

# THE Patriot Times™

SPRINGFIELD'S ONLY HOMETOWN PAPER



Township of  
Springfield, New Jersey  
County of Union

Published by the Township of Springfield in cooperation with the Springfield Patriot Chamber of Commerce

[www.springfieldpatriot.com](http://www.springfieldpatriot.com)

APRIL 2015 • Issue #50

[www.springfield-nj.us](http://www.springfield-nj.us)

## NEXT CHAMBER MEETING

**THURSDAY**  
APRIL 23, 2015

8:30 am - 9:30 am  
Emergency  
Management Office  
Top Floor of the Fire House  
In the Joseph Pepe III  
Memorial Training Room  
200 Mountain Ave.

Members and non-members are invited to Chamber meetings. Free coffee and donuts are served.

## BECOME A MEMBER

Join the Official Chamber of the Township of Springfield for only \$100 per year and receive discounted rates in the Patriot.  
[www.springfieldpatriot.com/application](http://www.springfieldpatriot.com/application)

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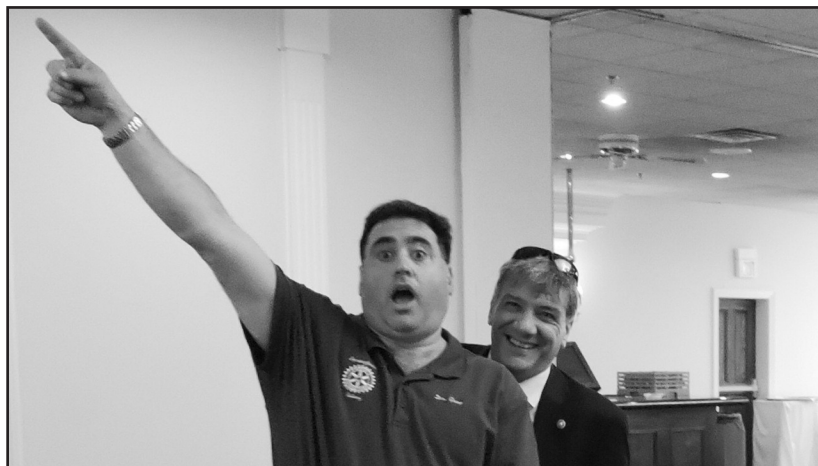
## SPRINGFIELD ROTARY "TASTE OF THE TOWNS" A BIG HIT

The Springfield Rotary's Taste of the Towns was held on Monday evening, March 23 at L'Affaire in Mountainside. "Over 20 restaurants and vendors participated, and well over 200 people attended," according to Rotarian Joseph Cappa, who chaired the event. Attending this year were: L'Affaire, Cozy Corner, McLynn's, Delightful Cake Kreations, Campus Subs, Springfield Deli, Olive Garden, Sofia's, Carmela's Kitchen, Casa Manilla, Noodle Fan, Monkey Joe's Nuts, Limani, Moonshine, West 22 Diner, Outback, Mosaico, and Stew Leonard's Wines.

Several restaurants "sold out" of popular items and the desserts. "The corned beef rolls supplied by McLynn's went quickly," according to Dr. Gary Hecht, the emcee of the night.

A silent auction and "tricky tray" were held and attendees had their chance to bid on many valuable prizes, including Broadway shows and sporting event tickets, even a foursome at Shacka-maxon golf club.

Stew Leonard's Wines was set up at the entrance and offered wine to accompany the food. The event was truly "A Taste of the Towns."



Dr. Gary Hecht calmly directs the set up at the Taste of the Towns, as Event Chairman Joe Cappa looks on.

## "A TASTE OF THE DOWNTOWN TO COME"



Two renderings prepared by a potential developer in conjunction with the Business Improvement District showing a possible residential development for Church Mall. Mayor David Barnett and the Springfield Business Improvement District invite you to a public Town Hall meeting on Tuesday, April 14 at 6:00 PM. At this meeting, artists' renditions of several major projects will be presented. The public will have the opportunity to speak with and ask questions of the Mayor, representatives of the BID, property owners and township employees. The Mayor will present concepts for a new building on Morris Avenue between Caldwell and Center Streets, streetscape projects along all of Morris Avenue, streetscape projects along Mountain Avenue and a new project on Church Mall. \*\*\* Please try to attend this exciting event.







*The Patriot Times* is published by the Township of Springfield in cooperation with the Springfield Patriot Chamber of Commerce.

Over seven thousand newspapers are printed monthly and distributed free to every postal patron in Springfield.

Although great care has been taken to ensure the information contained within is accurate, Springfield Patriot Chamber of Commerce assumes no liability for errors or omissions.

# **SPRINGFIELD PATRIOT** Chamber of Commerce

Springfield Patriot Chamber of Commerce  
1 Cornell Parkway, Springfield, NJ 07081  
973-912-2300

Co-Chairman: Scott Seidel and Patrick Paoella  
Networking Vice President: Elliot Merkin  
Recording Secretary: Tracy Geyer

## **SPRINGFIELD, NJ**

MAYOR: David Barnett  
DEPUTY MAYOR: Margaret Bandrowski  
COMMITTEE MEMBERS:  
Ziad Shehady  
Jerry Fernandez  
Richard Huber

## **IMPORTANT PHONE NUMBERS**

All Emergencies	
(Police, Fire, Ambulance).....	9-1-1
Police (Nonemergency) .....	973-376-0400
Fire (Non-emergency).....	973-912-2265
Board of Education.....	973-376-1025
Construction Office .....	973-912-2220
Court.....	973-912-2213
Emergency Management	
Department .....	973-376-1058
Engineering Department .....	973-912-2219
Finance Department .....	973-912-2279
Fire Prevention Office .....	973- 376-1740
Health Department .....	973-593-3079
Library .....	973-376-4930
Office of the Mayor .....	973-912-2285
Public Works Department .....	973-912-8483/2225
Recreation Department.....	973-912-2227
Recycling information .....	973-912-2222
Tax Assessor .....	973-912-2207
Tax Collector .....	973-912-2204/05
Township Administrator.....	973-912-2202
Township Clerk.....	973-912-2201
Vital Statistics/Registrar .....	973-912-2285
Zoning Office .....	973-232-4449

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## **ADVERTISING & PRESS RELEASES**

*Inquires concerning advertising and submissions of press releases can be made to The Springfield Patriot Chamber of Commerce via email or fax to:*

**SCOTT SEIDEL, Editor**  
JOHN COTTAGE, Sr., Assistant Editor  
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KRISTEN OAKS, Copy Editor  
info@springfieldpatriot.com  
Phone 973-912-2300 • Fax 973-376-0425



## *Message from the Mayor*

Hello Springfield friends and neighbors. I’m so happy that spring is finally here and once again I have this opportunity to share with you what’s happening in our town. Last month I discussed major improvements that are being planned for our Morris Avenue business district. These plans will have a huge impact on the look of downtown as well as the economic viability of the area. In this message, I’d like to share more exciting projects with you that are slated for the Mountain Avenue business districts.

### **Mountain Avenue Streetscape Projects**

The Springfield Business Improvement District, last month, announced plans to dramatically improve the look and feel of the sidewalks along Mountain Avenue in the Henshaw Avenue area and also by Remer Avenue. These projects are entirely funded by the BID and not resident tax dollars. The new streetscapes will include: brick or paver sidewalks, improved and replaced lampposts, new benches, and matching trash and recycling bins. All improvements will have a colonial style in keeping with the BID’s newly formed architectural design standard. The plans are going out to bid and we should expect to see work starting towards the end of the summer or beginning of the fall.

### **Continuing to Work Towards Flood Mitigation Solutions**

I once again had the privilege of joining the Mayors from surrounding towns to lobby our Senators and Congressmen in Washington for flood mitigation projects along the Rahway River. Last year, I attended a similar trip, which resulted in \$1 million of funding for the Army Corps of Engineers’ Orange Reservoir project. There were numerous positive developments that came out of last month’s Washington DC visit.

First and foremost, we thanked our representatives for their commitment to date and made sure that their long-term plans are aligned with ours. As a result, Senator Booker is sending a letter to the Senate Appropriations Committee that states that this is one of his three priorities this year. In addition, each of the Congressmen we met with submitted their requests to the House Energy and Water Appropriations Subcommittee to fund the project, which is a critical step

Additionally, we now have a more accurate view into timing, and new ideas for reducing the overall cost of the project. Finally, It was greatly appreciated that Bruce Bergen, Vice Chair of Union County Freeholder Board, was present. We were told that the Mayors’ commitment along with the Freeholder’s support have made a huge difference in how the Army Corp, Senators and Congressmen view this plan and will go a long way to ensure its success.

On behalf of the Springfield Township Committee, I urge you to attend town hall meetings and bring your input to help us make the best decisions for our community. The Township Committee meets in regular session at 7:30 p.m. on the second and fourth Tuesdays of every month in the Municipal Building. The Committee’s regular Tuesday meetings are televised (you can find the link at the municipal website <http://springfield-nj.us/>).

Have ideas? I’m always interested in hearing from you. Email me at [david.barnett@springfield-nj.us](mailto:david.barnett@springfield-nj.us) so I can share your ideas with the Township Committee.

