am-4 pm. The bus is equipped with a passenger lift for wheelchairs. Other riders should be able to board and depart the bus independently.

## SENIOR CITIZENS CELEBRATE BLACK HISTORY MONTH WITH LUNCHEON



On Thursday, February 20, close to 100 senior citizens from Springfield, Summit, and Union congregated at the Chisholm Community Center for the annual Black History Month presentation and luncheon, co-sponsored by the Springfield Recreation Department and the Springfield Senior Citizens Club. The event featured a welcome by Betty Walker, pledge of allegiance by Director of Recreation Adam Lieb, senior citizen prayer by Club President Margaret Bandrowski, musical selections by the Vauxhall Senior Chorus conducted by Carey Leslie, honoring of black statesmen by Sherri Franklin and Synthia James, blessing by Carol Surgeon, presentation on the 761st Tank Battalion by Peter Kessel, and closing prayer by Rev. Judy Copeland. Lunch was catered by Southern Comfort Cafe of Orange, and served by Assistant Director of Recreation Brendan O'Reilly, Recreation Program Coordinator Daniel Hesse, Recreation Assistant Corie Myers, and Recreation Bus Drivers Tony Losito and Don Wilkenfeld.



www.springfield-nj.us/recreation · www.facebook.com/springfieldnjrec



## RICCI RAJOPPI **APPOINTED** RECREATION **PROGRAM** COORDINATOR FOR SENIOR CITIZENS

The Springfield Recreation Department welcomes Ricci Rajoppi as the new Program Coordinator. Ricci, a Springfield resident and graduate of Jonathan Dayton High School, will focus on senior citizen services, programs, and trips. She earned a Bachelor of Arts degree from Montclair State University

with a major in Exercise Science and a minor in Nutrition and Food Science. Ricci previously served as the Director of Chisholm Playground Camp in 2017 and 2018, and has professional experience as an athletic recovery specialist, certified personal trainer, and campus recreation center facilities staff member.

For more information on senior citizen services provided by the Springfield Recreation Department, Ricci can be reached at (973) 912-2227 and ricci.rajoppi @springfield-nj.us.

## Winter / Spring Sports Programs



In association with the **Springfield Recreation Department** 

## SCHOOL'S OUT MULTI SPORTS CAMPS

Age	Day	Start Time	End Time	Start Date	End Date	Price
5 to 11	Mon	9:00 AM	4:00 PM	4/6/2020	4/10/2020	\$65

## **WEEKLY SQUIRTS CLASSES**

ı	Sport	Age	Day	Start Time	End Time	Start Date	<b>End Date</b>	Price
I	Senior Squirts Soccer	5 to 6	Sat	9:00 AM	10:00 AM	3/7/2020	3/28/2020	\$134
I	Squirts Soccer	3 to 5	Sat	10:00 AM	11:00 AM	3/7/2020	3/28/2020	\$134
I	Parent & Me Soccer Squirts	2 to 3	Sat	11:00 AM	12:00 PM	3/7/2020	3/28/2020	\$134

## All classes take place at Chisholm Community Center

LIMITED SPACE

Registration: Online or by phone. Register soon as these classes typically sell out!

Ages 2-11 **All Abilities Boys & Girls** 

**CONTACT USSI** Online: USsportsInstitute.com

Phone: (800) 345-BALL

Email: Info@USsportsInstitute.com

## FREE UNION FLAG RUGBY CLINIC

## For Springfield Residents

Saturday April 11, 2020 10-11:30 am Co-Ed, Non-Contact, Youth Flag Rugby

@ The Chisholm Community Center, 100 S Springfield Ave

Springfield Township, NJ 07081

Grades: Kindergarten-8th grade **Bring:** Sneakers and Water Bottle

Learn: Basics of Flag Rugby Teamwork,

Ball Skills, Basic Rules

A Ton of Fun!! Have:



Special Thanks To: Springfield Recreation Department

Like us: Facebook -Union Flag Rugby • Email us: UnionFlagRugby@Gmail.com Find us: www.MudturtleRFC.com

