

Published by the Township of Springfield in cooperation with the Springfield Patriot Chamber of Commerce

www.springfieldpatriot.com

DECEMBER 2019 · Issue #LIV 054

www.springfield-nj.us

NEXT CHAMBER MEETING

THURSDAY DECEMBER 19

8:30 am - 9:30 am SOFIA'S ITALIAN RESTAURANT **272 MORRIS AVE.**

sponsored by Springfield Patriot **Chamber of Commerce** and Springfield Business Improvement District

Members and nonmembers are invited to Chamber meetings. Free coffee and donuts are served.

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SPRINGFIELD ROTARY'S RISE AGAINST HUNGER

Once again Springfield comes out to help those in need! Almost 125 residents, the majority from Springfield as well as some surrounding towns turned out on Thursday night December 12th at the Chisholm Community Center to help create and pack over 30,000 Meals! Early in the afternoon members of the Springfield Rotary set up their assembly line and around 6 pm everyone assembled to help out. Guided by Nick DiMare, the Assistant Community Engagement Manager for Rise Against Hunger, the group started sorting, filling, bagging, sealing and packing 30,024 meals. One package feeds a family of six people. Thirty-six packages go into each box. According to Mel Kevoe of the Rotary, meals are sent primarily overseas, but 20% are retained stateside for emergencies in this country. Nick DiMare remarked that last year he visited Africa and was able to see the end result and the difference these meals made in people's lives. **MORE PHOTOS ON PAGE 2**



Rotarians, Anna Pedreiras, Mel Kevoe, Fred Ostry, Lloyd Grossman, Michael Housman, Paula Kaiser, Lee Kaswiner, Hope Rosenberg, Rhonda Myers, Gary Hecht, Mike Pine, and David Penna





SPRINGFIELD KICKS OFF HOLIDAY SEASON WITH ANNUAL WINTER CELEBRATION AND TREE LIGHTING

ARTICLE ON PAGE 4 - PHOTOS ON PAGE 8



STEW LEONARD'S DONATES TURKEYS TO THOSE IN NEED IN SPRINGFIELD

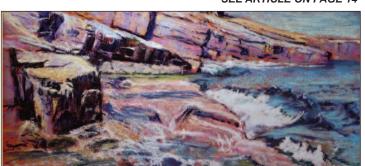
ARTICLE ON PAGE 7



(Back Row) Mel Kevoe, Seth Hammer, Michael Hausman, Gary Hecht, Dave Penna, Lloyd Grossman, Hope Rosenberg, Anna Pedreiras, Rhonda Myers, Mike Scalera (Front Row) Wando and Mario, managers at Stew Leonards,

PASTEL PAINTINGS OF ANITA GLADSTONE TO BE EXHIBITED AT THE SPRINGFIELD LIBRARY'S DONALD B. PALMER MUSEUM DURING DECEMBER

SEE ARTICLE ON PAGE 14





The Patriot Times is published by the Township of Springfield in cooperation with the Springfield Patriot Chamber of Commerce.

Over seven thousand newspapers are printed monthly and distributed free to every postal patron in Springfield.

Although great care has been taken to ensure the information contained within is accurate, Springfield Patriot Chamber of Commerce assumes no liability for errors or omissions.

SPRINGFIELD PATRIOT Chamber of Commerce

Springfield Patriot Chamber of Commerce 1 Cornell Parkway, Springfield, NJ 07081 973-912-2300

Chairman: Scott Seidel Chamber Co-Chairman: Mike Scalera Networking Vice President: Elliot Merkin Recording Secretary: Tracy Geyer

SPRINGFIELD, NJ

MAYOR: Erica DuBois
DEPUTY MAYOR: Christopher Capodice
COMMITTEE MEMBERS:

Richard Huber Alex Keiser - Chris Weber

IMPORTANT PHONE NUMBERS

All Emergencies	
(Police, Fire, Ambulance)	9-1-1
Police (Nonemergency)	973-376-0400
Fire (Non-emergrncy)	
Board of Education	973-376-1025
Construction Office	
Court	
Emergency Management	
Department	973-376-1058
Engineering Department	
Finance Department	
Fire Prevention Office	973- 376-1740
Health Department	973-593-3079
Library	973-376-4930
Office of the Mayor	973-912-2285
Public Works Department	
Recreation Department	973-912-2227
Recycling information	973-912-2222
Tax Assessor	
Tax Collector	973-912-2204/05
Township Administrator	973-912-2202
Township Clerk	973-912-2201
Vital Statistics/Registrar	973-912-2285
Zoning Office	

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Message from the Mayor



I cannot believe this is the last Mayor's message I will be writing for 2019. A New Year is just around the corner. I'm grateful for my time as Mayor and glad I will have the opportunity to continue to serve on the committee moving forward.

As I mentioned at our last Township Committee meeting for the year, which took place on December 10, I want to thank all of the township employees and each and every department head, for all of the hard work that they've put in over the last year.

I think as a team we've accomplished a lot, and I'm very proud of the work we've done. I'm incredibly grateful to all of the members of the Township Committee for their support over the last year on several projects that we have completed.

As we kick off this holiday season, I want to thank all of the residents for the support not only that I've had as Mayor, but over the three years that I've been on the committee so far.

As we enter the middle of December, regardless of what you celebrate, I'd like to wish you the best this holiday season and a happy new year. I hope that whatever time you get to spend with friends or family is enjoyed and cherished. As always, I'd love to hear from you. Please do not hesitate to reach out to me, my township email remains the same. You can contact me at Erica.DuBois@springfield-nj.us.

Erica DuBois, Mayor 2019

A REMINDER FROM THE SPRINGFIELD POLICE DEPARTMENT:

All residential and commercial burglar alarm registrations are due no later than January 15, 2020. Registrations can be submitted online at www.springfield-nj.us/alarms.

If you are unable to register online, registration forms are available on the Township website under the Police Department tab, and at the Police Records Office, located on the first floor of the Municipal Building. If you have any questions, please contact Police Records at (973) 912-2239.

Wishing everyone a very happy, healthy and safe holiday season!

SENIOR FRAUD PROTECTION SEMINAR

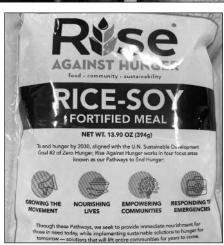
The Springfield Senior Citizens Club will host a program open to all seniors and any other interested parties on Senior Fraud Protection on January 9, 2020, at 11 am, at the Chisholm Center. The presenter will be Robin E. Eichen, an attorney with the Federal Trade Commission in NYC and the program will be very informative about fraud schemes and how to handle them. Refreshments will be served and attendance is encouraged and welcome.

Residents are asked to register to attend, either at the Chisholm Center (a sign up sheet will be on the bulletin board) or by calling the office at 973-912 2227. This program was hosted a few months ago by Tom Malinowski to a capacity audience and was quite informative.

RISE AGAINST HUNGER







TOWNSHIP MEETING DATES

Annual Reorganization Meeting Wednesday, January 1, 2020 at Noon, Municipal Building

TOWNSHIP COMMITTEE

Tuesday, January 14, 2020 - Regular Meeting at 7 pm Tuesday, January 28, 2020 - Regular Meeting at 7 pm

PLANNING BOARD

1st Wednesday, 7:00 pm at the Municipal Building

BOARD OF ADJUSTMENT

3rd Tuesday, 6:30 pm at the Municipal Building

BOARD OF HEALTH

2nd Wednesday, 6:30 pm at the Firehouse

RENT LEVELING BOARD

Last Thursday of month, 7:00 pm at the Municipal Building

RECREATION COUNCIL

Contact Recreation Department For Next Meeting Date and Time

ENVIRONMENTAL COMMISSION

3rd Monday, 7:00 pm at the Chisholm Community Center

LIBRARY BOARD OF TRUSTEES

2nd Thursday, 7:00 pm at the Library



Over 60 Great Springfield Coupons

Heli Deals (and coupon booklets) are available at all these Springfield locations! All Holiday Coupons Will Be Valid From NOW thru January 31, 2020.