Your Mayor

*David Barnett*

## **Springfield Community Blood Drive**

**Thurs. April 16th 12pm – 6pm**

**Springfield Municipal Building at 100 Mountain Ave. Springfield, NJ**



**Did you know each pint of blood can help save up to three lives?  
Please donate blood. WALK-INS WELCOME!**

**For questions & to schedule an appointment:  
1-800-933-2566 | [www.nybloodcenter.org](http://www.nybloodcenter.org)**

**▲ New Jersey Blood Services**  
*A Division of New York Blood Center*

## **TOWNSHIP MEETING DATES**

### **TOWNSHIP COMMITTEE**

Workshop Meeting Monday, April 13, 7:30 pm Fire Dept.  
Regular Meetings, Tuesdays, April 14 and 28, 7:30 pm, Town Hall  
Workshop Meeting Monday, May 11, 7:30 pm Fire Dept.  
Regular Meetings, Tuesdays, May12 and 26, 7:30 pm, Town Hall

### **PLANNING BOARD**

1st Wednesday, 7:00 pm at the Municipal Building

### **BOARD OF ADJUSTMENT**

3rd Tuesday, 6:30 pm at the Municipal Building

### **BOARD OF HEALTH**

2nd Wednesday, 6:30 pm at the Firehouse

### **RENT LEVELING BOARD**

Last Thursday of month, 7:00 pm at the Municipal Building

### **RECREATION COMMITTEE**

Contact the Recreation Department for future meeting schedule.

### **ENVIRONMENTAL COMMISSION**

3rd Monday, 7:30 pm at the Annex

### **LIBRARY BOARD OF TRUSTEES**

3rd Thursday, 7:30 pm at the Library



# Springfield

Business Improvement District

## WHAT'S HAPPENING

### The Springfield BID at Work!

Follow us on  
 [facebook.com/SpringfieldNewJersey](https://www.facebook.com/SpringfieldNewJersey)

Visit our website: [www.springfieldbid.com](http://www.springfieldbid.com)



## SPRING AROUND TOWN

Tue, Wed & Thu, APRIL 21, 22 & 23



**Save at Over 40 Businesses All Over Town**

To view all deals on your phone, go to:  
[tiny.cc/spring2015mobile](http://tiny.cc/spring2015mobile)

For a printable flyer, go to:  
[tiny.cc/springaroundtown](http://tiny.cc/springaroundtown)

## BUSINESS SPOTLIGHT

### WOLF PREMIER PROPERTIES

11 S. Springfield Ave, Ste 9 - 973-218-9000

Wolf Premier Properties, LLC was founded in 2013 by Springfield resident Lucas A Wolf. After many successful years of working for both small and large real estate brokerage firms and representing clients in millions of dollars of real estate transactions, Lucas wanted to create a real estate company that was both "client-centric" and devoted to the community; and Wolf Premier Properties was born.

He has succeeded admirably, assembling a professional team of "premier" agents who focus on professionalism and integrity...and more importantly, get the best results for their clients.



### SPRINGFIELD DELI

779 Mountain Avenue - 973-564-8144

Welcome to Springfield! The Springfield Deli and Catering is a new eatery created for our neighborhood by people who are your neighbors right here in town! And what they've "deliciously" created is...a traditional kosher-style food with a little flair of the new for breakfast, lunch and dinner! Whether you eat there or order in...you'll be happy you did while enjoying wonderful hot deli sandwiches (their pastrami rocks!), sloppy Joes, wraps, homemade

soups, salads, spreads and much more! They also cater and are open 7 days a week!

### EXTREME PERSONAL TRAINING

485 Morris Avenue – 973-315-3145

At Extreme Personal Training they have one goal in mind...to help you reach your fitness and/or weight loss goals in an atmosphere that is comfortable and non-intimidating while encouraging you to relax and have fun. Their many programs (in-home or at their facility) are personalized to fit your own level of entry, and all classes are taught by professional certified instructors. Although most clients prefer taking these sessions alone, feel free to ask about bringing a friend.



### TRINITAS CHILDREN'S THERAPY SERVICES



899 Mountain Avenue – 973-218-6394

The caring professionals at Trinitas provide a wide range of therapies including Occupational Therapy, Physical Therapy, Speech Therapy and Applied Behavior Analysis. Their experienced therapists work with children of all ages, medical diagnoses and school classifications. Therapy programs are goal-directed and individualized for each child with an emphasis on evidence-based practice and collaboration. Their therapy center is warm, colorful and inviting for all.

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Use the Loyalty Program to collect points and earn rewards on your own digital loyalty card through transactions, social media sharing, and in-app contributions.



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# Springfield Town Hall Bulletin Board

## CLEAN COMMUNITIES DAY - APRIL 26

In celebration of Earth Day, the Springfield Environmental Commission and the Department of Public Works are sponsoring "Keep Springfield Clean and Green."

Volunteers of any age are needed to help cleanup the township.

### PLEASE COME AND HELP.

Register at the DPW Building on Mountain Avenue in the center of town from 12:00 to 3:00 pm on Sunday, April 26.

Gloves, bags and tools will be provided.

Suggested attire: long sleeved shirts, pants, boots.

See the award winning designs for the Reusable Grocery Bag Design by Springfield students now on display at the Springfield Public Library.

## SAVE MONEY AND ENERGY IN YOUR HOME WITH HOME PERFORMANCE!

Home Performance with ENERGY STAR offers "whole house" solutions to reduce both your energy costs and carbon footprint. Installing energy efficient upgrades in your home can save you up to 30% on energy costs and increase the comfort, safety, and durability of your home. New Jersey homeowners now have until June 30, 2015 to receive up to \$5,000 in financial incentives. You may also qualify for 0% interest financing (up to \$10,000) to help pay for the energy-efficient upgrades!

For program details, please visit the Township's website <http://springfield-nj.us/download/engineering/hpes.pdf>.

## SPRINGFIELD PASSES SMOKE FREE PARKS ORDINANCE

On March 10, 2015, Springfield Township Committee passed an ordinance banning smoking in all outdoor municipal parks and recreation areas. The ordinance also bans smoking within 20 feet of a municipal building and in any vehicle registered to the Township of Springfield. The ordinance will be enforced by members of the Township Police, Fire, Recreation, Public Works, and Health Departments. Violators may be fined up to \$50 for the first offense, \$100 for the second offense, \$200 for the third offense, and \$500 for each subsequent offense. Any municipal employee found in violation may also be subject to disciplinary actions.

Springfield joins 278 New Jersey counties and municipalities that have also restricted smoking in their parks and recreation areas. "There are numerous benefits in passing this ordinance," said Mayor David Barnett. "According to Global Advisors on Smokefree Policy, a resource provider on this project, outdoor second hand smoke is considered to be a Class A carcinogen – there are no safe levels.

This ordinance will protect people, especially children and seniors, from secondhand smoke, creating a healthy environment for exercise and recreation. In addition, tobacco waste is the leading type of litter in our parks. This will lower our cleanup costs, reduce the risk of fire, and protect children and animals from ingesting tobacco waste."

In addition to the health and environmental benefits, this ordinance will allow Springfield to earn ten points toward obtaining certification by Sustainable Jersey. Sustainable Jersey towns and cities implement practices that lead to cost savings in energy, water and garbage bills. The program helps communities improve efficiency, cut waste and stimulate their local economies. Registered towns get special priority access and notification of incentives and grants, and are eligible for the Sustainable Jersey Small Grants Program, which has funded \$1,407,000 worth of sustainable projects since 2009 across New Jersey. Municipalities accumulate points for taking actions in a variety of categories.

Look for new "No Smoking" signs that will be posted in our municipal buildings and parks. Global Advisors on Smokefree Policy provided the signs to the municipality free of charge. To see the complete ordinance, log onto the township website, [www.springfield-nj.us](http://www.springfield-nj.us).

## FLUSHABLE WIPES – SHOULD NOT BE FLUSHED!

Although these wipes are often labeled as flushable, biodegradable, and sewer and septic safe, it is believed that some of these products do not actually break down in water and can cause plumbing problems, including clogged toilets and more serious sewer line blockages and backups.

Reportedly, consumers have spent hundreds of dollars unclogging blocked pipes, while wastewater treatment plants have spent millions repairing and replacing machinery that could not process the wipes.

Homeowners have reported the following issues with their plumbing systems after using these wipes:

- Toilet clogs
- Increased utility rates
- Sewer line blockages and backups
- Septic backups in bathrooms, showers, and basements
- Septic system failure

Even if the wipes are used sparingly, they can still cause plumbing problems, according to consumers. One reviewer claimed he experienced a toilet clog after using just one wipe.

### Water Treatment Plants Also Reporting Problems

Following the same route as all other waste, the wipes travel through household pipes, sewer pumps, and arrive at water treatment plants, which have also reported problems after wipes clogged and damaged existing sewer pumps.

According to some estimates, flushable wipes may be responsible for a 35 percent increase in broken pumps and clogged sewer lines they've seen over

the last few years. In addition, many man hours have been wasted removing wipes and repairing broken equipment.

Consumer Reports found that although these products had labels stating that they were safe for septs and would break up after flushing, the wipes remained intact for at least 10 minutes after they were immersed in water. In contrast, the same test showed toilet paper breaking up within seconds.