## **SENIOR CITIZEN ACTIVITIES** MARCH/APRIL 2020 CALL (973) 912-2227 FOR MORE INFORMATION

Monday, March 16 - Shop-Rite cooking class @ 10:30 am (RSVP), Bingo @ 12:30 pm

Tuesday, March 17 - Cards @ 11:30 am

Wednesday, March 18 - Exercise class @ 11:00 am, bus trip to

Olive Garden @ 11:00 am (RSVP)

Thursday, March 19 - Pickleball @ 10:00 am-12:00 pm

Friday, March 20 - Cards @ 1:00 pm

Monday, March 23 - Bingo @ 12:30 pm

Tuesday, March 24 - Pickleball @ 10:00 am-12:00 pm, cards @ 11:30 am

Thursday, March 26 - Club birthday luncheon @ 12:00 pm (RSVP)

Friday, March 27 - Exercise class @ 11:00 am, cards @ 1:00 pm

Monday, March 30 - Bingo @ 12:30 pm

Tuesday, March 31 - Exercise class @ 10:00 am, cards @ 11:30 am

Wednesday, April 1 - Bus trip to Star Tavern @ 11:00 am (RSVP)

Thursday, April 2 - Pickleball @ 10:00 am-12:00 pm

Friday, April 3 - Exercise class @ 11:00 am, cards @ 1:00 pm

Monday, April 6 - Bingo @ 12:30 pm

Tuesday, April 7 - Cards @ 11:30 am

Monday, April 13 - Bingo @ 12:30 pm

Tuesday, April 14 - Pickleball @ 10:00 am-12:00 pm, cards @ 11:30 am

Wednesday, April 15 - Exercise class @ 11:00 am

Thursday, April 16 - Club monthly meeting @ 11:00 am (RSVP)

Friday, April 17 - Exercise class @ 11:00 am, fitness room orientation with Ricci @ 12:00 pm, cards @ 1:00 pm

**WEEKDAYS:** 

Computer Lab and Fitness Room @ 8:00 am-6:00 pm Billiards @ 8:00 am-2:30 pm

## SWIM TEAM 2020

Register by mail, in-person, or online Chisholm Community Center 100 South Springfield Avenue Springfield, NJ 07081 (973) 912-2227 https://register.communitypass.net/springfield (\$0 processing fee for credit card transactions) Visa, Mastercard, and Discover only. Parent Meeting Wednesday, May 20 @ 7:00 pm Springfield Community Pool



PARENTS ONLY. This meeting is especially important for new families. Wednesday, May 20, 2020, at 7:00 pm, at the Springfield Community Pool.

Two Fees: \$95 payable to: Township of Springfield \$20 payable to: Swim Team Parent Association (separate check only)

PRACTICE WILL BEGIN AFTER SCHOOL ON TUESDAY, JUNE 9th, as follows: Tuesday, June 9th; Wednesday, June 10th; and Thursday, June 11th: 4:15-5:00 pm -Tryouts for 8 & Unders ONLY

Tryouts are for all new 8 & Unders, as well as 8 & Unders who were on the Developmental Team last year. 8 & Unders who were on the Regular Team last year do not need to try out. Any children ages 9-17 do not need to try out, but must be able to swim freestyle for 25 meters (1 lap) without stopping, and be comfortable swimming in deep water in order to be on the team.

Attention Parents of 8 & Unders: Please stay after practice on Thursday, June 11th. 5:00:5:45 pm - 10 & Under Practice • 5:45-6:30 pm - 11 & Over Practice

Tuesday, June 16th; Wednesday, June 17th; and Thursday, June 18th: 4:15-5:00 pm - Developmental Team Practice • 5:00-5:45 pm - 10 & Under Time Trials 5:45-6:30 pm - 11 & Over Time Trials

> Monday, June 22nd and Tuesday, June 23rd: 4:15-5:00 pm – Developmental Team Practice 5:00-5:45 pm - 10 & Under Practice/Time Trial Make-Ups 5:45-6:30 pm - 11 & Over Practice/Time Trial Make-Ups

Championships week of July 27th and Awards Dinner on Friday, July 31st. Morning practice will begin on WEDNESDAY, June 24th, and will run through the entire month of July.