Alen's Deli & Catering AMP Yoga Studio A New Szechuan Village Antonio's Italian Market **Backyard Heroes Fireworks Beauty Touch Salon** Bloom Nail & Spa Campus Sub Shop II

Capelli e Mani Design Cathay 22

Cell Phone Repair (CPR)

The Decorating Store

Dental Health Providers of NJ

Digital Press Videogames Dr Palombi - Chiropractor

Golden Hands Spa

Gold Valley Supermarket Grooming by Brandy

Hammer Dental Associates **Huntington Learning Center**

Imagine's Encore Salon

Jack J. Zuber, DDS

Jennifer Springfield Day Spa

JX Jewelry Exchange Kiddie Academy

Little Details Salon

Magical Scissors Marilyn's Hair Design

Mera Painting & Home Design

Mera Paint & Wine

Middlebrooks Shapiro, P.C.

Milton's Wine & Liquors

Moroccan Kebab & Falafel No Body Denied Fitness

Picante The Taste of Mexico

Prima Pizza

Prime Time Mortgage Corp.

Revive Personal & Sports Training

Rossellinni Rosemarie

Rye Deli Salon Bangles Salon Frasca

Second Childhood

Sky Zone Springfield **Smilow Family Dentistry**

Sofia's Fine Italian Cuisine

Springfield Orthodontics

Springfield Wines & Liquors

State Farm - Michael Scalera

Stew Leonard's Wines

Sudz Dudz Laundromat

TD Pizza

Thai Amarin

Toms Pizza

Trinitas Children's

Therapy Services

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WashClub

Welsh Farm Speedy Mart

Yo Addiction

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25 Route 22 East - 973-232-5450

Fresh is what it's all about at Poke 22. They offer an amazing variety of delicious and healthy fresh sushi bowls, soups and dumplings. The combinations are endless allowing you to pick various proteins on top of your fresh vegetables and rice. www.poke22.com



KRA INSURANCE AGENCY

871 Mountain Ave - 973-467-8850

Your family, your business and your possessions are all important to you, but you may not know how to best protect them. We have the experience to navigate the unique risks you face, serving as your insurance advisor. KRA Insurance Agency is a multi-line, full-service independent insurance agency, which was founded in 1950 in Springfield, NJ. KRA is organized into departments, each managed by a principal of the firm and staffed to serve the needs of a large, diverse clientele. As your insurance advisor, we help you make smart decisions - protecting you from the unexpected and planning for the unpredictable. www.krainsurance.com



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JX JEWELRY EXCHANGE

275 Rte 22 - 973-379-0062

JX Jewelry Exchange is your one-stop shop for jewelry of all kinds. From diamond wedding rings to Valentine's Day to graduation and confirmation gifts...they have the selection and price points for all tastes and budgets. Their helpful staff will guide you in selecting the perfect piece. One your loved one will cherish for years to come.







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VETERANS CORNER

By Gerry Gebauer

Are you a Gulf War Veteran? Have you had or still have an unexplained illness? You may have "chronic multi-symptom illness". Do you have fatigue or a respiratory disorder? If so, you should contact the VA to see if you have a service-related medical condition. The VA is finding more and more medical issues related to exposure while in the service, especially from service in Southwest Asia. If you wish to find out more, there is now an app; the Exposure Ed app. You can find out your potential exposure and related health effects by either searching the conflict, date of service or location. If you have made a previous claim but were denied it is worth seeking help again. You can either go to a VA facility directly or seek help from the Union County Office of Veterans Services at 908-527-4918. The national number is 877-470-5947 It is your health, protect it for yourself and your family. The full app is at "va.gov/app/exposure-ed"

ST. JAMES YOUTH GROUP TURKEY DRIVE



The Youth Group at Saint James the Apostle Church in Springfield pose for a photo with their director, Ann Marie Gesauldo, bottom, left, during their Turkey Drive on November 24, 2019.

Photo courtesy of Saint James the Apostle Church

The Youth Group at Saint James the Apostle Church in Springfield held a Turkey Drive in the church parking lot on Sunday, November 24, 2019. Ninety-five turkeys, three hams, countless bags of nonperishable food, and monetary donations were collected from parishioners and given to the Community Food Bank in Hillside. Transportation of the donated food to the Food Bank was provided by Edison Heating and Cooling.

CKO KICKBOXING IN SPRINGFIELD HELD A FOOD DRIVE TO BENEFIT COMMUNITY FOOD BANK OF NEW JERSEY



Trainer Nick Cuccolo and CKO members.

ANNUAL WINTER CELEBRATION AND TREE LIGHTING

BY JESSE BROOME

Springfield gathered on a chilly and misty evening on Wednesday, December 4th for the annual Winter Celebration & Christmas Tree Lighting, attracting hundreds of guests from the community to the Springfield Municipal Building.

The event took place from 5:00 pm to 8:00 pm and featured remarks by Springfield Director of Recreation Adam Lieb, Mayor Erica DuBois, and Deputy Mayor Christopher Capodice as well as live performances from The Winter Wonderland Band and Jonathan Dayton High School Daytones. The community was also invited to participate in entertainment and activities such as a Toy Soldier on Stilts, Olaf the Snowman, petting zoo, horse and carriage rides, Candy Land inflatable obstacle course, and Human Snow Globe photo booth.

At approximately 7:00 pm, the crowd gathered for the highlights of the evening; a visit from Santa Claus and the Christmas tree lighting. Santa Claus arrived via a horse-drawn carriage and was greeted by hundreds of smiling children and adults. Then, with treats and hot drinks provided by the Springfield Fire Department and F.M.B.A Local #57 and free glow sticks courtesy of Springfield Business Improvement District (BID), guests stood agaze at the spectacular decorations lit up against the night sky. The charity of the community was also on display with the successful collection of non-perishable food, gently used coats, and winter accessories by Holy Cross Lutheran Church of Springfield.

Community partners for the event included: Patriot Chamber of Commerce, Holy Cross Lutheran Church, Jonathan Dayton High School student volunteers, Boy Scout Troop #73, Business Improvement District, Township Committee, Auxiliary Police, Office of Emergency Management, F.M.B.A. Local #57, Fire Department, Police Department, Public Works Department, First Aid Squad.

PHOTOS ON PAGE 8

CHRIS CAPODICE Deputy Mayor

keeping YOU informed!

Greetings!

The Springfield Senior Citizens Club will host a program open to all seniors and any other interested parties on Senior Fraud Protection on January 9, 2020, at 11 AM, at the Chisholm Center. The presenter will be Robin E. Eichen, an attorney with the Federal Trade Commission in NYC and the program will be very informative about fraud schemes and how to handle them. Refreshments will be served and attendance is encouraged and welcome

Residents are asked to register to attend, either at the Chisholm Center (a sign up sheet will be on the bulletin board) or by calling the office at 973 912 2227

As always, I believe that good leadership starts with good listening. If you have any questions, concerns, or ideas, please reply to this email. Feel free to call me anytime at (908) 868-7045. Your voice matters, and I want to hear from you!

Stay safe!