Studies have been conducted by sewer officials showing flushable wipes cause the replacement of sewage pumps that were routinely clogging due to wipes. To test whether flushable wipes actually disintegrate in water, sewerage employees dyed them bright colors and sent them through the sewer system for one mile. When the employees checked the sewage further down the system, the colorful wipes were still intact, with the "flushable" wipes only showing minor rips and tears.



## REGISTER NOW FOR THE FOURTH ANNUAL TOWNSHIP COMMUNITY GARAGE SALES!

**JUNE 20-21 & SEPTEMBER 12-13**

Back by popular demand, not one but two town-wide Community Garage Sale weekends:

Saturday, June 20 - Sunday, June 21 and Saturday, September 12 - Sunday September 13. Sale hours will be 9 am to 6 pm, except on September 13 when it will end at 3 pm. The garage sale dates are prior to bulk garbage pickups on June 24 and 25 and September 16 and 17 (depending on where you live), so what you don't sell, you can discard if you wish.

There is no registration or permit fee but we would like to post garage sale locations on the Township website ([www.springfield-nj.us](http://www.springfield-nj.us)) and Facebook page ([www.facebook.com/springfieldtownshipnj](http://www.facebook.com/springfieldtownshipnj)). Please email your address to [communitygaragesale@springfield-nj.us](mailto:communitygaragesale@springfield-nj.us) or call Town Hall at 973-912-2285 so that we can post it.

This is a great opportunity to not only clean out your unwanted or unused items, but also to have a coordinated community event that welcomes people to explore our town and appreciate the Pride of Springfield!

If you have any questions about this event, please call us at 973-912-2285.



We do not inherit the earth from our ancestors,  
we borrow it from our children.

~Native American Proverb

# Get Adjusted Plant a Tree

For every adjustment performed by our office in the month  
of April we will plant a tree through  
The American Forest Global ReLeaf Campaign

**HECHT FAMILY CHIROPRACTIC CARE**

**973.564.5885**

*[hechtchiropractic.com](http://hechtchiropractic.com)*

**201 Mountain Ave.**

Global ReLeaf is American Forests education and action campaign that helps individuals, organizations, agencies and corporations improve the local and global environment by planting and caring for trees.

Go to [americanforests.org](http://americanforests.org) to find out more



## TOWNSHIP COMMITTEE RECAP

Workshop Meeting March 9: This meeting was lengthy but productive! Our redevelopment attorney and planner made presentation of the suggested changes of the Planning Board to the Redevelopment Plan submitted by the Township Committee for comments. The Planning Board found that the plan was in conformance with the Township Master plan but did suggest two changes. One change concerned language in one item and the other recommended an additional setback of 2 feet for the front of the building. The matters were discussed and the Township Committee gave direction to the attorney to amend the ordinance (or not) as discussed. A presentation was made regarding allowing Cross River Fibers access in Springfield if needed for installation of a fiber optics system for commercial usage with no obligation or cost to the Township. Also discussed was the proposed second reading of the ordinance which mandates that municipal parks be smoke free.

The routine resolutions evoked no discussion, but there was an exchange of ideas regarding the Committee's thoughts on the future of Sarah Bailey. The consensus was that the township attorney should research possible options leading to the issuing of a request for proposals for the rental of the building for a set period of time which would allow the Township

to explore the possible future uses of the building.

Regular Meeting March 10: The meeting began with a series of announcements regarding upcoming events in the Township with invitations to the community to attend. After comments by Mike Scalera, co-chair, and Beth Lippman, executive director, the proposed budget of the Springfield Community Partnership (BID) was adopted. Ordinance 2015-04 authorizing a bond ordinance for planned improvements to the Municipal Pool in the amount of \$242,000 was adopted. These funds are from the proceeds of the poll utility and do not impact the municipal budget. Also passed was the Ordinance for Redevelopment Plan for Block 706, Lots 10-17 (Morris Avenue between Center Street and Caldwell Place.) Twelve resolutions for routine business items were also passed among other regular business.



Regular meeting March 24: This meeting announced a tribute to the late Brian McNany from Committeeman Huber, and several announcements including the dates of the Community Garage Sales, this year to be held twice, on June 20 and 21, and also September 12 and 13, and a request for volunteers to assist in planning the annual Memorial Day Parade.

For details, please call Town Hall at 973-912-2201. Beth Lippmann of the BID made a presentation of the plans streetscaping two commercial areas along Mountain Avenue. It is hoped that these projects will be underway this year. As usual, routine business was conducted and a number of resolutions passed. Thanks goes to the donor of \$3500 for the purchase of several sets of plates for police vests. Two ordinances were heard; one passed made changes to the fees for membership in the municipal pool fees (which are minimal), the other introduced changes to the fees for Fire Hazard Inspection fees, some of which will actually go down a little.

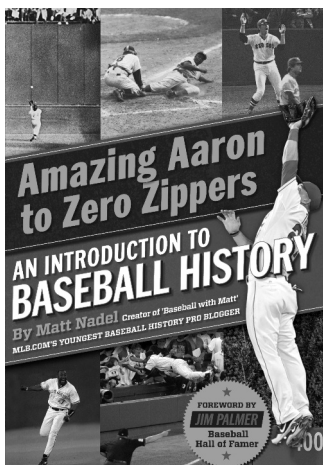
## EXCITING NEWS FOR SPRINGFIELD!

Prior to the next Township Committee Meeting, a Town Hall Meeting will be held at 6 pm at which the plans for Redevelopment will be reviewed. Included will be the plan already approved for the redevelopment along Morris Ave and the proposed plan for redevelopment on Church between the Church and chapel and Sarah Bailey (which is not included in the plan).

Next meetings: Workshop Monday April 13, 7 pm at the Firehouse. Regular Redevelopment presentation at 6 pm, followed at 7:30 by the regular meeting in Town Hall.

## SPRINGFIELD RESIDENT TO APPEAR AT BARNES & NOBLE ON APRIL 26

Matt Nadel, age 16, will be holding a book signing for his first book, *Amazing Aaron to Zero Zippers*, on April 26 at noon at the Barnes & Noble in Springfield. Matt's book is published by Summer Game Books and is an A-to-Z compendium of the best players, ballparks, teams and moments in the history of baseball. Filled with statistics and quick facts, and featuring over 50 iconic baseball photos, the book is a primer for baseball beginners, a resource for developing fans, and a treat for long-time devotees. As a special bonus, the book's foreword is by Hall of Famer Jim Palmer. In addition, Matt is donating all of his book proceeds to the ALS, Turn 2, Jackie Robinson, and Hall of Fame foundations.



Matt has written an MLB.com Pro Blog focused on baseball history, *Baseball with Matt*, since he was 13 years old. He's interviewed Yogi Berra, Hank Aaron, Bob Gibson, Rickey Henderson, Bud Selig, Rob Manfred, Billy Crystal, Presidents George W. and George H.W. Bush and many others. Matt would like to interview every living President and Hall of Famer. His goal is to one day be a baseball historian, journalist and historian.

## MAYOR'S COUNCIL RAHWAY RIVER WATERSHED FLOOD CONTROL VISIT WASHINGTON DC THANKING SENATORS AND CONGRESSMEN FOR KEEPING FLOOD MITIGATION ON TRACK



(l to r) Former Cranford Mayor Tom Hannen; Union County Freeholder Vice Chairman Bruce Bergen; Springfield Mayor David Barnett; Millburn Mayor Robert Tillotson; Congressman Leonard Lance; Union Mayor Manual Figueiredo; and Cranford Mayor Andis Kalnins.

Mayors representing communities along the Rahway River were in Washington DC this Thursday visiting New Jersey federal representatives and their staffs and the U.S. Army Corps of Engineers National Headquarters to ensure the funding needed to keep the Rahway River Flood Mitigation Plan on track. The Mayors representing their communities urged that not only the funding stay intact in the federal budget but the final selected plan get further positioned for construction funding by the end of this fiscal year.

Senator Corey Booker and Senator Robert Menendez gave assurance this was one of their highest priorities. Congressman Leonard Lance last week also met with the House Appropriations Chairman and received positive feedback that the required funding will remain available.

The communities had received positive news recently with the announcement by Senator Bob Menendez, Senator Corey Book; Congressmen Leonard Lance and Congressman Donald Payne, that the US Army Corps included in its FY 2015 Workplan \$500,000 that is matched by the state of New Jersey as part of a cost sharing agreement to fund the Rahway River Flood Mitigation Study. In addition, Senator Menendez announced that a like amount of funding was included in the President's FY 2016 Budget recently introduced to the Congress. The combined funding should complete the study and move the proposed plan to construction funding decision.

Over \$100 million of damages was faced by residents along the Rahway River during Irene. The Rahway River Flood Mitigation Plan includes modification to the Orange reservoir to store more water during peak storm conditions; there is proposed channelization improvements from Lenape Park through Cranford; and investigations are ongoing for improved storage in the Robinson Branch part of the Rahway River.

Former Mayor Tom Hannen, who praised Vice Chairman Bruce Bergen for his commitment traveling to Washington DC, said, "His support of the Mayors Council objective of flood mitigation in Union County communities was important." Springfield Mayor David Barnett expressed his appreciation for the efforts of the state's federal legislators.