karen.bocian@springfield-nj.us



www.springfield-nj.us/recreation · www.facebook.com/springfieldnjrec

Where:

**Contact:** 

## TOWNSHIP PRESENTED WITH AWARDS FROM STATE RECREATION ASSOCIATION

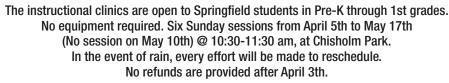


The Township of Springfield was presented with two prestigious awards from the New Jersey Recreation and Park Association (NJRPA) at the annual conference on Tuesday, February 25, at Harrah's Waterfront Conference Center in Atlantic City. The Springfield Community Pool clubhouse, dedicated in May 2018, received the Excellence in Design Award - Aquatic Facility. The Springfield Recreation Department's Pride Month Event, held in May 2019, received the Excellence in Programming Award - Cultural Arts Programming. Director of Recreation Adam Lieb and Assistant Director of Recreation Brendan O'Reilly (pictured, center) accepted the awards.

## **CO-ED LACROSSE CLINICS**

Spring 2020 • Pre-K, K, & 1st

Interested in trying a new sport? Join Springfield Lacrosse Club's Spring clinics!



Fee: \$75 Payable to Township of Springfield. Register by mail or in-person with cash, check, or money order. Or register online with a Visa, Mastercard, or Discover at <a href="https://register.communitypass.net/springfield">https://register.communitypass.net/springfield</a>. (\$0 processing fee)

Payments must be made prior to the first clinic. Includes: coaching, loaned stick (if needed), balls, shirt

Chisholm Community Center • 100 South Springfield Avenue • Monday-Friday, 8:00 am-6:00 pm (973) 912-2227 • www.springfield-nj.us/recreation

Questions? Contact Daniel Hesse, Recreation Program Coordinator, at daniel.hesse@springfield-nj.us



Join us for some fun Nerf games!
Children from age's 8-12 play games like Capture the Flag, Freeze Tag and Survivor. We provide Nerf blasters, foam darts and safety goggles. Play time is 1 hour for 6 weeks on Mondays for only \$125 at Chisholm Community Center, 100 South Springfield Avenue, Springfield, NJ 07081.

## **SPRING 2020**

Session 1 - Mondays, March 2nd-April 13th (no class April 6th) 6:00-7:00 pm Session 2 - Mondays, April 20th-June 1st (no class May 25th) 6:00-7:00 pm

To register please complete, sign and return waiver form and pay via Venmo @ Vanggie Weber Any questions please call Vanggie Weber 973-494-4082 or Email: combatkidsfunparties@gmail.com

#### RULES

- Eye wear must be worn at all times. Do not remove eye wear until the game has concluded and participant has exited the gym.
- Players must not push or prevent another player from advancing on the gym floor.
- Any person under the age of 18 must have parental consent to play.
- · Absolutely no modifications to Nerf blasters.
- Players must only use the foam darts provided by the staff.
- During the game everyone must follow instructions and all safety rules.
- Failure to comply will result in termination from the game(s).°

## **TEEN AFTER SCHOOL PROGRAM**

Who: FREE to Springfield residents in 6th-12th grades
What: Basketball, volleyball, lounge games, TV, quiet study

supervised by Recreation Dept. staff

Chisholm Community Center, 100 South Springfield Ave

When: School Year: Monday-Friday (closed municipal holidays) 2:30-8:00 pm

**How:** Handbook, registration form, photo ID

(973) 912-2227, recreation@springfield-nj.us

www.springfield-nj.us/recreation www.facebook.com/springfieldnjrec

# ADULT SPORTS LEAGUES MEN'S OPEN PLAY 35+ BASKETBALL

This is a non-competitive program for players ages 35 and older.

Basketball will be held on most Wednesdays at Jonathan Dayton High School from 7:00-9:00 pm and on most Sundays at Florence Gaudineer Middle School from 8:00-10:00 am.

PROGRAM RUNS SEPTEMBER 2019 - AUGUST 2020 Open to Springfield residents and non-residents who were previously enrolled.