-Deputy Mayor Christopher Capodice, Sr.

REGISTRATION AND RENEWALS FOR ALL DOGS/CATS SIX MONTHS AND OVER MUST BE LICENSED BY JANUARY 31ST 2020

Licenses may be obtained at the office of the Township Clerk, Municipal Building, daily, from 8:00 am to 4:00 pm, Monday through Friday, or by mail:

Township of Springfield 100 Mountain Ave. Springfield, NJ 07081 Attn: Kristin Ragland

You must include a self-addressed, stamped envelope. Please make checks payable to: Township of Springfield. If paying in person please have exact change.

FEES: \$10.00 – spayed/neutered (proof required) \$15.00 – non spayed/non neutered \$1.00 – late fee per month or a portion thereof

NO LICENSE WILL BE ISSUED WITHOUT PROOF OF RABIES VACCINATION. IF YOUR ANIMAL'S RABIES VACCINATION EXPIRES PRIOR TO OCTOBER OF THE LICENSING PERIOD, THE ANIMAL MUST BE RE-VACCINATED PRIOR TO ISSUANCE OF A NEW LICENSE (As Per "State Of New Jersey, Department Of Health," 609-588-3121).

If you no longer have a DOG/CAT please call us at 973-912-2285.

PEACE. LOVE. JOY.

Wishing you a world of happiness this holiday season and throughout the year to come.



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hechtchiropractic.com

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210 Morris Avenue at Church Mall, Springfield, NJ 07081 Office/Parish House: 37 Church Mall

(973) 379-4320

Family worship services Every Sunday 10:15 am

Dec. 22nd - Christmas Cantata, *"Joy!"*During the 10:15am worship service

Dec. 24th - Christmas Eve Service4:00pm Family Service with Pageant
11:00pm Candlelight Communion Service

Dec. 29th - 10:15 am Service of Lessons and Carols



RECYCLING TIPS



Green Summit is collecting mascara wands for a North Carolina wildlife non-profit rehabilitation center that reuses mascara wands to help remove fly eggs and larva from the fur of animals. Please wash and dry brush before donating.

Green Summit is also collecting used gift cards and rigid-type plastic cards to be recycled by an Ohiobased company, creating 100% recycled plastic cards used at retail stores and hotels.

The drop-off is at Reeves-Reed Arboretum (165 Hobart Avenue) in Summit November through January 2020 from 10:00 am to 4:00 pm. The collection bins are in the foyer of the Wisner House (main building).



Police Chief's Column

- Chief John P. Cook

On behalf of the entire Springfield Police Department, I wish all readers of the Springfield Patriot Times along with everyone in our community a safe, happy, and healthy holiday season, and a Happy New Year.

Since winter is almost upon us, I thought this would be a good opportunity to remind residents and business owners of some of Springfield's ordinances and state laws our police officers enforce relating to winter weather.

- Parking on the street and in municipal lots is prohibited when the roadways and lots are snow-covered. Parked vehicles make it difficult for our plow crews to clear snow from the roads. If snow is forecast, please make arrangements to park your vehicles elsewhere.
- Snow must be cleared from fire lanes within 12 hours of daylight after the snow has fallen. Every second counts when we respond to emergency calls, and if the passage of emergency vehicles is obstructed by snow, someone's life could potentially be put at risk. Fire hydrants must also be kept clear from piled snow.
- Snow and ice must be cleared from sidewalks within 24 hours after the snow has fallen. Shoveled paths must be at least 24 inches wide, and icy sidewalks must be treated with sand or salt. Traveling in winter weather is more dangerous for everyone, particularly pedestrians. If sidewalks are impassable, pedestrians often resort to walking on plowed roads which puts them at risk for vehicles sliding into them. Please make sure your sidewalks are cleared properly.
- Once plowing of our roads has begun, it is prohibited for anyone to shovel, blow, or plow snow back onto a public street from private property. It is also prohibited for private plows to plow snow from a driveway across the width of the street to be piled along the opposite curb. Snow that remains as a result of this often turns into hazardous solid ice and is more difficult to be treated.
- All snow and ice must be removed from your vehicle before driving. This applies to ALL vehicles, no matter how small or large. Clearing a small portion of your windshield is not sufficient to safely operate a vehicle. The penalties are even steeper if snow or ice flies off of your vehicle and causes damage to other vehicles, or even worse, if someone is injured.
- "Warming up" and idling your vehicle for more than 3 minutes is against state law in NJ. While there are some exceptions, this applies to most passenger vehicles. In addition, township ordinance prohibits vehicles from idling more than 2 minutes on all municipal and school properties. Keep in mind that unattended running vehicles are easy targets for thieves, and it only takes seconds for someone to drive away with your car

Also, please remember that driving in winter weather requires more concentration, and less speed. Motorists should travel much slower and be much more cautious than during normal driving conditions. Following distances should be increased, and distractions should be avoided.



WE NEED YOU... Sign Up Now! Classes Start February 2020

For over 50 years, the Springfield Auxiliary Police have served as an immediately available source of manpower to augment the services of the Springfield Police Department during Emergencies.

For more information and an application visit
Springfield Emergency Management under Departments tab at
www.Springfield-nj.us or call 973-467-3388



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By John Cottage Sr.

OEM DEPUTY COORDINATOR **WALLY SCHULTZ** RETIRES

At the end of December, Wally Schultz will end over twenty years of service to the Township in various capacities as a member of the Office of Emergency Management. His dedication and hard work will be missed.

Wally began his OEM service in 1993 when he joined the Springfield Auxiliary Police. From 1993 to 2004, Wally rose through the ranks from Sergeant to Lieutenant to Captain. He credits former Auxiliary Chief Harry Vargas with being his mentor over all those years. He received the Auxiliary Police Officer of the Year award in 1994 – working over 600 hours during that calendar year. Wally responded to over 90% of the emergencies in the Township over his entire career.

After taking a break at the end of 2004, Wally rejoined OEM in 2010 and became the Chief of Staff of the Auxiliary Police. In 2012, he was appointed Deputy Coordinator of OEM and also served as Captain of the Auxiliary Police.

Over the years Wally played a major role in helping the Township cope with three major hurricanes – Floyd, Irene and Sandy.

In an exclusive interview with the Patriot Times, Wally said "Deciding to retire as OEM's Deputy Coordinator was not an easy decision for me to make, but the time has come. I enjoyed working for Springfield and will miss the work that I did and the friends that I've made. I'd like to thank the Township and all departments for their help, cooperation, and support over the years.

More importantly I need to thank and recognize all of Springfield's volunteers. Whether from OEM, which includes the Auxiliary Police and the Citizen's Emergency Response Team (CERT), or those from the volunteer first aid squad, they work for free. They work to provide the residents with added public safety, such as traffic control during power outages, or crowd control and safety during the 4th of July celebration or Memorial Day ceremony and parade, or medical aid to the person having a heart attack or difficulty breathing. In most cases providing help and safety to the town's residents take precedence over their own families. Please join me in thanking them".

ST. JAMES STUDENTS PREPARED GIFT **BASKETS FOR THOSE IN NEED**



St. James The Apostle School students prepared eleven gift baskets for those in need. They presented the baskets to Springfield HOPE trustees Chief of Police John Cook (left) and Dr. Gary Hecht (right) on Friday November 22. The baskets were delivered as part of a joint project by HOPE and the Springfield Rotary to provide a complete Thanksgiving dinner to families in need in Springfield. Springfield HOPE provides help to those in need in Springfield and relies solely on donations from businesses and residents in Town. Almost 100% of every dollar given to HOPE goes to help someone in need. Springfield HOPE is a 501(c) not for profit corporation and checks can be mailed to Springfield HOPE, c/o Dr. Gary Hecht, 201 Mountain Ave., Springfield, NJ 07081.