The Mayors Council Rahway River Watershed Flood Control include: Union Mayor M Figueiredo; Millburn Mayor Robert Tillotson; Cranford Mayor Andis Kalnins; Rahway Mayor Sam Steinman; Springfield Mayor David Barnett; Maplewood Mayor Victor Deluca; and Kenilworth Mayor Fred Pugliese.



# GRAND OPENING CEREMONY OF THE YOUTH WING OF THE RAYMOND CHISHOLM COMMUNITY CENTER



On Saturday, March 21, township and county officials gathered for a grand opening ceremony of the youth wing of the Raymond Chisholm Community Center. After more than a year of planning and construction, the wing features a renovated teen lounge, gymnasium, meeting rooms, fitness studio, bathrooms, reconfigured Recreation Department – with new flooring, paint, fixtures, furniture, bulletin boards, and other modern features. The ceremony included a welcome by Township Administrator Anthony Cancro; invocation by Reverend Victoria Ney of the Springfield Presbyterian Church; remarks by Mayor David Barnett, Union County Freeholder Vice Chairman Bruce Bergen, Recreation Director Adam Lieb, Springfield Girl Scout Troop Leader Christy Barone, and Springfield Basketball Association President Glenn Wohl. At the conclusion of the ceremony, officials and youth joined together to cut a red ribbon to officially open the wing. Following the ceremony, a bronze dedication plaque was unveiled in the hallway outside the Lee Adler Memorial Gymnasium. Tours of the new wing were then led by Assistant Recreation Director Heather Re and Recreation Program Coordinator Danielle McLeer. Girl Scouts and basketball players – the future of Springfield – could be seen enjoying air hockey, foosball, and billiards, as well as shooting hoops in the gym.



Other officials and project leaders in attendance were: Deputy Mayor Margaret Bandrowski; Committeemen Richard Huber, Jerry Fernandez, and Ziad Andrew Shehady; Freeholder Vernell Wright; Township Clerk Linda Donnelly; Township Engineer Sam Mardini; Police Chief John Cook; Fire Chief Carlo Palumbo; Office of Emergency Management Deputy Coordinator Wally Schultz; Robert Barranger and Donna Miller of Cornerstone Architectural Group; and General Contractor Paul Zafiriou of Pharos Enterprises.



The youth wing renovation was made possible by two generous grants from the Union County Kids Recreation Trust Fund, with additional funding from the Springfield Township Capital Improvement Budget.

With the youth and senior wings both renovated, the building is truly the center of community activities in Springfield. It now houses programs for residents of all ages, such as: senior citizen meetings and luncheons, exercise and dance classes, sports club practices and games, pre-school indoor sports clinics, scout meetings, community group meetings, teen lounge and study room drop-in, teen center nights, Chisholm summer playground camp, cooking classes, private party rentals, and much more. More information on Recreation Department program offerings is available on [www.springfield-nj.us/recreation](http://www.springfield-nj.us/recreation) and [www.facebook.com/springfieldnjrec](http://www.facebook.com/springfieldnjrec), or by calling (973) 912-2227.





## MEALS ON WHEELS



*(l to r) Meals on Wheels volunteer Bonnie Cooper of Morristown and Springfield Deputy Mayor Margaret Bandrowski delivered meals to older adults in Springfield on Monday, March 9. They participated in the Meals on Wheels America's "March For Meals" campaign, which is coordinated by SAGE Eldercare in Summit. On a daily basis, SAGE volunteers deliver meals and check in on approximately 120 older residents in parts of Union, Essex, and Morris Counties. For more information on the program, call 908-273-5554 or visit [www.sageeldercare.org](http://www.sageeldercare.org).*



*(l to r) Cocoa Catallo of Springfield, Springfield Police Chief John Cook, and Mary Cameron of Springfield delivered meals to older residents in Springfield on Wednesday, March 11. He participated in the Meals on Wheels America's "March For Meals" campaign, which is coordinated by SAGE Eldercare in Summit.*



*On Thursday, March 12, Springfield Mayor David Barnett and his family participated in the Meals on Wheels America's "March For Meals" campaign. (l to r) Meals On Wheels volunteer Dan Talarsky of Springfield, Mayor Barnett's wife Lori, Springfield Mayor David Barnett, and daughter Molly as they set out to deliver meals to older residents of Springfield.*

## SAINT JAMES THE APOSTLE SCHOOL HOLDS NATIONAL JUNIOR HONOR SOCIETY INDUCTION



*(front row) Kyle Roethlin, Rianna Cordeiro, Luke Bernstein, Alexandra Gaston, Kendall Ellmer (middle row) James McElroy, Elisa Neri, Deraje Agbaosi, Christina Tillinghast, Carl Sanciango (back row) Kevin Duffy, Jocelyn Duallo, Daniel Malave, Mrs. Patricia Dolansky, Principal, Mrs. Catherine Tupper, Chapter Adviser.*

Thirteen students from Saint James the Apostle School in Springfield were inducted as new members of the National Junior Honor Society at an inaugural ceremony held at the school on March 24. Members were selected by the chapter's faculty council for meeting high standards of scholarship, service, leadership, citizenship, and character. "We are very proud to recognize these outstanding members of our student body. National Junior Honor Society members are chosen for and then expected to continue their exemplary contributions to the school and community," said Mrs. Tupper, Chapter Adviser.

### *Congratulations to all students at Saint James the Apostle School who made the Honor Roll for the Second Trimester:*

#### FIRST HONORS:

**Grade 8** – Daniel Malave

**Grade 7** – Christina Tillinghast

**Grade 5** – Yvonne Agyapong, Sophia Ilagan, Kennedy Kwinta, Grace Roethlin, Steven Rotolo

**Grade 4** – John Chacon, Adam Cordeiro, Andrea Falar, Elizabeth Lopez, Katherine Pascuite, Lance Robes, Georgiana Tillinghast

#### SECOND HONORS:

**Grade 8** – Idalisia Agbaosi, Robert Dubon, Kevin Duffy, Maura Duffy, Kendall Ellmer, Christina Gbadamosi, Tyler Kwinta, Hannah Makasare, James McElroy, Elisa Neri, Carl Sanciango, Jared Veloso

**Grade 7** – Deraje Agbaosi, John Anigbogu, Luke Bernstein, Rianna Cordeiro, Mikaela Criscuolo, Jocelyn Duallo, Grace Fischer, Kayla Flowers, Alexandra Gaston, Rachelle Montilus, Kyle Roethlin, Kenneth Taylor, Madison Wright

**Grade 6** – Sophia Almeida, Jacob Cordeiro, Patricia Falar, Ryan Fischer, Samuel Ilagan, Gianna Meleg, Nicholas Musico, Roselyn Ortiz, Adelina Pinho

**Grade 5** – Nicholas Battista, Natalyah Cadiche, Christopher Lopez, Jonathan Malave, Benedict Martinez, Goda Pocius, Braeh Simon, Ethan Veloso

**Grade 4** – Michael Cangiano, Josh Concejo, Alfred Duallo, Albert Flowers, Sierra Latonnel, Raina Mendoza, Naomi Murphy, Angelina Robledo, Maren Roy

## SPRINGFIELD HADASSAH MEETING

The Annual Springfield Hadassah Holocaust meeting will take place on April 23, 12:30 pm in the Springfield Public Library. The meeting will be chaired by Miriam Gershwin, a Holocaust survivor. She emigrated to the United States in 1949 and moved to Springfield in 1950. Mrs. Gershwin is among the founders of both Temple Beth Ahm Yisrael and Springfield Hadassah. She is the mother of two children, grandmother of four, and great grandmother of two.

Nicole Bodestein Hunter, Mrs. Gershwin's granddaughter, will read an account of what happened to her Oma (grandmother) after the end of World War II. While this is a very sad story, it has a very happy ending. Nicole grew up in Scotch Plains and after high school graduation, attended the University of Indiana earning a BA in Non Profit Management. Following this, she spent nine months in Afokim, which is supported by Metrowest. Her next position was with the Jewish Federation in New York. In that capacity, she took Birthright people to Israel. She now works for Deloitte as a recruiter. Nicole and her husband, Adam Hunter, reside in New York City.

A light lunch will be served and the public is invited. However, individuals who are not Hadassah members are urged to email or call Lorraine S. Seidel at [lorrainesseidel@gmail.com](mailto:lorrainesseidel@gmail.com) or 973-376-5067.

## WOMEN'S HEALTH SCREENING

Women who are due for a gynecological check-up are invited to sign up for an appointment with the Madison Health Department. The check-ups are open to all women over age 18 who live in Madison, Chatham Borough, Chatham Township and Springfield, including nannies and other household employees and those without health insurance coverage. Regular check-ups are an important part of staying healthy.

The screening will be held at the Madison Health Department located in the Civic Center, 28 Walnut Street, Madison on Wednesday, May 6 starting at 9:30 a.m. Appointments are necessary and may be made by calling 973-593-3079 ext.1 beginning on April 9. A \$25.00 fee may apply if a Pap test is indicated.

This comprehensive check up for women will include manual breast and pelvic exams, colo-rectal exams, blood pressure checks and education on the technique of monthly breast self-examination for each participant. Dr. Rohini Jobanputra will determine with each woman if a Pap test is advisable for her.