## **WOMEN'S OPEN PLAY 21+ VOLLEYBALL**

This is a non-competitive program open only to players ages 21 and older who are Springfield residents.

Volleyball will be held on Tuesdays from September 2019 to August 2020

from 8:00-10:00 pm, at the Chisholm Community Center Lee Adler Memorial Gymnasium.

You will be notified in advance of gym closures due to holidays, inclement weather, or scheduling conflicts.

FEE: \$25 REGISTRATION FORM, COPY OF DRIVER'S LICENSE, AND

FEE ARE DUE PRIOR TO YOUR FIRST DAY FOR ALL ABOVE PROGRAMS

## **MEN'S OPEN PLAY 21+ STREET HOCKEY**

Men age 21+ who reside in Springfield. Pick-up games. Street hockey court at Springfield Community Pool, 44 Morrison Road. **Thursdays, from March 12th - May 14th** (game days could change due to weather) **6:30-8:30 pm** (end time may be adjusted). \$20 per person.

Includes: Balls, goals, lights, netting, loaned goalie equipment **Not Included:** Jersey, stick, protection

## Register in person or by mail to:

Springfield Recreation Department Chisholm Community Center 100 South Springfield Avenue, Springfield (973) 912-2227 (973) 912-8584 fax www.springfield-nj.us/recreation • Email recreation@springfield-nj.us

## RUNNING CLUB SPRING 2020 • Grades K-8<sup>th</sup>

Physical fitness training is an important life lesson for all children and young athletes. In the Running Club, children learn to run faster over short distances. Agility drills and injury prevention techniques will also be covered, as well as an introduction to endurance running. The Running Club is open to Springfield residents and children in a school in Springfield. A minimum of six children is required. In the event of inclement weather, every effort will be made to reschedule outdoor classes.



Our co-ed Running Club with Coach Mike Czech helps improve your child's speed and agility!

Mondays from March 30th-May 4th, at Chisholm Community Center Grades K-2nd @ 4:30-5:00 pm Grades 3rd-8th @ 5:00-6:00 pm

#### Session 2

Mondays from May 11th–June 22nd, at Meisel Avenue Park (no class on Monday, May 25th)

Grades K-2nd @ 4:30-5:00 pm Grades 3rd-8th @ 5:00-6:00 pm

Cost: \$80 per session (payable to Township of Springfield)

Includes: Professional coaching instruction, apparel item Refunds: Not provided within two weeks of session start date. Refunds are subject to \$15 admin. fee, per ordinance.

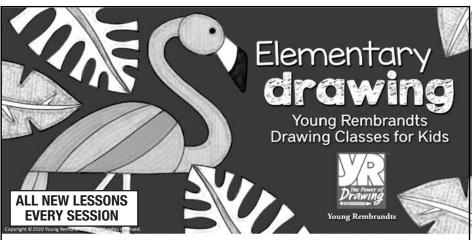
Chisholm Community Center • 100 South Springfield Avenue • (973) 912-2227

Monday-Friday @ 8:00 am-6:00 pm daniel.hesse@springfield-nj.us

Register at https://register.communitypass.net/springfield with a Visa, Mastercard, or Discover (\$0 processing fee). Or, register by mail or in person at the Springfield Recreation Department.

SRD Springfield Recreation Department

www.springfield-nj.us/recreation · www.facebook.com/springfieldnjrec



## Ages 6 - 12 • Elementary Drawing

Its spring time and that can mean only one thing: SPRINGTIME DRAWING WITH YOUNG REMBRANDTS! If your children are baseball fans, they will love our baseball still life lesson. Learning about warm colors and cool colors will be the focus as our artists draw a detailed exterior of a house. We'll also learn about legend-ary artist Edward Hopper as we recreate one of his masterpieces. Finally, we'll take an imaginary trip to Japan and learn about the artistry of the kimono. Sign up for classes today!