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Joseph Cusano, CPA member of NJSCPA & AICPA

CPA, PC

joec@jccpapc.net

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7am to 7pm appointments available

ANNUAL WINTER CELEBRATION AND TREE LIGHTING



The Christmas Tree outside Town Hall



Mayor Erica DuBois and Director of Recreation Adam Lieb



Horse And Carriage Rides



Santa Claus, Committeeman Chris Weber, Deputy Mayor Chris Capodice, Committeeman Rich Huber



Candy Land Obstacle Course



Petting Zoo



Pictures with Santa Claus



Olaf the Snowman



Pictures with Santa Claus

Photos by Jesse Broome

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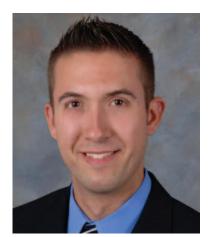
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Andrea Northfield // Realtor



Carmen Papic // Realtor



Andre Saraiva // Broker Manager



Joanne Watkins // Realtor



Vanggie Weber // Realtor



Eric J. Diloné // President, **Broker Associate**

We are grateful for our wonderful clients and to live and work in this community. As the best trained, local experts, we are dedicated to helping you achieve your dreams in 2020 and in the new decade!





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SPRINGFIELD RECREATION DEPARTMENT

www.springfield-nj.us/recreation · www.facebook.com/springfieldnjrec

INDOOR HOCKEY WINTER 2020

WHO: 9th -12th grade girls from Springfield, Millburn, and Summit

WHAT: Instructional clinics and games

COACH: Robin Cornelison, Springfield resident

WHERE: Chisholm Community Center, Lee Adler Memorial Gymnasium, 100 South Springfield Avenue,

Springfield, NJ 07081

WHEN: Wednesdays, January 8th-March 25th @ 7:00-8:00 pm FEE: \$75 per player. No refunds after Wednesday, January 1, 2020. Fee cannot be pro-rated for late registrations or missed sessions.

HOW: Visa, Mastercard, or

Discover at https://register.communitypass.net/springfield

INCLUDES: Shirt, loaned indoor stick (if needed), balls, goals, coaching

DOES NOT INCLUDE: Indoor stick, goggles, and mouth guards. QUESTIONS: (973) 912-2227 or recreation@springfield-nj.us



FREE SENIOR CITIZEN BUS SERVICE

Call the Springfield Recreation Department at (973) 912-2227 between 8 am -9 am on the morning of your transportation need. Bus service is unavailable on municipal holidays and days of certain bus trips.

The bus service runs from 9 am-4 pm. The bus is equipped with a passenger lift for wheelchairs. Other riders should be able to board and depart the bus independently.

DITCH YOUR WORKOUT AND JOIN THE PARTY! SPRING INTO YOUR SUMMER BODY WITH LICENSED ZUMBA INSTRUCTOR, AMY LAUREN

CO-HOSTED BY: SPRINGFIELD RECREATION DEPARTMENT 100 S. SPRINGFIELD AVE., SPRINGFIELD, NJ 07081



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SPRING 2020

BEGINNING TUESDAY, FEBRUARY 4TH 7:00 - 8:00 PM • 8 WEEK SESSION \$80 TO REGISTER, VENMO: @AMY-LAUREN20 QUESTIONS: SLAYINWITHAMY@GMAIL.COM



2/4: OPENING SESSION!

2/11: VALENTINE'S DAY PARTY: WEAR PINK/RED

2/18: BLACK AND WHITE THEMED

2/25: MARDI GRAS PARTY: PURPLE, GREEN AND GOLD

3/3: NEON PARTY

3/10: SALSA & SANGRIA NIGHT: SPONSORED BY STEVE'S & ED'S

3/17: ST.PATTY'S PARTY - WEAR GREEN 3/24: CLOSING NIGHT, LUAU THEME PARTY!

BRING YOUR ENERGY!

WINTER CONDITIONING Winter 2020 • Grades 2-8

Athletes need to spend time conditioning. Winter is the perfect time to start!

Physical fitness training is an important life lesson for all children and young athletes. Winter Conditioning, coached by Mike Czech, demonstrates how to safely gain strength for sports, prevent injury, stretch properly, and have fun! Athletes who desire more speed and want to gain an advantage will benefit! This co-ed program is open to 2nd-8th grade Springfield residents and children who attend a school in Springfield. Minimum enrollment is required. No refunds are provided past one week prior to the first date of





Session 2 Fridays from January 10, 2020 thru February 14, 2020

Location: Chisholm Community Center

Grades 6-8 @ 3:30 - 4:30 pm • Grades 2-5 @ 4:30 - 5:30 pm

Cost: \$75 per session (payable to Township of Springfield) Includes: Professional coaching instruction, apparel item

Register by mail or in person at the Springfield Recreation Department. Chisholm Community Center 100 South Springfield Avenue (973) 912-2227 • Monday-Friday @ 8:00 am-6:00 pm Or register online with a Visa, Mastercard, or Discover (\$0 processing fee) at https://register.communitypass.net/springfield

Contact Daniel Hesse, Recreation Program Coordinator, at daniel.hesse@springfield-nj.us

Golf Classes

at Chisholm Community Center Gym



TGA brings the golf course to you, making it convenient and affordable to learn and play golf in a fun and safe environment. Kid-friendly instructors help students develop golf skills and knowledge, while using the sport to teach valuable life lessons like honesty and sportsmanship.

For more info contact: Nick Meltzer at (732) 835-8842 or nmeltzer@playtga.com

















Sign Up Today: https://unioncounty.playtga.com/



Facebook.com/TGAPremierSports



O Instagram.com/TGAPremierSports

GOLF CLASS DETAILS Day: TUESDAYS

Dates: 1/14/2020 - 3/10/2020

Time: 6:00 PM - 7:00 PM Cost: \$160.00

Who: All kids ages 6-11 **Location: Chisholm GYM**

Sports Change Lives!

Springfield Recreation Department Bus Trip



Casino, Dining, and **Outlet Shopping**

Wednesday, March 4, 2020

Bus will depart the Chisholm Community Center at 10:00 am Bus will depart the Wind Creek at approximately 4:30 pm \$35 - Springfield residents and Senior Citizens Club members

> Payment due by Monday, March 2, 2020 Seats are limited, and first-come first-served. No refunds.

Make checks payable to: Springfield Recreation Department Return form and check to: Chisholm Community Center, 100 South Springfield Avenue Includes: Round-trip coach bus transportation, driver gratuity, chaperone, morning snack, \$25 free slot play (photo ID required). Questions: (973) 912-2227

SPRINGFIELD RECREATION DEPARTMENT



www.springfield-nj.us/recreation · www.facebook.com/springfieldnjrec

Winter Sports Programs

US SPORTS
institute

In association with the Springfield Recreation Department

WINTER SCHOOL'S OUT MULTI SPORTS CAMPS

Age	Day	Start Time	End Time	Start Date	End Date	Price
5 to 7	Thu	9:00 AM	4:00 PM	12/26/19	12/27/19	\$145
8 to 11	Thu	9:00 AM	4:00 PM	12/26/19	12/27/19	\$145
5 to 11	Mon	9:00 AM	4:00 PM	1/20/20	1/20/20	\$65
5 to 11	Mon	9:00 AM	4:00 PM	2/17/20	2/17/20	\$65

WINTER WEEKLY SQUIRTS CLASSES

Sport	Age	Day	Start Time	End Time	Start Date	End Date	Price
Senior Squirts Soccer	5 to 6	Sat	9:00 AM	10:00 AM	1/11/2020	2/22/2020	\$134
Squirts Soccer	3 to 5	Sat	10:00 AM	11:00 AM	1/11/2020	2/22/2020	\$134
Soccer Squirts	2 to 3	Sat	11:00 AM	12:00 PM	1/11/2020	2/22/2020	\$134

All classes take place at Chisholm Community Center

LIMITED SPACE
Registration: Online or by phone.
Register soon as these classes

typically sell out!