Healthy habits for women in addition to annual check-ups include engaging in physical activity most days of the week, eating a nutritious diet that includes lots of fruits and vegetables, and avoiding high risk behaviors like smoking and not wearing a seatbelt. Women are often the caregivers for their spouses, children and parents and forget to focus on their own health. Research shows that when women take care of themselves, the health of their family improves. When women take even the simplest steps to improve their health, the results can be significant and everyone will benefit.

The Madison Health Department encourages women to sign up for the screening and also to pass the word along to other resident women who may not know about this service. Call the Madison Health Dept. (973-593-3079 ext.1) for an appointment for yourself or a loved one. Participants should have their physician's name and address ready when they call.





## Police Chief's Column

*Chief John P. Cook*

### Please read this to recognize the “phony taxman” IRS Scams

In my Patriot Times column this month, I would like to alert you to the increasing amount of bunco scams being committed against township residents by either telephone calls or via the internet. One scam that is ongoing year long but increases during the month of April is commonly referred to as “IRS Tax Scams” and this is because April is the time of year that we all have to pay our taxes. These crimes increase dramatically during the month of April all across the country and unfortunately they also increase in Springfield and every week the police department receives calls from residents who have either been targeted, or regretfully, had fallen victim to these scams. In order to help you recognize these scams and not be taken in by them I ask you to do what the heading of this column says which is to just take a moment to read this in order to recognize the “phony taxman.”

#### IRS SCAM #1 (This is done by telephone)

Fraudsters, most operating outside of the United States, will contact victims while posing as a representative of the Internal Revenue Service (IRS) and claim that the victim owes taxes and that a warrant for their arrest has been issued. The caller will “offer” a way to avoid arrest which will be by having the victim immediately pay a specified amount of money and if this is done the caller indicates that the arrest warrant will be cancelled.

If the victim initially balks at having to pay immediately, the caller, who usually will say that he or she is a special agent for the IRS, will threaten that government agents will be dispatched to the victim’s home. In some occasions the caller may even say that the Springfield Police are on the way to arrest the victim.

Once a victim agrees to pay the back taxes and/or fines, the caller will require that the payment is either made by a loadable type of debit card sold at numerous convenience and drug stores known as a Green Dot VISA Money Pack or similar type of card where the funds can be loaded into the card and the fraudsters can retrieve the funds by merely having the victim read off certain numbers on the rear of the card. A secondary method of payment is by Western Union or Money Gram wires. If the victim agrees to make the payment, the fraudsters will even specify the nearest business to the victim’s residence where the cards or money wire can be obtained.

Fraudsters are beginning to use robo-calls to increase the amount of persons who can be targeted. Instead of an actual person calling, the victim will receive an automated phone call where the message purports to be from the IRS and indicates there is a problem with your taxes or your recently filed tax return. A number is left for the victim to call which will go directly to the fraudsters. If you listen closely to the calls you will usually notice incorrect word usage or improper sentence structure as the callers are from overseas.

#### IRS SCAM #2 (This is done by e-mail)

The victim will receive an e-mail that purports to be from the IRS and it will look very authentic and will have the logos for the U.S. Treasury Department and the IRS on the e-mail. The e-mail will indicate some type of problem much the same as the scams done by telephone, and the victim will be prompted to click on a link to get the full information.

Most of these bogus links take you to a site where you will be told how to immediately make a payment by entering your credit or debit card account number while other links will try to obtain your identity information or may introduce a virus into your computer.

#### IRS SCAM #3 (Identity Theft to File False Returns)

Another problem that occurs this time of year is when an unknown person uses your true identity including your Social Security number (SSN) to file a fraudulent tax return in your name but where a tax refund is sent to a different address. As your annual tax return submission to the IRS is verified by your SSN, the minute you submit your real return the IRS will contact you once they discover two returns filed in the same year with the same SSN. In this case you may actually be contacted by the real IRS by telephone but mostly this is done by the U.S. Mail. The “real” IRS will understand if you may not believe the caller is legitimate and they will explain the problem to you and tell you how to go about contacting the IRS off of their true website of [www.IRS.gov](http://www.IRS.gov) and they will not require you to give out any personal information or account numbers on the telephone.

#### IMPORTANT TIPS TO REMEMBER.....

- The IRS will not contact you by telephone to request an immediate payment for back taxes, unfiled returns and any penalties. The IRS uses the U.S. Mail.
- Do not click on links from any e-mail purporting to be from the IRS where you are being required to make some type of immediate payment. Write down the information from the e-mail and contact the IRS yourself via [www.IRS.gov](http://www.IRS.gov) or by getting the telephone number for the nearest IRS field office.
- The IRS, much like any other agency that has the power to seek the issuance of a warrant for your arrest, will never call you in advance to inform you of a warrant AND agree to dismiss a warrant in lieu of some type of monetary payment. Once an actual warrant is issued for your arrest, you may be able to post bail but you will first be arrested. Any telephone call offering you a way to pay to avoid being arrested is an outright scam.
- If you receive one of these types of communications supposedly from the IRS and you are unsure if it is legitimate or not, please just do one thing before opting to give away thousands of dollars: the one thing is to just call the Springfield Police Department so that we can help prevent you from falling victim to these scams.



*Kindergarten students, Robert and Victor*

### WALTON BOOK FAIR SUPPORTS “READING ACROSS AMERICA”

In support of Reading Across America and Reading Makes Cents at Walton School, the PTA organized a great book fair for the students during the week of March 9th. With the help of parent volunteers students were able to create their own wish list. Students and teachers are doing extra reading this month, as they compete with other classes to come in first place for the Reading Makes Cents program.



*Kindergarten students, Julianna and Zoya, with parent volunteer*



*1st grader, Spencer and his mom volunteering at the book fair*



*1st graders at the book fair: Isabella, Amanda, Nolan, Joaquin and Danilo*



# SPRINGFIELD RECREATION DEPARTMENT

[www.springfield-nj.us/recreation](http://www.springfield-nj.us/recreation) • [www.facebook.com/springfieldnjrec](http://www.facebook.com/springfieldnjrec)



*The Springfield Recreation Department is a member of TryCan, a multi-community collaboration that provides a variety of recreational programs for youth with special needs. For more information on program offerings or to register, please visit <http://cityofsummit.org/trycan>.*



## Foodie Kids

[www.foodiekids.guru](http://www.foodiekids.guru)

**Healthy Kids Today,  
A Brighter Tomorrow!**

*Raymond Chisholm Community Center, 100 S. Springfield Ave. Springfield NJ  
Includes all educational materials, cooking supplies and food*

### COOKING & NUTRITION PROGRAM FOR SPRINGFIELD K-2 GRADES

*6 week sessions May 9th ending June 13th  
SATURDAYS 9am – 10:15am (Cost \$159)*

To reserve a spot for your child please go to [www.foodiekids.guru](http://www.foodiekids.guru) Scroll to the bottom to Calendar of Events find Springfield K-2 Program and register. Class will close at 10 students. Any questions contact Lilly Bussin @ [foodiekidsguru@gmail.com](mailto:foodiekidsguru@gmail.com) or 908-499-0270 or contact Danielle McLeer @ 973-912-2227 or [danielle.mcLeer@springfield-nj.us](mailto:danielle.mcLeer@springfield-nj.us)

### COOKING & NUTRITION PROGRAM FOR SPRINGFIELD 3<sup>rd</sup> - 5<sup>th</sup> GRADES

*8 HOUR Core Cooking Program.  
4 Week Session - 2 Hour Classes  
May 9th ending May 30th  
SATURDAYS: 10:30am-12:30pm (Cost \$169)*

To reserve a spot for your child please go to [www.foodiekids.guru](http://www.foodiekids.guru) Scroll to the bottom to Calendar of Events find Springfield 3rd-5th grade program and register. Class will close at 10 students. Any questions contact Lilly Bussin @ [foodiekidsguru@gmail.com](mailto:foodiekidsguru@gmail.com) or 908-499-0270 or Danielle McLeer @ 973-912-2227 or [danielle.mcLeer@springfield-nj.us](mailto:danielle.mcLeer@springfield-nj.us)

### COOKING & NUTRITION PROGRAM FOR SPRINGFIELD 6<sup>th</sup>-8<sup>th</sup> GRADES

*8 HOUR CORE COOKING PROGRAM.  
4 Week Session - 2 Hour Classes  
April 22nd ending May 13th AFTER-SCHOOL  
WEDNESDAYS 3pm-5pm (Cost \$169)*

To reserve a spot for your child please go to [www.foodiekids.guru](http://www.foodiekids.guru) Scroll to the bottom to Calendar of Events find Springfield 6th-8th grade Program and register. Class will close at 10 students. Any questions contact Lilly Bussin @ [foodiekidsguru@gmail.com](mailto:foodiekidsguru@gmail.com) or 908-499-0270 or contact Danielle McLeer @ 973-912-2227

## SUNDAY NIGHT LIGHTS

**Sundays from May 17th – August 30th 6:30–8:00 pm • Check-in starts at 6:15 pm**

Come join the Springfield Jr. Dawgs every Sunday night for some football. This is a great time to come and play and learn the sport of football. If you are a first-time player or already a Jr. Dawg, it will give you an awesome training experience!