Classes: Wednesdays April 1 to May 27-(4:45pm to 5:45pm)
No Class 4/8 • Tuition: \$115 (8 Week Session)

## Ages 3 - 5 • Preschool Drawing

April showers bring May flowers and springtime is the right time to sign up your pre-schooler for a Young Rembrandts class! We will begin our adventure with an imaginary trip to the hardware store as we illustrate and learn about different tools. We'll continue to stomp away springtime boredom as we draw and color a mighty dinosaur. The sky is the limit as we draw a colorful, patterned butterfly. And we'll soar to new heights with our fantastic kite drawing. There's no better time than now to enroll your student!

Classes: Wednesdays April 1 to May 27-(3:45pm to 4:30pm)
No Class 4/8 • Tuition: \$106 (8 Week Session)

## Ages 6 - 12 • Elementary Cartooning

Does your child have a great sense of humor to complement his or her artistic skills? If so, your child will LOVE a Young Rembrandts Cartoon class. Our students will learn how to personify inanimate objects, as they breathe life into everyday clocks. Popular pets will also see the cartoon treatment as they're transformed into colorful characters. Then we will imagine ourselves traveling to far away worlds as we illustrate amazing alien beings. We will also demonstrate to our students that drawing toys can be just as much fun as playing with

Classes: Wednesdays April 1 to May 27-(6:00pm to 7:00pm) No Class 4/8 • Tuition: \$115 (8 Week Session)

**All Classes at Chisholm Community Center** 

www.youngrembrandts.com/middlesex-union Enroll by April 1, 2020 • 908-405-4854



# SPRINGFIELD POOL CAMP LOOKING FOR FUTURE LEADERS!

## LEADER IN TRAINING PROGRAM

THE L.I.T. PROGRAM GIVES TEENS AN OPPORTUNITY TO LEARN FROM COUNSELORS TO HELP CAMPERS.

- EXPERIENCE SWIM, SPORTS, ARTS & CRAFTS, TRIPS, & MORE!
- INCOMING 9TH & 10TH GRADERS UNDER 15 YEARS OLD
- WEEKS RUN FROM WED., JUNE 24-FRI., SEPT. 4
- \$75 PER WEEK
- SPOTS ARE LIMITED. APPLICATION AND INTERVIEW ARE REQUIRED

Applicants should contact Springfield Recreation Department at (973) 912-2227 or brendan.oreilly@springfield-nj.us for more Info



only \$225 for up to four hours.

CALL RECREATION DEPARTMENT (973) 912-2227



#### Pool Opens Memorial Day Weekend! May 23, 24 & 25

## POOL AND CAMP REGISTRATION OPEN

The Springfield Community Pool opens in two months. Convenient 24/7 online registration is open at https://register.communitypass.net/springfield for pool member-ship, pool camp, pool camp trips,

Swim Team, swim lessons, and Chisholm Playground Camp! There is \$0 fee for credit card transactions. Save time, pay online! You may also register in-person in the Springfield Recreation Department at the Chisholm Community Center (100 South Springfield Avenue) on weekdays from 8:00 am-6:00 pm, or by mail. Visit the Springfield Recreation Department website at http://www.springfield-nj.us/recreation to download summer program information. Contact the Springfield Recreation Department at (973) 912-2227 or recreation@springfield-nj.us.

New for 2020 \$0 processing fee for credit card transactions! Save time, pay online! Early Entry pool membership! We are offering a new add-on membership category for full memberships only (not weekend/holiday memberships) that will provide 9:00 am-12:00 pm access on Wednesdays to members who bring children under age 4. The baby pool and playground will be available. No guest passes will be sold for Wednesday morning early entry. Choose your own 2-week pool camps! 2-week sessions of pool camp (D, E, F), Before Care, and After Care are now choose your own 2-weeks, rather than consecutive 2-week sessions of the past. These sessions are still sold in packages of 2-weeks. You may purchase more than one package of 2-weeks. Extra week of summer! Due to the summer calendar, school closing/opening dates, and late Labor Day, there is an extra week of summer at the pool! As a result, we are offering a third extended week of pool camp, Camp L.

Leader In Training (L.I.T.)! We are offering a new pre-counselor program for children under age 15 who will be entering 9th-10th grades. There is a \$75 weekly fee for L.I.T.s who are accepted into the program. For L.I.T. information or an application, contact Brendan O'Reilly, Assistant Director of Recreation, at brendan. oreilly@springfield-nj.us.