Ages 2-11 All Abilities Boys & Girls CONTACT USSI
Online: USsportsInstitute.com

Phone: (800) 345-BALL Email: Info@USsportsInstitute.com

SWEET SAMANTHA 6 WEEKS BAKING AND DECORATING CLASS

AGES 7-16 Join Samantha for 6 weeks of Baking and Decorating Fun! All supplies included. Class will take

Baking and Sweet Samanthages will take Custom Cake Design, Private Parties & Classes

100 South Springfield Ave, Springfield NJ 07081

place at the Springfield Chisholm Center 100 South Springfield Ave, Springfield NJ 07081 \$195 Per 6 Week Session - Tuesday or Thursday options available for sign up - Class will run 6-7:30pm. All Classes will begin the week of Jan 14th (there will be no class 2/11 or 2/13) Contact Samantha to register samilynn9@aol.com

<u>WEEK 1: Mini Stack of Pancake!</u> Using cupcake base, we will sculpt, paint and create Faux Pancake mini cake!

WEEK 2: Winter Baking – Gingerbread cupcakes, Egg Nog cake & chocolate peppermint cookies!

<u>WEEK 3:</u> Valentine Style Cake – Learn to make fondant, roll mini roses and make this sweet 5" cake design

<u>WEEK 4: Crazy Cakes</u> – From scratch these easy no mixer, no egg, no butter 1,2,3 cakes are simple & yum!

<u>WEEK 5: Winter Penguin Cookies!</u> We will bake cut outs, decorate these cutie penguins using rolled buttercream

WEEK 6: Ice cream party! Scratch brownies, Marshmallow sauce, berry compote & magic shell Served w/ ice cream!

Tuesday Classes: Jan 14, 21, 28, Feb 4, 18, 25 Thursday Classes: Jan 16, 23, 30, Feb 6, 20, 27

* In the event of snow/ice class will be canceled and rescheduled.

www.sweet-samantha.com

GIRLS SOFTBALL • SPRING 2020

Grades K-9 Open to Springfield Residents and Students Attending a School in Springfield

T-Ball Grade K Instructional League Grades 1-2*
Lower League Grades 3-5* Upper League Grades 6-9**
*Joint League with Mountainside, Berkeley Heights, and New Providence
**9th Graders Not Playing High School Softball

Two Fees

\$65 (^Grades 1-9) — Payable to Springfield Girls Softball, Inc. (check, cash, money order, credit card) Pay online with Visa, Mastercard, or Discover (\$0 processing fee) at https://www.springfieldgirlssoftball.com Or, return payment to Springfield Girls Softball, Inc., c/o Chisholm Community Center, 100 South Springfield Avenue, Springfield, NJ 07081 \$80 — Payable to Township of Springfield (check, cash, money order, credit card) Register online with Visa, Mastercard, or Discover

(\$0 processing fee) at https://register.communitypass.net/springfield Or, complete the form below and return it with both payments to: Springfield Recreation Department, Chisholm Community Center, 100 South Springfield Avenue, Springfield, NJ 07081

<u>Deadline</u>

Friday, February 28, 2020 — After, registrations will only be accepted if space is available on a team

What's Included

Uniform to keep (shirt, pants); Medals for K-2nd graders; Loaned equipment (helmet, catcher's gear, bats, balls); League fees

What's Not Included

Cleats; End-of-season picnic at pool (separate registration required); Summer and Fall travel team registration fees; Winter workout fees Summer and Fall Travel Teams (Springfield Storm)
Registration in Spring softball league and minimum attendance required for tryouts

Questions?

Contact Daniel Hesse, Recreation Program Coordinator, at daniel.hesse@springfield-nj.us or (973) 912-2227

SENIOR CITIZEN ACTIVITIES DECEMBER 2019 - JANUARY 2020 CALL (973) 912-2227 FOR MORE INFORMATION

Monday, December 16 - Bingo @ 12:30 pm

Tuesday, December 17 - Pickleball @ 10:00 am-12:00 pm, Cards @ 11:30 am Wednesday, December 18 - ShopRite dietician @ 10:00 am, Cards @ 1:00 pm

Thursday, December 19 - Club holiday party @ 12:00-4:00 pm (RSVP)

Friday, December 20 - Exercise class @ 11:00 am

Monday, December 23 - Bus trip to Delicious Orchards @ 10:00 am (RSVP)

Tuesday, December 24 - Cards @ 11:30 am

Tuesday, December 31 - Cards @ 11:30 am

Friday, January 3 - Exercise class @ 11:00 am, Cards @ 1:00 pm

Monday, January 6 - Shop-Rite dietician @ 10:00 am, Bingo @ 12:30 pm

Tuesday, January 7 - Pickleball @ 10:00 am-12:00 pm, Cards @ 11:30 am

Wednesday, January 8 - Bus trip to Menlo Park Mall @ 10:30 am (RSVP),

Exercise class @ 11:00 am, Cards @ 1:00 pm

Thursday, January 9 - Club monthly meeting @ 11:00 am (RSVP)

Friday, January 10 - Cards @ 1:00 pm

Monday, January 13 - Classic board games @ 10:30 am, Bingo @ 12:30 pm

Tuesday, January 14 - Cards @ 11:30 am

Wednesday, January 15 - Bus trip to Glendale Pizza @ 11:30 am (RSVP), Cards @ 1:00 pm

Thursday, January 16 - Pickleball @ 10:00 am-12:00 pm

- WEEKDAYS:

Computer Lab and Fitness Room @ 8:00 am-6:00 pm Billiards @ 8:00 am-2:30 pm



Swim, Sports, Arts, Trips & More! 8 Week Camp Wednesday, June 24 -Friday, August 14 2 Week Camps NEW: Your Choice of Weeks 3 Extended Weeks Monday, August 17 -

Friday, September 4

Leader-in-Training Program

NEW: 9th-10th Graders under 15



Pool members in Pre-K3 through 8th grade are eligble for camp. Memberships are available to residents and non-residents.

For more information, contact the Springfield Recreation Department at (973) 912-2227 or recreation@springfield-nj.us

Registration Opens in January!

https://register.communitypass.net/ springfield



SPRINGFIELD RECREATION DEPARTMENT

www.springfield-nj.us/recreation · www.facebook.com/springfieldnjrec

2019 - 2020

ADULT SPORTS LEAGUES MEN'S OPEN PLAY 35+ BASKETBALL

This is a non-competitive program for players ages 35 and older.

Basketball will be held on most Wednesdays at Jonathan Dayton High School from 7:00-9:00 pm and on most Sundays at Florence Gaudineer Middle School from 8:00-10:00 am.

PROGRAM RUNS SEPTEMBER 2019 - AUGUST 2020 Open to Springfield residents and non-residents who were previously enrolled.

WOMEN'S OPEN PLAY 21+ VOLLEYBALL

This is a non-competitive program open only to players ages 21 and older who are Springfield residents.