**Program open to:** Springfield residents entering grades 3 to 8 in Fall 2015  
\$50.00 for 16 weeks (includes water and t-shirt)

Jonathan Dayton High School Turf Field, 139 Mountain Avenue

**Make checks payable to:** Springfield Jr. Dawgs Football Organization

**Mail checks to:** PO Box 16, Springfield, NJ 07081

**Registration is required by Sunday, May 10th. Please visit:**

<https://www.leaguelineup.com/formpreview.asp?sid=551422351&url=footballspfd&FormID=62694>

Questions? Email [springfieldjr dawgsfootball@gmail.com](mailto:springfieldjr dawgsfootball@gmail.com)



AND

**SRD**

Springfield  
Recreation  
Department



UNITE TO BRING YOU

## YOUTH VOLLEYBALL PROGRAMS

Come and learn the fundamentals of volleyball in a FUN, and supportive environment

- Program focuses on skills development
- Combination of drills and supervised game situations

### ValleyTotz

For Boys and Girls  
K, 1st & 2nd Graders  
6 Week Program  
Thursdays Starting 4/16 - 5/21  
Time: 4:00 - 5:00 PM

### MIDDLE SCHOOL PREP Volley

For Boys and Girls 3rd - 5th Graders  
6 Week Program  
Thursdays Starting 4/16 - 5/21  
Time: 5:00 - 6:00 PM

### HIGH SCHOOL PREP Volley

For Boys and Girls 6th - 8th Graders  
6 Week Program Thursdays  
Starting 4/16 - 5/21 Time: 3:00 - 4:00 PM

**COST:** \$55 per Child per session includes t-shirt

**Training Location:**

Chisholm Community Center  
100 S. Springfield Ave. Springfield NJ

**REGISTRATIONS:**

Online at:

<http://www.vbragsvolleyball.com/springfieldrec>

Checks should be made payable to:

VB RAGS VOLLEYBALL ACADEMY

**FOR REGISTRATION OR GENERAL INQUIRIES:**

SRD: Danielle McLeer: 973-912-2227

[denielle.mcLeer@Springfield-nj.us](mailto:denielle.mcLeer@Springfield-nj.us)

VB RAGS Volleyball: 973-634-4743

[academy@vbrags.com](mailto:academy@vbrags.com)

For more information about

VB RAGS Volleyball Academy please visit:

[www.vbragsvolleyball.com](http://www.vbragsvolleyball.com)



## SPRINGFIELD SENIORS TRAVEL TO SANDS CASINO

Close to 50 members of the Springfield Senior Citizens Club and their guests traveled by motor coach to the Sands Casino in Bethlehem, Pennsylvania, on Thursday, March 19th. The trip was chaperoned by Springfield Recreation Department staff. Participants were given a free game play credit; meal voucher; and time in the casino, restaurants, and attached outlet mall.



The Springfield Recreation Department is excited to partner with TGA of Union County to offer youth tennis and golf lessons and clinics this spring and summer (ages 4-12). More information and online registration is available at: <http://playtga.com/unioncounty>.



# SPRINGFIELD RECREATION DEPARTMENT

[www.springfield-nj.us/recreation](http://www.springfield-nj.us/recreation) • [www.facebook.com/springfieldnjrec](http://www.facebook.com/springfieldnjrec)

Spring and Summer • Age 2 to 14  
Camps • Weekly Programs • Training Clinics  
Daytime • Evenings • Weekends  
**REGISTER EARLY TO AVOID LATE FEES**  
(866) 345-BALL • [www.USsportsInstitute.com](http://www.USsportsInstitute.com)

**US SPORTS**  
*institute*  
Sports Camps and Programs  
in Springfield

## Total Sports Squirts Weekly Classes (age 3 to 5)

Experience a new sport each week of the program, with Sports Squirts. Participants have the opportunity to try Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey, Flag Football, Parachute games and more in a safe, structured environment.

<http://www.ussportsinstitute.com/squirts-home/sports-squirts.html>

## PARENT AND ME: TOTAL SPORTS SQUIRTS WEEKLY CLASSES (age 2 to 3)

Ideal for any child just starting out in the world of sport, this Program introduces children to a new sport in session. With a helping hand from Mom or Dad children will have the opportunity to try Soccer, Lacrosse, Basketball, T-Ball, Floor Hockey, Flag Football and more!

<http://ussportsinstitute.com/parent-a-me-home/parent-a-me-sports.html>

**Day(s):** Saturday or Tuesday  
**Dates:** April 11 to June 6 or April 14 to June 2  
**Location:** Chisholm Park  
**Time(s):** 3:00pm-4:00pm or 4:00pm-5:00pm (Saturday)  
10:30am-11:30am or 1:00pm-2:00pm (Tuesday)

**Day(s):** Tuesday  
**Dates:** April 14 to June 2  
**Location:** Chisholm Park  
**Time(s):** 9:30am-10:20am

## CARDIO TENNIS (Adult)

Cardio Tennis is one of the most recent fitness initiatives to hit the US. All activities within the class are designed to raise your heart rate into the aerobic training zone, providing a whole body work out and burning optimal calories, all while improving your basic tennis skills. No tennis playing experience is necessary to join this class.

<http://ussportsinstitute.com/tennis-home/cardio-tennis.html>

**Day(s):** Saturday or Monday  
**Dates:** April 11 to June 6 or April 13 to June 8  
**Location:** Irwin Park Tennis Courts  
**Time(s):** 4:45pm-5:45pm (Sat), 9:30am-10:30am (Mon)

## ADULT INSTRUCTIONAL TENNIS (Adult)

USSI's adult tennis classes follow developmental curriculums and guidelines laid out by the USTA. Regardless of previous experience, participants will learn the basic fundamentals in stroke production, court movement and footwork, in a low pressured, yet energetic environment. Most importantly, it's all about having fun and taking the time to enjoy a social, healthy, lifelong sport.

<http://ussportsinstitute.com/tennis-home/adult-tennis.html>

**Day(s):** Saturday or Monday  
**Dates:** April 11 to June 6 or April 13 to June 8  
**Location:** Irwin Park Tennis Courts  
**Time(s):** 3:30pm-4:30pm (Sat), 10:30am-11:30am (Mon)

*This class is for beginner to intermediate level players. All players must provide their own racquet.*

## MEN'S OPEN PLAY 35+ BASKETBALL

This is a non-competitive program for players ages 35 and older. Basketball will be held on most Wednesdays at Jonathan Dayton High School from 7:00-9:00 pm and on most Sundays at Florence Gaudineer Middle School from 7:30-11:00 am. You will be notified in advance of gym closures due to school events or holidays.

**Register in person or by mail to: Springfield Recreation Department, Chisholm Community Center 100 South Springfield Avenue, Springfield, NJ 07081 • (973) 912-2227 office (973) 912-8584 fax [recreation@springfield-nj.us](mailto:recreation@springfield-nj.us) [www.springfield-nj.us/departments/recreation](http://www.springfield-nj.us/departments/recreation)**



## SENIOR CITIZEN BUS SERVICE

The Springfield Recreation Department offers FREE weekday morning bus transportation for senior citizen residents to locations within the township – such as the grocery store, doctors, gym, meetings, library, post office, and more! The bus service runs from 9:00 am-1:00 pm. The bus is equipped with a passenger lift for wheelchairs. Other riders should be able to board and depart the bus independently.

Please call (973) 912-2227 between 8:00-9:00 am on the morning of your transportation need.

Bus service is unavailable on municipal holidays and days of Senior Citizens of Springfield bus trips.

Sign up for Senior Citizens of Springfield bus trips on the bulletin board at the Chisholm Community Center. These trips are for members only. Join the club!

## be calm STRESS REDUCTION WORKSHOP FOR KIDS

Led by Springfield Holistic Wellness  
Grades 6 thru 8

**Wednesdays, April 29, May 6, 13 & 20 • 3:30 – 4:45pm • Cost: \$80**  
Chisholm Community Center, 100 S. Springfield Avenue, Springfield

Kids today feel overwhelmed. There is just not enough time in the day. Up early in the a.m., poor nutrition, rushed or on the go meals, eating too much or too little, late bedtime, lots of homework, no vitamins, lots of sports, tired or sore muscles, injuries, after school activities, relationship drama, etc...

### MAKE IT STOP!

SPRINGFIELD  
**HOLISTIC WELLNESS**  
[www.springfieldholisticwellness.com](http://www.springfieldholisticwellness.com)

In a safe, nurturing environment we will introduce tools & concepts to empower & encourage our children to deal with stress & fatigue that may be making them unhappy, impatient & frustrated.

Workshop will include:

- Nutrition for well-being
- Yoga • Meditation
- Energy Healing

Springfield Holistic Wellness staff:

- Dr. Steven Bacall, Chiropractor
- Kerri-Jude Bacall, Registered Nurse, Licensed Massage Therapist, Reiki Master
- Janine Sievert, Licensed Massage Therapist
- Risa Greiss, Registered Yoga Instructor, Reiki II and special guest: Dr. Jennifer Webermen, Psy.D.