Make your workouts worth the work with 38,000 square feet to keep you inspired. Bring friends and try our studio classes, get free gifts and find your results, your way.

Learn more or join today at 24HourFitness.com/Springfield

- Studio & Cycle Classes
- Digital Studio Classes
- Personal & Group Training Springfield
- Latest Cardio & Strength Equipment
- Multi-functional Olympic Training Rig
- TRX Suspension Training
- Turf Zone
- Basketball Court
- Indoor Lap Pool
- Whirlpool, Sauna & Steam Room
- Spacious Locker Rooms
- 24Store™

75 US Highway 22, Springfield, NJ



## SPRINGFIELD GIRL SCOUTS VISIT THE UNITED NATIONS

On January 31, the Middle School and High School scouts had the opportunity to visit the United Nations in New York City.



## SENIOR CITIZENS VISIT LOCAL DELI AND FARMERS MARKET



On Wednesday, March 11, close to 20 senior citizens traveled with the Springfield Recreation Department to Irving's Deli and the Rt. 10 Farmers Market in Livingston. Future bus trips include popular local destinations such as Olive Garden, Star Tavern, Menlo Park Mall, Hunterdon Hills Playhouse, and the Atlantic City boardwalk. To join us on future bus trips, contact Ricci Rajoppi, Recreation Program Coordinator, at (973) 912-2227 or ricci.rajoppi@springfield-nj.us.

## - PUBLIC HEALTH DEPARTMENT-ALCOHOL AWARENESS

ALCOHOL EFFECTS

ON THE BODY

Drinking too much on a single occasion or over time can take a serious toll on your health. Here's how alcohol can affect your body:

#### **BRAIN**

Alcohol interferes with the brain's communication pathways
Change mood and behavior, and make it harder to think clearly and move with coordination.

#### **HEART**

CARDIOMYOPATHY: stretching and drooping of heart muscle ARRHYTHMIA: irregular heart beat STROKE - HIGH BLOOD PRESSURE

#### **LIVER**

INFLAMMATION: STEATOSIS OR FATTY LIVER ALCOHOLIC HEPATITIS FIBROSIS - CIRRHOSIS

#### **CANCER**

The more alcohol a person drinks particularly the more alcohol a person drinks regularly over time the higher his or her risk of developing an alcohol associated cancer.

Which are the following:

HEAD AND NECK CANCER

HEAD AND NECK CANCER ESOPHAGEAL CANCER LIVER CANCER - BREAST CANCER COLORECTAL CANCER

## **PANCREAS**

Produce toxic substances that can eventually lead to pancreatitis, dangerous inflammation and swelling of the blood vessels and prevent proper digestion

## **IMMUNE SYSTEM**

Drinking too much can weaken your immune system, making your body a much easier target for disease.



# ANYONE SEEKING HELP CAN CALL 973-467-3388

We need your donations as well! Springfield HOPE is funded solely by your donations. We are a 501(c)3 not for profit corporation and 99% of your donated dollar will go to help someone in need in Springfield. The all volunteer Trustee Board administers the program by donating their time and office staff to keep HOPE going. Only filing fees and a small fee for our accountant are paid by HOPE. Please allow us to keep helping your neighbors and donate now. Checks can be mailed and made payable to Springfield HOPE, c/o Dr. Gary Hecht, 201 Mountain Avenue, Springfield, NJ 07081.

## SDL PORTAL - Access Building Department Information Online

Springfield has launched SDL Portal, an online hub where residents, businesses and professionals can request inspections & access permit information 24/7.

# SAVE TIME. DO IT ONLINE.

- · Visit sdl.town/springfield and creat an account
- Request inspections. User can view availability & submit their preferred inspection dates
- View the details & status of building permits
- Real Estate agents will no longer need to submit an OPRA request to access permit information

Visit: sdl.town/springfield

# Springfield Free Public Library

66 Mountain Avenue, Springfield 973-376-4930

Check Library website for MGG schedule:www.sfplnj.org

---- REGULAR LIBRARY HOURS ----Monday, Wednesday & Thursday 10:00 am – 9:00 pm Tuesday, Friday, Saturday 10:00 am – 5:00 pm Sunday 1:00 pm –4:00 pm

## **CHILDREN'S PROGRAMS**

For Children's Programs, please call Brianne Mintz at 973-376-4930 ext. 232.