Volleyball will be held on Tuesdays from September 2019 to August 2020

from 8:00-10:00 pm, at the Chisholm Community Center Lee Adler Memorial Gymnasium.

You will be notified in advance of gym closures due to holidays, inclement weather, or scheduling conflicts.

FEE: \$25 REGISTRATION FORM, COPY OF DRIVER'S LICENSE, AND

FEE ARE DUE PRIOR TO YOUR FIRST DAY FOR ALL ABOVE PROGRAMS

MEN'S 21+ STREET HOCKEY

Men age 21+ who reside in Springfield. Pick-up games at Street hockey court at Springfield Community Pool, 44 Morrison Road. Mondays September 2019-January 2020 (game days could change due to weather), 6:30-9:00 pm (end time may be adjusted) COST: \$30 per person INCLUDED: Jersey to keep, balls, goals, loaned goalie equipment. NOT INCLUDED: Stick, protection QUESTIONS: (973) 912-2227 or recreation@springfield-nj.us

Register in person or by mail to:

Springfield Recreation Department Chisholm Community Center 100 South Springfield Avenue, Springfield (973) 912-2227 (973) 912-8584 fax www.springfield-nj.us/recreation • Email recreation@springfield-nj.us



Join us for some fun & safe Nerf battles!
Children from age's 8-12 play games like Capture the Flag, Freeze Tag and Survivor. We provide Nerf blasters, foam darts and safety goggles. Play time is 1 hour for 6 weeks on Mondays for only \$125 at Chisholm Community Center, 100 South Springfield Avenue, Springfield, NJ 07081.

Monday, January 6th - February 24th 6:00pm - 7:00pm

No sessions on January 20th & February 17th *

To register please complete, sign and return waiver form and pay via Venmo @ Vanggie Weber Any questions please call Vanggie Weber 973-494-4082 or Email: combatkidsfunparties@gmail.com

— RULES -

- You may bring your own Nerf blaster. All individual items must be approved by staff.
- Eye wear must be worn at all times. Do not remove eye wear until the game has concluded and participant has exited the gym.
- Players must not push or prevent another player from advancing on the gym floor.
- Any person under the age of 18 must have parental consent to play.
- Absolutely no modifications to Nerf blasters.
- Players must only use the foam darts provided by the staff.
- During the game everyone must follow instructions and all safety rules.
- · Failure to comply will result in termination from the game(s).

TEEN AFTER SCHOOL PROGRAM

Who: Springfield residents in 6th-12th grades

What: Basketball, volleyball, lounge games, TV, quiet study

supervised by Recreation Dept. staff

Where: Chisholm Community Center, 100 South Springfield Ave

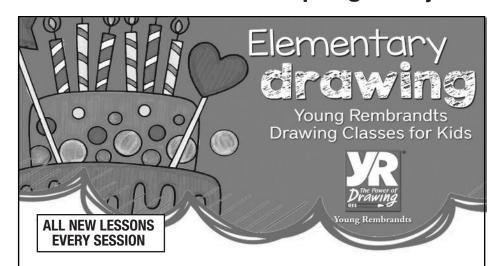
When: School Year: Monday-Friday (closed municipal holidays) 2:30-8:00 pm

How: Handbook, registration form, photo ID

Contact: (973) 912-2227, recreation@springfield-nj.us

www.springfield-nj.us/recreation www.facebook.com/springfieldnjrec

Cost: FRE



Ages 6 - 12 • Elementary Drawing

Start 2020 off with a bang! Young Rembrandts students will flex their creative muscle as they take on artistic challenges like our Winter Birdhouses and Sporty Snowboarder lesson in January. In February, students will master perspective and personality as they complete a challenging Palm Tree Scene, cute Penguins and their own version of Grant Wood's American Gothic. And in the month of March, get ready for a mix of elegance and graphic style drawings as students complete a Graceful Swan and Line Art Owl. There's no better way to shake the winter blues.... Sign up today!

Classes: Wednesdays, 4:45 - 5:45 pm • 1/08/20 - 2/26/20 Tuition: \$115 (8 Week Session)

Ages 3 - 5 • Preschool Drawing

Keep your preschoolers engaged during the winter months. There's no place more engaging than a Young Rembrandts classroom. Ignite your preschooler's imagination as they draw our attention-grabbing lessons focused on mastering basic skills like circles and patterning. In February a drawing of a mouthwatering pizza and an endearing duck will bring out the artis-tic skills and advanced creativity. March lessons bring out the adventurer in Young Rem-brandts students as we complete an adorable Puppy, Silly Parrot and a very cool Pirate Ship! Expand your preschooler's creative horizons with a Young Rembrandts class. Sign up now!

Classes: Wednesdays, 3:45 - 4:30 pm • 1/08/20 - 2/26/20

Tuition: \$106 (8 Week Session)

Ages 6 - 12 • Elementary Cartooning

Your child is sure to be giggling all season long as they explore the fun, artistic world of Young Rembrandts cartooning! Funny expressions and hilarious animals are just a few pieces students will create in the months of January and February. Our March lessons are sure to delight kids and parents when students complete Goofy Chefs and our hilarious Cartoon Dads. Enroll your child today for fun artistic challenges they can use to create amazing pieces of artwork. Sign up today!

Classes: Wednesdays, 6:00 - 7:00 pm • 1/08/20 - 2/26/20 Tuition: \$115 (8 Week Session)

All Classes at Chisholm Community Center

Enroll Online at: www.youngrembrandts.com/middlesex-union before January 08, 2020

SPRINGFIELD JR. DAWGS 2 CHEERLEADING CLINIC

Come cheer, stunt, and have fun with the 2019 6-8th grade cheerleaders!



When: Saturday, January 18, 2020 (1:00-4:00pm)

Where: Chisholm Community Center, 100 South Springfield Avenue,

Springfield, NJ 07081

Attire: Participants should wear comfortable athletic clothing (shorts, yoga

pants, t-shirts etc.)

ee: \$15 (cash or check payable to Springfield Cheerleading)

Please contact Ariana Conte with any questions - contecariana@gmail.com

Registration is due by Wednesday, January 15, 2020! Please register at the Chisholm Community Center!



The winter holiday season is traditionally a festive and eventful time of year. Celebrations, family gatherings and visits from house guests traditionally increase in number during the season.

Unfortunately, statistics show that incidents of home fires and electrical accidents typically increase during winter months. According to the National Fire Protection Association (NFPA), 30 percent of home fire and 38 percent of home fire deaths occur during the months of December, January, and February.

There are steps that can be taken to reduce the risks of death and injury from a home fire this holiday season. It is critical that families keep fire safety in mind while enjoying this festive, exciting and extremely busy time of year.

Take steps to protect your family and home from holiday season fires.

- Seasonal Fire Safety There's no place like home for the holidays and no better place to implement good fire safety practices.
- Smoke Alarm Safety Tips Smoke alarms save lives. Follow this simple guidance to ensure that your home is adequately protected by working, properly installed smoke alarms.
- Space Heater Safety As the temperature drops during the winter holiday season, many families turn to space heater to help warm their homes. Many are unaware, however, that the risk of fire from space heaters is much greater than from central heating equipment.
- Holiday Cooking Safety The kitchen is the heart of the home. It's where families gather to cook favorite recipes, share warm meals, and reconnect with each other, especially during the holidays. Unfortunately, it's also where two of every five reported home fires start.
- Holiday Decorating Safety While decorative lights and other electrical decorations add to the splendor of the season, they can increase the risks of fire and electrical injuries if not used safely.
- Extension Cord Safety While extension cords are a convenient way to supply power right where you need it for your holiday decorations, they can also create hazards if not used safely.
- Counterfeit Electrical Products Unlike fake handbags, watches, or designer apparel, counterfeit electrical products pose significant safety hazards.