### REGISTRATION AND INFORMATION

By mail: Springfield Holistic Wellness, 719 Mountain Ave, Springfield, 07081

In person: Danielle McLeer, Chisholm Community Ctr, 100 S. Springfield Ave, Springfield, 07081, [danielle.mcleer@springfield-nj.us](mailto:danielle.mcleer@springfield-nj.us)

Investment in your child's well-being: \$80 for all 4 weeks

Checks made payable to: Springfield Holistic Wellness

Questions or concerns: Kerri Bacall, 973.379.2250, [kerri@springfieldholisticwellness.com](mailto:kerri@springfieldholisticwellness.com)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

DOB/Grade/School: \_\_\_\_\_

Parent's Email: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

Health or Physical Limitations: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_

## Jr. Dawgs Cheerleading Fall 2015 Grades 3-8

- Program is open to Springfield residents entering grades 3-8 in Fall 2015.
- 1-2 practices per week starting in August. Schedule to be determined.
- Sunday games in September, October, and November.
- Participants will cheer at home and away games for the Jr. Dawgs football teams.
- Uniforms will be loaned to cheerleaders. Additional mandatory uniform purchases include leggings, bodysuit, bloomers, and sweatshirt or jacket.

### FEES:

\$55.00 payable to Township of Springfield  
\$35.00 payable to Springfield Cheerleading  
No refunds after program begins.

### DEADLINE:

Friday, May 22, 2015

No registrations will be accepted after this date.  
No exceptions.

### REGISTER ONLINE:

<https://register.communitypass.net/springfield>

### REGISTER IN-PERSON OR BY MAIL:

Chisholm Community Center,  
100 South Springfield Avenue, Springfield, NJ 07081

### QUESTIONS?

Call the Springfield Recreation Department at  
(973) 912-2227

Email Danielle McLeer, recreation program coordinator,  
at [danielle.mcleer@springfield-nj.us](mailto:danielle.mcleer@springfield-nj.us)

## SWIM TEAM 2015 OPEN TO BOYS & GIRLS 5 TO 17 YEARS OLD

Register by mail or in-person:  
Springfield Recreation Department Chisholm Community Center  
100 South Springfield Avenue, Springfield, NJ 07081  
(973) 912-2227 [recreation@springfield-nj.us](mailto:recreation@springfield-nj.us)  
[www.springfield-nj.us/recreation](http://www.springfield-nj.us/recreation)

Parent Meeting Wednesday, May 20th @ 7:00 pm  
Chisholm Community Center

Practices will begin after school starting Tuesday, June 9th, and in the mornings beginning Wednesday, June 24th. Swim meets (mostly evenings) run from Monday, June 29th, to Friday, July 31st. Springfield residents are eligible to participate on the Springfield Swim Team without being a pool member. Non-residents who wish to participate must be a pool member.

**Fees:**  
\$55 payable to:  
Township of Springfield  
\$20 payable to:  
Swim Team  
Parent Association  
Please make two  
[2] separate checks



**REGULAR LIBRARY HOURS**  
**MONDAY, WEDNESDAY & THURSDAY**  
 10:00 AM – 9:00 PM  
**TUESDAY, FRIDAY**  
 10:00 AM – 5:00 PM  
**SATURDAYS**  
 10:00 AM – 5:00 PM  
**SUNDAY 1:00 PM - 5:00 PM**

**Our programs are free and open to the public, no matter what town or county you live in!**

## CHILDREN'S PROGRAMS

**STORYCRAFT FRIDAYS APRIL 17 and 24 @ 4 PM.** Ages 3 to 7 w/ a caregiver. Enjoy a story and a craft.

**MOTHER GOOSE GROUP @ 10:30** selected days -- Babies, toddlers and preschoolers w/ a caregiver. Stop by and drop in! **Thurs 4/2, Tues 4/7, Tues 4/14, Tues 4/21, Wed 4/22, Wed 4/29.**

**WII GAMES – WEDNESDAYS MARCH 4, 11, 18, & 25 FROM 4 PM -5 PM.** Ages 6 to 11. Drop in.

**P'JAMA STORYTIME MONDAYS APRIL 13, 20 and 27. NEW TIME! 6:30 PM ---** Join Miss Debbie as she reads from her favorite books. Ideal for ages 3 to 7. Wear your jammies and bring your snuggly bear. Drop in.

**LEGO CLUB** meets alternate Tuesdays afterschool until 4:30 pm **APRIL 14 and 28.** Ages 6 and up.

**CRAZY 8S MATH CLUB THURSDAYS @ 4:00 PM** Grades K-2. Continues through April 30. Wacky FUN games, and you don't even know you're learning math!

**DROP IN MATH HELP – APRIL WEDNESDAYS @ 4 PM.** Need some math help? Bring your homework and Mrs. Treglio, certified math teacher, is here to help!

**NEW! STORYTIME YOGA!** –Slither like a snake & roar like a lion with Miss Carly, certified yoga instructor. **FRIDAY 4/10 & 4/24 @ 10:30 AM.** Ages 2 and up with caregiver.

## TEENS:

**NEW! PAGE FLIPPERS –** A book club for tweens and teens led by teens from SFPL's Teen Advisory Board. The first meeting is **FRIDAY APRIL 10 @ 4 PM.** Excited about a book? Share it! Be a part of establishing your own Reader's Club: no parents or librarians allowed!

**TEEN ADVISORY BOARD (TAB) –** Earn volunteer hours and make your voices heard by joining TAB. From developing programs just for teens to helping the library select books you'd like to read, TAB is the perfect way to make the library all your own. **MONDAY, APRIL 20 @ 6:30 PM.**

**OPEN MIC NIGHT –** Expose your talent at our first Open Mic Night! **WEDNESDAY APRIL 29 @ 6:30 PM.** Call ahead to sign up for your moment in the spotlight! Singers, poets, bands, skits, dancers ALL WELCOME! Ages 14 thru Adult.

## YIKES! GOT HOMEWORK BUT CAN'T MAKE IT TO THE LIBRARY?

Explore hundreds of quality non-fiction eBooks from home with your Springfield library card through WorldBook eBooks! Books are available immediately—just click open and turn the pages. All WorldBook's quality non-fiction titles are available for your use on a PC, laptop, or tablet (sorry, not available on Kindle or Nook). Adults: Hundreds of Classic titles in the public domain are available as well!

# Springfield Free Public Library

66 Mountain Avenue, Springfield • 973-376-4930

Check Library website for regular MGG schedule: [www.sfplnj.org](http://www.sfplnj.org)

## FAMILY: (Save The Date)

**SUNDAY MAY 10 @ 2:00 PM** City Winds Trio Introduce your child to classical music and instruments of the orchestra. Enjoy Peter and the Wolf and other classical favorites. This interactive program will have kids conduction, and experiencing rhythm and tempo movement. Because it's Mother's Day, we'll have a reception with punch and cookies!

## PARENTS:

**WEDNESDAY MAY 13 @ 7:30 PM** Unfolding Common Core State Standards for Parents Donna DeStefano of Findaway World uses a Powerpoint Presentation to establish the background of the What and Why of the Common Core State Standard (CCSS), and how to utilize your library and librarians to help your child reach their learning goals. Refreshments.

## SPECIAL EVENTS

**FRIDAY, APRIL & MAY (dates to be announced)** Chair Yoga With Pamela Nixon. **1:00 PM.**

**MARCH 30 THRU APRIL 25**  
**ART EXHIBIT – BARRY RIFKIN.**

**MAY 1 THRU MAY 29**  
**TEEN ARTS EXHIBIT.**

**SUNDAY, APRIL 19, 2:00 PM “BROADWAY BINGO” -** Broadway songs sing along with Rogan Ryzuk & his band.

**FRIDAY, APRIL 24 & SATURDAY, APRIL 25** Attic Treasures Sale. **10:00 AM - 4:00 PM & SUNDAY, APRIL 26 1:00 PM - 5:00 PM.**

**SUNDAY, APRIL 26, 2:00 PM**  
**GARDEN CLUB 25TH ANNIVERSARY CELEBRATION.**

**SUNDAY, MAY 3, 2:00 PM**  
**FOLK SONGS CONCERT BY ADAM MILLER.**

## LECTURES

**WEDNESDAY, APRIL 29, 7:00 PM**  
**“IT’S TIME TO START THINKING ABOUT COLLEGE”** Lecture by James Wilkes of Allied Wealth Partners.

**WEDNESDAY, MAY 13, 7:00 PM**  
**“A BOOMER’S GUIDE TO SOCIAL SECURITY”**  
 Presented by Neil Berger.

## DISCUSSIONS and WRITING

**THURSDAY, APRIL 16, 10:00 AM**  
**BOOKS DISCUSSION - “Metamorphosis”** By Franz Kafka.

**THURSDAY, MAY 7, 7:00 PM**  
**REAL GOOD BOOK DISCUSSION – “Crusade For Justice: The Autobiography Of Ida B. Wells”** By Ida B. Wells-Barnett.

**THURSDAYS, APRIL 23 AND MAY 14, 10:15 AM**  
 Memoir Writing Group

## FILMS

**MONDAY, APRIL 27, 1:00 PM LUNCHTIME FILM –** BARBARA STANWYCK CLASSICS: The classic 1940s film noir urban crime drama involving a greedy, weak man trapped by a cold evil woman amid the dark shadows and atmospheric lighting of the then modern city. Directed by Billy Wilder.

**MONDAY, MAY 11, 1:00 PM LUNCHTIME FILM –** BARBARA STANWYCK CLASSICS: A turn-of-the-century actress, long divorced from her husband, returns to her home town to watch her daughter perform in a high school play. Also starring Maureen O’Sullivan.