## YOUTH SERVICES PROGRAMS

Mother Goose Group at 10:30 on selected days: Babies, toddlers and preschoolers with a caregiver. Tuesday March 17, Thursday March 19, Tuesday March 24, Thursday March 26.

Family Craft: Ages 2-4 with family or caregiver. Wednesday March 18, Wednesday March 25 at 10:30 am. Registration required.

Girls Who Code!: For grades 3-5. Registration required. Every Monday in March at 7:00 pm.

#### **TEENS**

**Teen Video Game Club** | **Thursday, March 19 & 26 at 4pm.** Open to grades 9-12, no registration required. Come play on the library's Nintendo Switch!

Tweens Play | Friday, March 20 at 3:15 pm Open to grades 5-9, no registration required. Come play on the library's Nintendo Switch or PS4!

Scavenger Hunt: Women's History Month | Every Monday in March at 3:00 pm

In celebration of Women's History Month, three historic/contemporary female figures will be hidden throughout the youth service's department every Monday of March during after school hours. Grades 6-12 are welcome to search, find, and learn about these influential women in exchange for a small prize.

## **DISCUSSIONS AND WRITING**

Thursday, April 2 at 7:00 pm – The Really Good Book Discussion Group will discuss The Island of Sea Women: A Novel by Lisa See.

Tuesday, March 24 & April 14 at 1:00 pm – The Next Chapter Book Club will meet at Springfield Free Public Library. This is a book club for adults with developmental disabilities, led by Debra Gutman.

Thursday, March 19 at 10:00 am – The Great Books Discussion Group will discuss Lycidas by John Milton.

#### **FILMS**

Thursday, March 19 at 1:00 pm and 7:00 pm – The International Film Festival presents All Is True (2018). Directed by Kenneth Branagh. Starring Kenneth Branagh, Ian McKellen and Judi Dench.

Monday, March 23 at 1:00 pm – The Lunchtime Film Series presents Downton Abbey (2019). Starring Michelle Dockery, Phyllis Logan, Allen Leech, and Maggie Smith.

Monday, April 6 at 1:00 pm – The Lunchtime Film Series presents Blinded by the Light (2019). Written & Directed by Gurinder Chadha (Bend It Like Beckham).

Monday, April 13 at 1:00 pm – We'll host an early screening of the International Film Tel Aviv On Fire (2018).

## **HOBBIES AND INFORMATION**

Every Monday at 7:00 pm. Scrabble - Bring a friend or meet new opponents!

Every Monday, 6:15 pm to 8:00 pm Canasta Club.

Every Tuesday, 1:00 pm to 4:00 pm Afternoon Mahjong Club.

Every Wednesday, 6:45 pm to 8:45 pm Evening Mahjong Club. Every Thursday at 7:00 pm Chess Club.

#### DROP IN TECH HELP

Come in for free assistance with Nooks, Kindles, Androids, iPads, and iPhone. Learn how to borrow free eBooks, e-audiobooks, movies, music, and more with your Springfield card. Sessions run from 7:00-8:30 pm each Monday – no appointment necessary.

Our new Writer's Support Group will meet for the first time on March 18 at 7:00 pm. Come exchange writing tips and discuss your work with others.

**The Memoir Group continues on March 26 and April 9 at 10:00 am.** Said group is facilitated by Zella R.P. Geltman.

CHAIR YOGA Tamara Tsoutsouris will lead two classes on March 27 and April 3 at 12:30 pm. Each session includes guided relaxation, breathwork, and seated stretching / poses.

### SPECIAL EVENTS

Saturday, March 21 at 1:00 pm – Cranford author Alex Bernstein presents a reading from his most recent book, Miserable Love Stories.

Sunday, March 22 at 2:00 pm – Jason Luther, PhD leads a discussion of online propaganda: "What's This About Fake News?".