Be proactive and take steps to protect your family and home from holiday season fires.

- Make you check list and check it twice
- Stockings hung at least three feet from heat sources
- Purchase holiday lights that bear the of a nationally recognized testing laboratory
- Keep your tree Hydrated
- Do not overload electrical outlets
- Do not string more than three strands of incandescent lights
- Always turn off decorations before leaving your home

TRYCAN

The Springfield Recreation Department is a member of TryCAN, a multi-community collaboration that provides a variety of recreational programs for youth with special needs. For more information on program offerings or to register, please visit http://summitcommunityprograms.com/156.

Pool Party Room Rental Available for Springfield and out-of-town residents and businesses.
Fees vary from \$200-\$500.



Call to learn about serving beer and wine!

Call Recreation Department (973) 912-2227



Party room and kitchen available at the Chisholm Community Center for your next event. Cost to Springfield residents is only \$225 for up to four hours.

SPRINGFIELD BUSINESS IMPROVEMENT DISTRICT BOARD MEETING HIGHLIGHTS NOVEMBER 2019 AGENDA

Chairman's Report – Mike Scalera told the Board how proud he is of this group of people and what this group has accomplished and has done for the community. This group has found ways to think out of the box and reach our goals. He thanked each member of the Board individually for their dedication to Springfield. He reported that he can't wait to see what we do in 2020!

Township Report - John Bussiculo

- Gomes: They are submitting their Engineering Drawings this morning. They are scheduled to go before the Planning Board on Thursday, December 5. Mr. Bussiculo reported that there have been discussions regarding parking for the project. It has been suggested to move the parking from Duffy's Corner to the DMV Parking lot. However, the DMV Parking lot does not have 45 open parking spaces. They may decide to provide the parking spaces as needed rather than assign them all up front. This doesn't have to be decided at this time. Discussions will continue. Once they receive final approval they can begin the next day.
- Saks Property: Nothing is happening at this time. They can begin applying for permits any time. He is going to have Matt Jessup contact the Millburn Attorney to find out what is happening.
 - RICA Site- Nothing is happening with this at this time.
- Larkin property- There are some issues with electrical poles. He offered for them to come in and meet and he would try and help them with JCP & L.

The Township is reviewing upgrading Ruby Field. They want to provide a proper Baseball Field for the High School teams. They are reviewing the costs for a new Scoreboard. They will consider looking for a sponsor to offset the cost.

The Town is looking to install a push button crosswalk light at the High School on Mountain Ave. The roadwork on Evergreen should be completed. This is the last road for the project. The bridgework on Morris Ave. should begin in 2 years. There will be no easy way to do this project. Once started it should take about 8 weeks. A discussion about the brook that runs under the Hershey Building ensued.

Executive Director's Report

<u>Streetscape Update:</u> Beth Lippman reported that the only thing left to complete is turning on the street lamps. This is done by the utility. It was supposed to be done last week. The wiring was completed and work at the meter is what needs to be done. It should be completed this week. We are waiting for the Township approval of the ramp and railing at the Alan's Deli location. Mr. Bussiculo will look into getting this done.

Committees

Marketing –

- *The Pumpkin Hunt went well with many businesses (restaurants, of course) no only getting people to come in for stickers, but also ordering food and drinks. TD Pizza was thrilled! The businesses absolutely "get" this program as a traffic driver. We would have liked to see more social media posts FROM THE BUSINESSES and also them offering some sort of comeback incentive. We'll work harder on this for next time...but it's an ongoing situation, as we all know.
- We had 181 flyers turned in and winners were selected and posted. Each will be contacted to arrange for their prizes. Garden State Orthodontics was the main sponsor.

Of the 181 flyers...the average person went to over 12 places...adding up to almost 2100 store visits!

- Holiday Coupon Booklets were completed and have been distributed to all participating places and community areas. Stores were all excited when we came in from them...telling us how much their customers enjoy them. We were especially greeted warmly about these at Antonio's...who asked for more than their usual allotment
- The App content is strong with over 60 deals presently up and all the new businesses (Poke 22, etc) updated into the directory. Most active page visits are, of course, deals and events. Events are posted through December and push notifications are scheduled.
 - Facebook page contests are very active with 5-7,000 views per week.
- Spotlights are received well and many places are asking to be spotlighted.

New Business -

Krispy Krème is holding a job fair to fill their employment needs.

INTERESTED IN SCRAPBOOKING?

The Recreation Department hosts a scrapbooking meet-up at Chisholm Community Center one Saturday per month. If you are interested in learning more about the art and hobby of scrapbooking, or want to bring your own supplies to the meet-up and have company to scrapbook with, contact the Recreation Department at (973) 912-2227 or recreation@springfield-nj.us for more info.

Springfield Free Public Library

66 Mountain Avenue, Springfield 973-376-4930

Check Library website for MGG schedule:www.sfplnj.org REGULAR LIBRARY HOURS Monday, Wednesday & Thursday 10:00 am – 9:00 pm Tuesday, Friday, Saturday 10:00 am – 5:00 pm Sunday 1:00 pm –4:00 pm

CHILDREN'S PROGRAMS

For Children's Programs, please call Brianne Mintz at 973-376-4930 ext. 232.

YOUTH SERVICES PROGRAMS

Mother Goose Group: Babies, toddlers and preschoolers with a parent or caregiver. 10:30 am. **Friday December 20, and Friday December 27**

Family Craft: Ages 2-4 with family or caregiver. Wednesday December 18. Registration Required.

TEEN PROGRAMS

Stop Motion Workshop | Dec 23 & 30 and Jan 6 & 13 from 3:30pm to 4:30pm

This workshop, open to grades 3-5, will teach participants the basic practices of stop motion, using the Stop Motion Studio Pro app on the library's iPads. Stop motion is a filming technique where you manipulate objects in small increments between individually photographed frames. Participants will work in pairs to create a short animation. Registration is required, with a maximum of 6 participants. Lessons are cumulative, and participants should try to attend all sessions. To register, please speak with Teen Librarian Ms. Alice, either in-person or at 973-376-4930 ext. 233.

Tweens Play | Friday, January 17 & 24 at 3:15pm Open to grades 5-9. Come play on the library's PS4 or Nintendo Switch! Registration is not required and walk-ins are welcome on a first-come, first-served basis.

DISCUSSIONS AND WRITING

Thursday, January 2 at 7:00 pm – The Really Good Book Discussion Group will discuss Eleanor Oliphant is Completely Fine: A Novel by Gail Honeyman.

Tuesday, January 7 & 21 at 1:00 pm – The Next Chapter Book Club will meet at Springfield Free Public Library. This is a book club for adults with developmental disabilities, led by Debra Gutman.

FILMS

Monday, January 13 at 1:00 pm – The Lunchtime Film Series presents The Peanut Butter Falcon (2019). Starring Shia LaBeouf, Dakota Johnson, and Zack Gottsagen.

Monday, January 27 at 1:00 pm – The Lunchtime Film Series presents Yesterday (2019). Starring Himesh Patel, Lily James, and Sophia Di Martino.

HOBBIES AND INFORMATION

Every Monday at 7:00 pm. Scrabble - Bring a friend or meet new opponents!

Every Monday, 6:15 pm to 8:00 pm Canasta Club.

Every Tuesday, 1:00 pm to 4:00 pm Afternoon Mahjong Club.