**THURSDAY, MAY 14, 1:00 PM & 7:00 PM**  
**INTERNATIONAL FILM – “The Lunchbox,”** 2013, in Hindi with English subtitles.

## HOBBIES AND INFORMATION

**EVERY 2ND & 4TH MONDAY, 10:00 AM**  
**KNITS WITS KNITTING GROUP**

**EVERY MONDAY AT 7:00 PM**  
**SCRABBLE -** Bring A Friend Or Meet New Opponents!

**EVERY THURSDAY AT 7:00 PM CHESS CLUB**

## INSTRUCTION

**EVERY TUESDAY, WEDNESDAY AND THURSDAY ONE-TO-ONE COMPUTER TRAINING BY APPOINTMENT 10:30 AM – 12:00 PM**

**EVERY MONDAY FROM 7:00 PM TO 8:30 PM**  
**DROP-IN TECHNICAL HELP** (Nooks, Kindles, Androids, I pads, I phones And More), No Appointment Necessary.

## SPRINGFIELD LIBRARY FRIENDS SPONSORS ATTIC TREASURES SALE APRIL 23-26

Donations of new and like-new items such as household items, small appliances and electronics, collectables, fragrances, small tools, toys, games, CD's, DVD's, and fashion accessories such as handbags, wallets, and jewelry are being sought by the Friends of the Springfield Free Public Library for its Attic Treasures Sale April 23 – 26 (Thursday – Sunday). No clothing, computers or VHS tapes please. Donations may be brought to the Library's Circulation Desk during regular library hours beginning on Wednesday, April 1 – 22. Here is your chance to donate those duplicate and unused gifts and purchases stored away for a worthy cause. Holiday gifts that just aren't for you may be just the thing for someone else. Then be sure to check out the sale to find treasures for you to keep or give as gifts.

Money raised by the Friends is used to help the library fund various programs, materials, and services.

The Treasures Sale will be held at the Springfield Free Public Library on Thursday, Friday, and Saturday, April 23-25 from 10-4 and 1-4 pm on Sunday, April 26 in the library's meeting room. The Library is located at 66 Mountain Ave. in Springfield.

You are invited to join the Springfield Library Friends; membership starts at \$10. The spring 2015 membership meeting will be held at the Library on Thursday, April 9, 7 pm.

The Friends Annual Book Sale is coming August 10-12 (Monday-Wednesday) and donations for the sale will be collected at the Library July 18-August 8. Watch for more details in June.





## COORDINATOR'S COLUMN

Scott Seidel,  
Emergency Management Coordinator  
**CALL BEFORE YOU DIG!!**

In the past, we've been called out for emergencies when a contractor or homeowner accidentally struck a gas, electric or water line while digging on their property. Even though you may think it's a safe place to dig, there still may be underground utilities there. So be safe and call 811 before you dig. This number is the federally mandated, national phone number.

It will help prevent you from unintentionally hitting underground utility lines. Before you begin projects that involve digging, dial 811 to locate underground electric, gas or other utility lines. Digging without this information can cause power outages, evacuations, serious injury and more, and it's extremely dangerous. Simply tell the 811 operator where you're planning to dig and what type of work you will be doing, and your local utility companies will be notified. Within a few days, they will mark the location of underground lines. Please call at least three days in advance to avoid unnecessary delays to your project. Know what's below – Call before you dig! For more information, visit [www.call811.com](http://www.call811.com).

## MOLD PROBLEMS

Major storms and heavy rains have left a trail of mold in homes around Union County over the past several years. To help homeowners identify a mold problem and take steps to remove it, a series of seven free mold workshops have been scheduled in Linden, Elizabeth, Plainfield, Roselle, Hillside, Westfield, and Cranford. Union County residents can attend any of the seven sessions, and those who pre-register will receive a free mold-mitigation kit and a moisture meter worth \$75.

Mold can stain walls and ceilings, and cause other property damage. The health effects of mold exposure include nasal and throat irritation, coughing or wheezing, eye irritation and in some cases skin irritation. Individuals at highest risk include those with pre-existing health conditions such as allergies, lung conditions, asthma or emphysema, as well as infants and the elderly. Persons who suspect they might have symptoms of mold exposure should contact a physician.

At the workshops, attendees will learn how to identify and safely remove mold. The presenter will be an experienced health and safety trainer from the New Jersey Work Environment Council and the International Chemical Workers Council for Health.

### *The seven workshops are:*

- \* 7th Ward Recreation Center, 2907 Tremley Point Road, Linden on April 8, 6:00 p.m. - 8:00 p.m.
- \* Stephen Sampson Center, 800 Anna Street, Elizabeth on April 9 6:00 p.m. - 8:00 p.m.
- \* Family Success Center, 209 Berckman Street, Plainfield on April 18 10:00 a.m. - 12:00 p.m.
- \* Borough Hall Court House, 210 Chestnut Street, Roselle on April 23 6:00 p.m. - 8:00 p.m.
- \* Township Courthouse, 1409 Liberty Avenue, Hillside, on May 11 6:00 p.m. - 8:00 p.m.
- \* Froehlich Building, 300 North Avenue East, Westfield, on May 20 6:00 p.m. - 8:00 p.m.
- \* Community Center, 220 Walnut Avenue, Cranford, on June 6 10:00 a.m. - 12:00 p.m.

Pre-registration is preferred, although walk-ins will be accepted. To register, contact Andrea Navas, Public Health Planner, at the Union County Office of Health Management at 908-518-5630 or [UCHEALTH@ucnj.org](mailto:UCHEALTH@ucnj.org) <<mailto:UCHEALTH@ucnj.org>>. Please share among your contacts.



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## SPRINGFIELD SENIORS ENJOY PRIVATE TOUR AND SAMPLES AT NEW SHOP-RITE



Members of the Springfield Senior Citizens Club were treated to a private tour of the new ShopRite on Route 22 in Union, on Tuesday, March 31, 2015. Store dietician Yvette Salcie led the tour and provided seniors with samples of fresh food that the store sells. The trip was chaperoned by Springfield Recreation Department program coordinator Danielle McLeer. Bus transportation was provided for participants by the Springfield senior citizen bus.

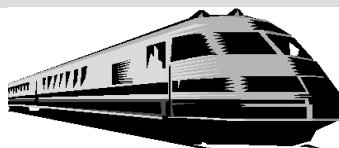
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**200 Mountain Ave., Springfield, NJ 07081**  
**Phone: 973-467-3388 [oemcoordinator@springfield-nj.us](mailto:oemcoordinator@springfield-nj.us)**



## Warning: New Healthcare Laws Affect Tax Returns!



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## Fire Chief's Column

*Chief Carlo Palumbo*

### FIRE SAFETY

Home fires can start and spread quickly, which is why we all need to be careful and educated when it comes to fire safety. Just a little bit of planning can make a big difference for your family.

#### The Hard Facts

In 2011 277 children died in home fires. Eighty-five percent of all fire-related deaths are due to home fires, which spread rapidly and can leave families as little as two minutes to escape once an alarm sounds. Fires are not just a problem in the United States. In 2008, nearly 61,000 children around the world died due to a fire or burn.

#### Top Tips

- Working smoke alarms reduce the chances of dying in a fire by nearly 50 percent. They are a critical first step for staying safe, but in order to be effective, they have to be working properly. For the best protection, install smoke alarms on every level of your home and in every sleeping area.
- Teach kids never to play with matches and lighters. Make a habit of placing these items up and away from young children.
- Create and practice a home fire escape plan with two ways out of every room in case of a fire. Get a stopwatch and time how fast your family can escape. The kids will love it.
- Children should know how to respond to the sound of a smoke alarm. Teach them to get low and get out when they hear it. A child who is coached properly ahead of time will have a better chance to be safe.
- Use common sense in the kitchen. Limit distractions when cooking and don't leave a hot oven or stove-top unattended.
- Blow out candles before you leave the room or before you go to sleep.

### SPRINGFEST AND EGG HUNT

Despite a chilly and windy day, Springfield was happy to finally welcome the spring season on Saturday, March 28, with SpringFest at Chisholm Park. Sponsored by the Springfield Recreation Department – and co-sponsored by the Rotary Club of Springfield, Walgreen's, and Mack Camera – SpringFest was attended by hundreds of children and families. The event included an egg hunt with prizes, a jelly bean bounce house, DJ music, face painting, spring crafts, give-aways from local merchants, and pictures with the Easter bunny.





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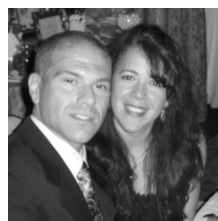
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- Michael and Carmen Ranieri



My name is Richie and I have to tell you I am a big fan of trucks! Having the pleasure of owning a trucking company, hauling cars enables me to not only test drive my favorite vehicles, but to buy them too! I have visited Autoland twice in the past two years and purchased two cars from them. I had a smooth deal not once, but twice! When I purchased my '12 Toyota Rock Edition Tundra from Autoland, I was probably a salesman's worst nightmare - I wanted it all and within days it was all there! Autoland even came to my house and hand delivered special mats, rain guards, and all the rest of the goodies I wanted. I could not have been served any better!

- Richie, Springfield NJ

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