The Friends of Springfield Free Public Library will sell children's books, games, and other items in SFPL's meeting room from March 23 - 29 (all day).

Wednesday, April 1 at 5:00 pm – A reception will be held in the Donald B. Palmer Museum for Jonathan Dayton High School's Spring Art Show.

Wednesday, April 15 at 6:30 pm – Springfield hosts "Keeping It Sharp": a monthly program for people with Alzheimer's disease and their caregivers.

The NJ Chapter of the Alzheimer's Association will facilitate said program with various speakers and activities

# MARCH SCAVENGER HUNT: WOMEN'S HISTORY MONTH

In celebration of Women's History Month, three historic and/or contemporary female figures will be hidden throughout the youth service's department at the Springfield Free Public Library every Monday of March during after school hours (starting at 3:00 pm). Grades 6-12 are welcome to search, find, and learn about these influential women in exchange for a small prize.

If you have questions, please contact Teen Librarian Ms. Alice at 973-376-4930 ext. 233. To learn more about our programs, please visit our website at www.sfplnj.org.

# THE SPRINGFIELD FREE PUBLIC LIBRARY'S SPRING INTERNATIONAL FILM FESTIVAL CONTINUES ON APRIL 13 AND 16, 2020

The Spring International Film Festival continues at the Springfield Free Public Library on Monday, April 13th at 1:00 pm and Thursday, April 16th at 1:00 and 7:00 pm. The library will screen Tel Aviv is on Fire (2018). Salam, a Palestinian living in Jerusalem, works as a writer for a popular soap opera. He gets ideas for the show from the

commander at the check point he passes through each day, and his career takes off. Directed by Sameh Zoabi. Starring Kais Nashif, Lubna Azabal and Yaniv Biton. In Arabic and Hebrew with English subtitles. 100 minutes. Not rated

Funding for the film program has been made possible by the NJ State Council on the Arts, Department of State, a partner agency of the National Endowment for the Arts, through a grant administered by the Union County Office of Cultural and Heritage Affairs. Additional funding is also provided by the Friends of the Springfield Free Public Library.

## BOOK DISCUSSION GROUP READS THE ISLAND OF SEA WOMEN: A NOVEL BY LISA SEE

The Springfield Free Public Library's (Really Good!) Book Discussion Group will meet on Thursday, April 2 at 7 p.m. to discuss The Island of Sea Women: A Novel by Lisa See. See's latest novel introduces readers to the fierce and unforgettable female divers of a small Korean island called Jeju where the women are in charge, engaging in dangerous physical work, and the men take care of the children.

Discussions take place at 7 pm in the Staff Room. New members are welcome. Refreshments are served. To reserve your copy of the book call 973-376-4930 x228 or send an email: questions@sfplnj.org.

## MARCH 26 – 29, 2020 CHILDREN'S AND YOUNG ADULT BOOKS, JEWELRY AND WATCH SALE

The Friends of the Springfield Free Public Library will hold their annual Children's and Young Adult Book Sale Thursday - Sunday, March 26 – 29, 2020. Sale hours are Thursday, 10 am -6 pm, Friday & Saturday 10 am-4 pm and 1-3:30 pm on Sunday. The sale will be in the Lobby Meeting Room at the Springfield Free Public Library, 66 Mountain Ave. in Springfield.

In addition to Children's and Young Adult Books, the sale will include educational toys, adult soft cover and coffee table books, DVDs, and a small collection of costume jewelry and watches. Donations of these items are needed and always welcome yearlong during business hours at the Library's Circulation Desk. All donations should be clean and in good condition

During March, a special display of jewelry will be featured for sale in the display cases in the circulation area of the library. Patrons may purchase these items prior to our sale by arranging a meeting with a Friends member only. Simply leave your name & phone number with a staff member at the circulation desk or email your information and request to Friendssfpl66mt@aol.com.

The Friends are a 501c3 nonprofit organization. All proceeds from the sale benefit the Springfield Free Public Library.



## HAMMER DENTAL ASSOCIATES

Irwin J. Hammer, DDS Seth A. Hammer, DDS

7 So. Springfield Ave., Springfield NJ

973-376-7718 • Fax: 973-376-7503

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