Every Wednesday, 6:45 pm to 8:45 pm Evening Mahjong Club.

Every Thursday at 7:00 pm Chess Club.

SPECIAL EVENTS

Sunday, January 5 at 2:00 pm – The Original Mixed Company performs live at Springfield Free Public Library. This singing group specializes in Doo-Wop, Motown, Rhythm & Blues, and Gospel.

Wednesday, January 22 at 7:00 pm – Sports broadcaster Evan Weiner presents "The Culture of the Super Bowl: America's Holiday".

Tamara Tsoutsouris will lead three classes on January 3, 17, and 31at 12:30 pm.

Each session includes guided relaxation, breathwork, and seated stretching / poses.

BOOK DISCUSSION GROUP READS ELEANOR OLIPHANT IS COMPLETELY FINE: A NOVEL BY GAIL HONEYMAN

The Springfield Free Public Library's (Really Good!) Book Discussion Group will meet on Thursday, January 2 at 7 pm to discuss Eleanor Oliphant is Completely Fine: A Novel by Gail Honeyman. Honeyman's awardwinning debut novel focuses on Eleanor, a socially awkward, routine-oriented loner who teams up with a bumbling IT guy from her office to assist an elderly accident victim. Eleanor's deadpan weirdness and unconscious wit make for an irresistible story as she realizes the only way to survive is to open your heart.

Discussions take place at 7 pm in the Staff Room. New members are welcome. Refreshments are served. To reserve your copy of the book call 973-376-4930 x228 or send an email: questions@sfplnj.org.

PASTEL PAINTINGS OF ANITA GLADSTONE

The Donald B. Palmer Museum of the Springfield Free Public Library will exhibit the pastel paintings of Springfield resident Anita Gladstone during the month of December. An artist's reception will be held Sunday, December 22 from 1:30pm – 3:30pm. Ms. Gladstone's paintings have been included in group exhibitions in New Jersey, New York City, Cape Cod, and Chicago, including at such venues as the Monmouth Museum in Lincroft, New Jersey and The Salmagundi Club and The National Arts Club, both in New York City.

Ms. Gladstone graduated from the University of Cincinnati with a B.F.A. in painting, but became fascinated with working in clay shortly thereafter. After about 20 years making pottery, the artist returned to her roots and began painting again, this time with pastels. She finds the spontaneity of the medium, which is almost pure pigment and with wonderfully vibrant colors, to be an exciting way to express her interest in the beauty of landscapes.

Ms. Gladstone is a signature member and board member of the Pastel Society of NJ, a juried associate member of The Pastel Society of America, and an elected member of the American Artists Professional League. She is also a member of Studio Montclair and an associate member of Allied Artists of America and the Catherine Lorillard Wolf Art Club. More information about Ms. Gladstone, including examples of her work, can be found at www.anitagladstone.com and www.facebook.com/anitagladstoneart/.

The Donald B. Palmer Museum is located inside the Springfield Free Public Library at 66 Mountain Avenue; the library's main entrance is actually located on Hanna Street, across from the municipal parking lot. More information about the Palmer Museum and the library can be found at www.springfieldpubliclibrary.com.



ANYONE SEEKING HELP CAN CALL 973-467-3388

We need your donations as well! Springfield HOPE is funded solely by your donations. We are a 501(c)3 not for profit corporation and 99% of your donated dollar will go to help someone in need in Springfield. The all volunteer Trustee Board administers the program by donating their time and office staff to keep HOPE going. Only filing fees and a small fee for our accountant are paid by HOPE. Please allow us to keep helping your neighbors and donate now. Checks can be mailed and made payable to Springfield HOPE, c/o Dr. Gary Hecht, 201 Mountain Avenue, Springfield, NJ 07081.

- PUBLIC HEALTH DEPARTMENT-

ALCOHOL AWARENESS ALCOHOL EFFECTS ON THE BODY

Drinking too much on a single occasion or over time can take a serious toll on your health. Here's how alcohol can affect your body:

BRAIN

Alcohol interferes with the brain's communication pathways
Change mood and behavior, and make it harder to think clearly and move with coordination.

HEART

CARDIOMYOPATHY: stretching and drooping of heart muscle ARRHYTHMIA: irregular heart beat STROKE - HIGH BLOOD PRESSURE

LIVER

INFLAMMATION: STEATOSIS OR FATTY LIVER ALCOHOLIC HEPATITIS FIBROSIS - CIRRHOSIS

CANCER

The more alcohol a person drinks particularly the more alcohol a person drinks regularly over time the higher his or her risk of developing an alcohol associated cancer.

Which are the following:
HEAD AND NECK CANCER
ESOPHAGEAL CANCER
LIVER CANCER - BREAST CANCER
COLORECTAL CANCER

PANCREAS

Produce toxic substances that can eventually lead to pancreatitis, dangerous inflammation and swelling of the blood vessels and prevent proper digestion

IMMUNE SYSTEM

Drinking too much can weaken your immune system, making your body a much easier target for disease.



COORDINATOR'S CORNER

Scott Seidel,

Emergency Management Coordinator oemcoordinator@springfield-nj.us

UNDERSTANDING WINTER FLOODING

Floods are the number one natural disaster in the United States. Flooding causes damage and destruction across regions nationwide—wiping out homes, businesses and personal financial resources. Residents need to know that they can take steps to protect their property and financial security before disaster strikes. However, many residents who are eligible for protection are unaware they can get flood insurance. Several conditions can cause winter flooding, including coastal flooding, ice jams and rapid snowmelt. Winds generated from winter storms can cause widespread tidal flooding and severe beach erosion along coastal areas. Long cold spells can also cause the surface of rivers to freeze, leading to ice jams. An ice jam occurs when a rise in the water level or a thaw breaks the ice into large chunks, which become jammed at man-made and natural obstructions. This can result in severe flooding. A sudden release of an ice jam can also cause flooding. When the water is released, it can flow downstream quickly, causing a significant rise in water levels in a very short time period. Sudden thaws of a heavy snow pack can also lead to flooding. A midwinter or early spring thaw can produce large amounts of runoff in a short period of time. Because the ground is hard and still frozen from low winter temperatures, water cannot penetrate and be reabsorbed. The water then runs off the surface and flows into lakes, streams and rivers, causing excess water to spill over their banks. Mitigation Matters FEMA's mission is helping people before, during, and after disasters. 7 Residents in areas susceptible to winter flooding need to prepare in advance for flood conditions. Before the threat of flooding becomes imminent, residents should: • Purchase a flood insurance policy if they do not already have one. • Review their current insurance policy and become familiar with what is and is not • Make a flood plan, plan evacuation routes and keep important papers in a safe, waterproof place • Itemize and take pictures of possessions FEMA encourages everyone to learn more about flood insurance and how the National Flood Insurance Program (NFIP) can help to protect your home and financial security.

More information available at http://www.floodsmart.gov/ or by calling 1-800-427-2419

TEMPLE SHA'AREY SHALOM PARTICIPATES IN FAMILY PROMISE PROGRAM



On December 6th, the director of the Family Promise program presented Temple Sha'arey Shalom with a book of drawings that represent healing after the Tree of Life Massacre. Also present was the Mason family whose children participated in the creation of the book of life. The book can be viewed in the Temple office.

Family Promise is a national program where communities can cook special meals and eat with the homeless in our midst. Beverly Lerner and Susan Berowitz-Kolmodin head the program at Sha'arey Shalom. To learn more about Family Promise, please contact Sandy at the Temple office at 973-379-5387 or email office@shaarey.org. Sandy will connect you with Bev Lerner.



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